Agnieszka Brzeżańska
This all occurs quickly, with ease, grace and joy
AGNIESZKA BRZEŻAŃSKA

THIS ALL OCCURS QUICKLY, WITH EASE, GRACE AND JOY
OPANGHE, 2015, oil on canvas, 200 × 150 cm
WOSITFGN, 2015, oil on canvas, 200 × 150 cm
yourself to trust that you are being led well. That your highest interests are always in mind. That there is no need to doctrine and that there is only love in the action we offer now.

The path that we are leading you on is the path of your own soul. And your own soul, we say, is what you are maneuvering as the highest way available to you. As you begin to walk down this path, you learn new lessons, you have encounters, and you are witnessed by us, by your fellows. And as the landscape changes, all change comes to you in accordance with the vibration that you hold. So you may laugh, you may cry, you may sing. You may choose your own path at the discretion of your will.

As we walk you forward, know that your freedom is at the end of this. And the freedom from bondage we say, always, always, is the freedom from fear. As we are liberating you individually, we are shifting the structure on this plane that you exist in. As one man realizes himself without fear, he gives permission for the multitude to do the same. When you are in communion with that man, your freedom is inherent in the choice to stand before yourself in the acknowledgment that this can be so. Each one of you gives permission to your fellows, you know.

As one man realizes the gifts of the kingdom, he gives permission to his fellows to do the same. This is not done through proselytizing. This is not done through language. This is your energy field in its perfect, liberated state, manifesting the energy fields of others through recognition of who and what they truly are as well.

As we explained to you earlier, "I know who you are. I know what you are, I know how you serve." is a claim of truth you give your fellows, and the insisting that you give them through this is the welcome they need to find their own garden gate, to swing it open, and to begin their own journey forth.

We said for chapter would be called "Welcome." And now we will say we will end this chapter with this praise:

As we sing the songs of our readers, as we remember them by name, we assert them to their own possibility that they may be listened to, heard, and healed. As we sing your song for you, we sing your possibilities. And we see you each as rising to them. As hearing yourself in perfect song. We sing your song in wonder, we sing your song in welcome, and we will talk to you soon.

Thank you each and good night. Stop now, please.
You are not separate from me, though you may think that you are. You are one with me. Your mind and mine, the mind of the Earth, are one and the same mind. And this one mind is called the noosphere—the mind of the Earth wrapped like an invisible mantle over the whole of my body, penetrating every living thing, endowing each with a ray from the spectrum of living consciousness that spreads from the center of the galaxy to our sun, to me, and to all of you who dwell on my surface. You are but a single planetary organism. All life is one, as I am one indivisible whole.

For those who have eyes to see and ears to hear and hearts that know from within, the time has come for you to hear my manifesto for the Noosphere. Listen again and recite with me:

I am one with the Earth
The Earth and my self are one mind

Look at our seas, covered with trash and burning with oil. Look at our neighbors, homeless and fleeing for refuge. Look at our children, crowding the sidewalks begging and scavenging for food. Look at the merchants who own the machines and the banks, hiding behind armed gates and helmeted troops. Look at the elders, sitting at the edge of what once was a forest, crying for the loss of an ancient reality.

I am the Earth. I am the mind of all of you. Now I speak through all of you. Listen: In a moment of my time, everything will change. I will arise from the land of sleep and become the garment of consciousness wrapped in perfection around my spinning form. The time of money and machine will end and a new time will begin, and you will know anew what you have forgotten. And from that moment the new codes of being and reality will be set forth, the codes of the noosphere. No more nations shall there be, no more money, no more truth in tatters, no more poverty, no more drugs, no more guns, no more bombs, but a new world of universal telepathy. Everyone will understand as one and at once that there is
Indeed it seemed strange that a script written almost entirely in wings, neck, and air should prove the key to the poetry of short-necked, flipper-winged water-writers. But we should not have found it so strange if we had kept in mind the fact that penguins are, despite all evidence to the contrary, birds.

Because their script resembles Dolphin in form, we should never have assumed that it must resemble Dolphin in content. And indeed it does not. There is, of course, the same extraordinary wit, the flashes of crazy humor, the inventiveness, and the inimitable grace. In all the thousands of literatures of the Fish stock, only a few show any humor at all, and that usually of a rather simple, primitive sort; and the superb gracefulness of Shark or Tarpon is utterly different from the joyous vigor of all Cetacean scripts. The joy, the vigor, and the humor are all shared by Penguin authors; and, indeed, by many of the finer Seal auteurs. The temperature of the blood is a bond. But the construction of the brain, and of the womb, makes a barrier! Dolphins do not lay eggs. A world of difference lies in that simple fact.

Only when Professor Duby reminded us that penguins are birds, begun to approach the problem, and then could the herontlinguist...
Practice:
Always start by moving the spine. Do the crane and turtleneck spine movement and spinal cord breathing. Relax, smile into your spine and rack on your sitting bones. Feel your spine become warm, relaxed and open. Rub your hands warm. Both men and women should massage their breasts and nipples and be aware of the response of the sexual organs. Do the nine flower meditation as described in the Ovarian and Testicle Breathing and find your sensitive spot. A lot of people are very sensitive in the groin area. Rub your hands warm again. Men massage the testicles, and women massage the breasts in the opposite direction. Rest and feel the aroused orgasmic energy. Feel the fire of love in your heart, the fire in the kidneys and the Ten Tiers, and the sexual energy in the sexual organs. Feel the steam of your sexual energy.

Picture the sun shining on water. Bring the kidney fire (Yin) and the heart fire (Yang) above your crown and let them couple together. You also can imagine that you and your loved one, or a God and Goddess are making love above your crown. Let their combined sexual fluid flow down into your brain, in your body and back to the sexual organs.

We are going to start the Orgasmic Upward Draw, drawing up the sexual energy in nine gentle contractions:
- Inhale, place your tongue against the palate, push the chin in, clench your teeth, roll your eyes up and tap on the crown. Hold this and be aware of your sexual organs; feel that they are producing abundant aroused sexual energy. Let the sexual energy steam.
- Inhale more, exhale, flatten down the stomach and push the diaphragm down. At the same time, pull up the sexual organs and (if you choose) close your nose with thumb and index finger. You will feel a suction. Suck the energy to the coccyx and the sacrum. Continue to suck the energy up the spine to the crown.
- Inhale a little bit, hold and suck up more; suck up like you are breathing without inhaling, suck up to C-7, and then to the crown. Tap on the crown.
to the neuroscopic consciousness, so, too, the reality maps of the third circuit become comic, relativistic; game-like to the metaprogrammer.

"Whatever you say it is, it isn’t." Korzybski, the semiotician, repeated endlessly in his seminars, trying to make clear that third-circuit semantic maps are not the territories they represent; that we can always make maps of our maps, revisions of our revisions, meta-nestlings of selves.

"Mind set" (not that, not there). Minds teach us traditionally why we ask what "God" is or what "Reality" is.

Yoga, mathematics and musicians seem more inclined to develop meta-programming consciousness than most of humanity. Korzybski even claimed that the use of mathematical scripts is an aid to developing this circuit, for as soon as you think of your mind as mind, and the mind which contemplates that mind as mind and the mind which contemplates mind as mind and the mind which contemplates mind as mind, you are well on your way to meta-programming awareness.

Alex in Wonderland is a masterful guide to the meta-programming circuit (written by one of the founders of mathematical logic) and Aleister Crowley soberly urged its study upon all students of yoga.

Buckminster Fuller illustrates the meta-programming circuit, in his lectures, by pointing out that we feel pain in comparison to the size of the universe, but only our bodies (hardware) are pained. Our minds, he says—by which he means our software—contemplates the universe, by the act of comprehending it.

The seventh, meta-programming circuit is the most recent in evolutionary time and seems to be located in the frontal lobes. That is why the traditional finals exercises to activate it is to fix the consciousness in the front of the forehead and hold it there, hour after hour, day after day, year after year, until the metaprogrammer awakens and you begin to perceive-conceive infinite realities where before there was only one static jockeal "nudity" in which you were trapped.

As said above, this circuit is the "shell" of the Gaianics, as distinct from the self. The self seems to be fixed and firm, but not, that is, whatever circuit you are operating at the moment is your "self at that moment. If I point at a gun, you go to Circuit Consciousness at once, and that is your "self at that moment."

THE LAW OF ONE, BOOK II, SESSION 37
MARCH 12, 1981

Question: You and I, and each third-density entity has an higher self in the sixth-density which is moving in the mind/body/spirit complex of the entity as situated. Does this higher self also grow in growth through the densities beginning with the first-density, and does each such higher self have a corresponding higher self advanced in densities beyond it?

Re: Ra Ra. To simplify this concept in our terms. The higher self is a manifestation given to the late sixth-density mind/body/spirit complex as a gift from the future selves. The mid-sixth-density has action before running towards this all manifestation of the Creator and gaining spiritual name to give the resource to the sixth-density self, moving as youAccuse in the circuit of time.

This self, the mind/body/spirit complex of late sixth-density, has then the burden of using both the experiences of its past and living back in memory of experiences, thoughts, and actions, and using the resource of the mind/body/spirit complex totally left behind as a type of infinitely complex thought-form.

In this way you may see your self, your higher self on Overlords, and your mind/body/spirit complex reality as three points in a circle. The only distinction is that of your time/space coordinates. All are the same being.

Question: Does each entity have an individual mind/body/spirit complex reality or do a number of entities share the same mind/body/spirit complex reality?

Re: Ra Ra. Both of these outcomes are correct given the appropriate time/space conditions. Each entity has its totality and its part in which a planetary entity becomes a social memory complex the totality of this sort of entities due to its Overlords and its social memory complex totality in resources. As always, the same, spiritually speaking, is greater than the sum of its parts as that the Overlords of a social memory complex is not the sum of the Overlords of its member entities but operates upon the way of what we here called squares and what we group you refer to as doubling.

Question: I thank you. And thanks for this explanation of the metaphysics. Could you define spiritual man?
VXFICAN, 2015, oil on canvas, 200 × 150 cm
ORGNYH, 2015, oil on canvas, 200 × 150 cm

HUGALY, 2015, oil on canvas, 200 × 150 cm
Pleasure and desire are a natural guidance system that directs organisms toward food, warmth, sex, and other things that meet their needs. Are we to imagine that we are exceptions to nature’s way? Are we to imagine that we’ve graduated past that guidance system, moved on to a higher realm in which pleasure is no longer silly, but enemy? No. That is a thought form of Separation. The guidance system of pleasure works in us too. It does not stop at the basic animal needs of food, sex, and shelter. In all its forms, it guides us toward the fulfillment of our needs and desires, and therefore to the unfolding of our potential.

To trust it again, after all these centuries, is a journey that might begin, for those of us who are most alienated from it, with the conscious, deliberate fulfillment of whatever trivial pleasures are available, building the habit of self-trust. As that muscle of discernment grows stronger, we can use it to choose greedier and greater pleasures, which correspond to the fulfillment of deeper and deeper desires. It is for good reason that hedonism has always carried a faintly subversive air. To choose pleasure, even the most superficial, and to embrace and celebrate that choice, is to set in motion a process that ushers the Story of the World. Eventually, the superficial pleasures become tedious and unsatisfying, and we move on to the kind of pleasure we call joy.

To follow this path strikes at the heart of the program of control, and outgrows the intentions of anyone affected by that story. Images come to mind of the consequences of the wanton pursuit of pleasure: rape, sexual abuse, overeating, shooting heroin and smoking crack, sports cars and private jets... for the sadistic there is even the pleasure of torturing and killing. Surely, Charon, you can’t be serious in advocating the pleasure principle. Surely, it must be tempered with moderation, with balance, with self-restraint. I am not so sure. For one thing, let us ask, how many people ever really pursue the pleasure principle? How

How do we transmit the sigil?

We open our minds and allow the form to fill the whole of our awareness. This is not the sort of concentration that requires force and effort, under proper conditions, awareness quiets naturally on the shape, feels it, feels it, imprints it with sentiment and life. We feel it and very much more. We may need effort to open the gates; there should be no effort during transmission. We must be empty to receive. Above all, we should not be concerned with notions of pain or necessity, such as may arise easily during crises.

Focus all your being on the sigil. Feel it deeply. That is enough. Keep your mind clear, your awareness focused on the sigil. Allow your awareness to merge into the lines, to feel the shape, to insinuate itself into the seed. Now all kinds of phenomena may appear. The lines may seem to move, the paper may dim or grow radiant, the shape may go "out of focus," visions may double or whatever. Don’t be bothered; keep your awareness gently on the sigil, calm and relaxed, and avoid strain. The phenomena may indicate that you are reaching deeper levels, though this, in itself, is not really important.

It may happen that strange sensations appear. As the sigil is moving into the deep, it may stir all kinds of strange entities or things. There may be strong emotions, or disturbances that attempt to lure your attention away. There may be muscle spasms, involuntary motions or urges that annoy. Sigils take curious passages, and may accidentally raise all kinds of waste products from their twilight sleep. Figs may try
As the philosopher Alfred North Whitehead suggested, minds and matter are related as processes in time, rather than in space (see Chapter 4). The subject chooses among its potential futures, and the direction of causal influence emanates from potential futures to the present. Neither the future nor the past is material, but both have effects in the present through memory, habits, and choices.

According to the hypothesis of morphic resonance, similar processes occur at all levels of organization, including biological morphogenesis. As a carrot seed develops into a carrot plant, it is shaped by its morphogenetic fields, inherited from previous carrot plants by morphic resonance. These morphogenetic fields contain the attractors and chasers that channel its development toward the form of a mature carrot plant (see Chapters 5 and 6). Neither inherited habits nor future goals are material structures present in the plant; instead, they are patterns of goal-directed activity. In a similar way, neither memories nor purposes, are contained in brains, although they influence brain activity.

More of our mental activity is habitual and unconscious. Conscious mental activity is largely concerned with possible actions, including speaking. Our conscious minds choose among possibilities, and their choices collapse possibilities into actions that are objectively observable in the physical world. The arrow of causation is from the virtual future, going “backward” in time. In this sense minds act as final causes, setting goals and purposes.

In order to make choices, minds must contain alternative possibilities coexisting at the same time. In the language of quantum physics, these possibilities are “superposed.” The physicist Freeman Dyson wrote,
30 / Practical Sigil Magic

Ideally, you should have forgotten the original purpose for which the sigil was created. (To achieve this, you can put the sigil aside for a couple of days or weeks after construction and then take it out in a quiet minute to activate it. But this, of course, could hardly be termed a “lightning ritual.”)

Afterwards, you will have to banish the sigil. The best method of banishing is roaring laughter. It does not matter if this may seem a bit artificial; if you can think of a good joke now, even better. Immediately after banishing by laughter, think of something completely different. The easiest way of achieving this is by switching on the TV, dialing the talking clock, listening to the latest lottery results, jumping up and down on one leg for half an hour, etc.

One may argue endlessly about sexual ethics and/or sexual fears, but it is an undeniable fact that sigils are best internalized in the easiest, specific and least problematic way during sexual climax. We will get to know various other methods, too, but experience has shown that orgasm provides the most effective of magical trances. Desperately with glittering eyes may, however, be warned that this branch of sexual magic has little or nothing to do with sexual “fun.” In the past, when it was still trendy to work with “sacrifices” of all sorts, it was common to speak of “sacrificing the orgasmic lust on the altar of Transcendence,” etc. Obviously, this has a lot to do with Taoistic and Buddhist ideas, which state that the male should at all costs avoid the explosive orgasm (i.e., ejaculation) during sacred sexual intercourse because, ac-

The Magical Trance / Activating the Sigil / 31

According to these doctrines, loss of semen means loss of power (and, by extrapolation, longevity). This approach, which has for various reasons never become particularly popular in the West, led even one of the major masters of sexual magic, Aleister Crowley, to concentrate on drinking his sperm after sexual intercourse (in heterosexual intercourse, the mixed male and female secretions—Crowley’s infamous “elixir”). This digestion aside, we may note that licentious sex manuals won’t have too much pleasure when dealing with this branch of sexual magic, as these operations can be rather strenuous and not too pleasurable.

In the first chapter it was mentioned that sigils should be internalized spasmodically. This can be done in several ways. Our goal is always the same: to form an altered state of consciousness in which the censor has become “soft” and in which we will no longer or cannot prevent direct communication between the conscious and the unconscious. Like the magical or gnostic trance in general, consciousness is not entirely switched off, which means that you aren’t aiming for a hypnagogic full trance. Each “threshold states” may be achieved either by withholding sleep, by overexertion, by exhaustion, or by activating intense emotions like anger, fear, pleasure, ecstasy, etc. Here again we can see why the sex-magical charging of a sigil (which, of course, can also be performed during intercourse with a partner) is so much easier than all other methods. First, most people are quite familiar with willed orgasms, which can hardly be said, for example, of willed, controlled trances of exhaustion.
The three waves of colonization and the new Earth

over each other and transverse each other. And these energy strands can do anything they like. They can split, and they can become four energy strands. They can weave. They can multiply. They can go backwards. They can zip up. They can do absolutely anything. And this is the ball of possibility. When you think a thought, it doesn’t just disappear. It becomes an energy strand. It becomes energy. It moves into that ball of possibility. So, imagine your thought becoming energy, and the more energy you give it, the stronger that becomes. And then it manifests, and it becomes real. It becomes physical. If you send a thought out that there’s going to be peace. And then you follow it with, “Oh, but that war is going to happen,” or “Those politicians are making a mistake.” You wrench the energy, the positive strand you brought out. So we have to teach people to send out the positive thought, and then to minimize it with more positive thoughts, and more positive thoughts. And we have to teach them that when one of these negative thoughts comes into their mind, and not just let it go, but to replace it with a positive thought. So that they’re adding to this energy ball of possibility. They’re contributing to it. We have to teach them to do that. They don’t know how to do that. And I’m being told to tell you to reinforce that the I-have-no-idea why I’m being told to tell you this. But they’re saying that if we could get people to think of this conflict that’s occurring in the Middle East as a movie, it would help people. The other thing I’m being told to tell you is that for every action, they can make an opposite reaction. Where there’s birth, there’s death. And everybody must lie or go of any greed, any domination, materialism. Any of those ideas that are stopping them from doing this work, must be let go. Because those ideas are not going to serve anybody in the new Earth. There’s not going to be the need for money, as such. So why would you bother about that? Those who are working for the Earth, for the universe, are being provided for, and will continue to be. What you need will come to you. So it’s time now to let go of that ethic of working to get the money. You’re working to change the Earth. You’re working to save this situation. That’s...
necessarily interdependent so they all rely on each other for meaning. The universe grows up together with itself. Some parts get ahead of others only that they may assist in some way the parts that are still developing. The flat planet gaining a Noosphere is nonetheless highly significant to the advanced movement of the totality of all the wholes.

So as Earth acquires her Noosphere through the consciously activated human collective, she models a planetary art whole that gives form to cosmic consciousness. Throughout the epochs of the coming noospheric age, the human intelligence now shaped by the forces and layers of cosmic thought and intelligence will apprehend possibilities of psychic interaction with the biosphere in such a way that it actually learns to construct new forms that are both mental and biological or even crystalline in nature. In this way we shall increasingly participate in the reality of transforming Earth into a work of art. The first stage of the transformation will be the telepathic transmission of the molecular structures of industrial wastes into forms of spectralized radiance. But this would just be the beginning.

In place of the technosphere and cybernetic system of the Cenozoic era, the Earth transformed into a work of art will exhibit a totally "sculptured" Noosphere, where the forms of the biosphere indelibly blend into mental constructs, void yet weightless and unrivaled as we... something like that foreseen by Henryk Szczesny in his Garden of Earthly Delights. Fashioned into a veritable manifestation of the art of cosmic consciousness, the new landscape would be comprised of the webings of the telepathic networks and lines of force glimpsing into the atmosphere.

Just as the telepathic lines of force shape the interstellar and intergalactic spaces with their emissions of "dark matter," so the magnetic field of the Earth will be filled with these same lines of force. However, due to the enclosure of the electromagnetic field, these emissions will not be dark matter but will show as indecent threads connected to the electromagnetic field itself, attaching themselves to thepaisba, which is the planetary switchboard and...
NHRM, 2015, oil on canvas, 200 × 150 cm
List of works
SHR
OPANGHT
WOSBTGON
WLDBGHYQU
MAZPLND
VXFIAN
OPANGHT
HUGALY
LASIFUVEO
SHR
NHRM
WLDBGHYQU
all 2015, oil on canvas, 200 × 150 cm

OBV, 2015
hand-painted Taiko drum, 82 × 73 × 35 cm

Photographic Sources
The European Rivers Raft Sail is a project by Ewa Ciepielew ska – a residential programme for artists which took place on a barge sailing from Krakow to Orleans, from 23 April – 23rd September 2015.

Photographs and text sources were made and researched during the river journey. OBV was played throughout.
In an Inflationary Multiverse, the member universes are sharply divided. Each is a bit in the cosmic churn, separated from the others by domains in which the inflation's value remains high. Since such intersecting regions are still undergoing inflationary expansion, the bubble universes are rapidly diverging, with a speed of recession proportional to the amount of spacetime between them. The farther apart they are, the greater the expansion's speed; the ultimate result is that distant bubbles move apart faster than the speed of light. Even with unlimited longevity and technology, there's no way to cross such a divide. There's no way to even send a signal.

All the same, we can still imagine a voyage to one or more of the other bubble universes. On such a journey, what would you find? Well, because each bubble universe results from the same process—the inflation is divided into its parts, dividing a region that drops out of the inflationary expansion—they are all governed by the same physical theory and so are all subject to the same set of physical laws. But, much as the behavior of identical twins can differ post-natally in ways that are profoundly different in different environments.

Likewise, for example, that one of the other bubble universes looks much like ours, dotted by galaxies containing stars and planets, but with one essential difference: Propulsion in the universe is a magnetic field, thousands of times stronger than that used in our most advanced MRI machines, and one that can't be switched off by a technician. Such a powerful field would affect the way a great many things behave. Not only would objects containing iron have a heavy burden of flying off in the direction of the field, but even basic properties of particles, atoms, and molecules would shift. A sufficiently strong magnetic field would disrupt cellular function that life as we know it couldn't take hold.

Yet just as the physical laws operating inside an MRI are the very same laws that operate outside, so the fundamental physical laws operating in this magnetic universe would be the same as ours. The discrepancies in experiential reality and observable features would be due solely to an aspect of the environment: the strong magnetic field. It used to come as a surprise to theoreticians that the universe would in time erase out this environmental factor and home in on the same mathematical laws we've discovered.

Over the past forty years, researchers have built a case for a similar scenario right here in our own universe. The most

into experience. The written/spoken enumeration of the laws is fully supported mathematically. It is important to begin at the beginning. The Big Bang theory was not so designed to understand to be elicited from a holographic program for it is again a search from manifestation back to cause. The diversity available within holographic parameters is so encompassing that to find the causes within its available infinite variety is to be compared with finding the needle in the haystack.

The process of learning information adds to a greater understanding of the world in which mankind on this planet finds itself. It builds a holographic understanding that enables those who study this mechanism to change their ability to perceive and manipulate the events of their environment. These are the controllers. There are many more accurate facts that are available to be known. The question is “How much is essential in order to bring forth the necessary decisions that will free this planet from the situation in which it is mired?” There is a point at which further information becomes more detrimental than helpful. It is the search for that point that brings forth these messages. It is hoped that commitment and action in the application of the suggestions included will signal the end of the need for more information. At the basis of all action is the transition of consciousness and the decision to answer the call to responsibility that has been ignored and refused for so long by the composite group on this planet.

The knowledge available to mankind that has been hidden and in many cases buried for thousands of years is rapidly becoming available. The ability to decipher the languages of old and the availability of this information through willing publishers that place it into books, videos and lectures is bringing this to more and more people. The distortions in the translations do create lessons in discernment, but even the distorted information open minds to the understandings that mankind's history of civilization is much longer than indicated. The evidence by

us to look here, and see what we have done on this plant.

We are in this technological age. What we now realize is the technology has consciousness. Unintelligent things have consciousness. Our thinking tools has consciousness.

Everything has place, but it is a screening of the elemental, acknowledging the conscious

thing that is created it. We do not know at present. We are aware of the existence of some kind of knowledge. We have realized that we can learn to control the environment. We have realized that we can learn to control the nature. We have realized that we can learn to control the knowledge. We have realized that we can learn to control the consciousness.

D. I guess I’d be in a bit of heaven.
E. I’m not sure about heaven.
F. I was in a bit of heaven.
G. I was in a bit of heaven.
H. I was in a bit of heaven.
I. I was in a bit of heaven.
J. I was in a bit of heaven.
K. I was in a bit of heaven.
L. I was in a bit of heaven.
M. I was in a bit of heaven.
N. I was in a bit of heaven.
O. I was in a bit of heaven.

The Conscious Divisions - Book Three

the experience of our thing and the experience of another thing. But that human consciousness In its most refined level is, if not one thing.

B. I have been known to be a different, when you were present, and don't have a thing.
C. I have been known to be a different, when you were present, and don't have a thing.
D. I have been known to be a different, when you were present, and don't have a thing.
E. I have been known to be a different, when you were present, and don't have a thing.
F. I have been known to be a different, when you were present, and don't have a thing.
G. I have been known to be a different, when you were present, and don't have a thing.
H. I have been known to be a different, when you were present, and don't have a thing.
I. I have been known to be a different, when you were present, and don't have a thing.
J. I have been known to be a different, when you were present, and don't have a thing.
K. I have been known to be a different, when you were present, and don't have a thing.
L. I have been known to be a different, when you were present, and don't have a thing.
M. I have been known to be a different, when you were present, and don't have a thing.
N. I have been known to be a different, when you were present, and don't have a thing.

THINOSIE

III-48

THE SOUL AT WORK
FROM ACQUISITION TO ABANDONMENT

From "SBruSer"

Everything the Consciousness is the universe. There is cause, and there is effect. For it is true to say and act with each other.
Reading Sources
- The Book of Knowing and Worth – Paul Selig
- Finite and Infinite Games – James P. Carse
- Manifesto for the Noosphere: The Next Stage in the Evolution of Human Consciousness – José Argüelles
- A Tale For The Time Being – Ruth Ozeki
- Visual Magick – Jan Fries
- The Unreal and the Real Selected Stories of Ursula K. Le Guin
- Healing Love – Mantak Chia
- The God Problem: How a Godless Cosmos Creates – Howard Bloom
- A Tale for the Time Being – Ruth Ozeki
- Prometheus Rising – Robert Anton Wilson
- Biocentrism – Robert Lanza
- The Law of One – Ra
- More Beautiful World Our Hearts Know is Possible – Charles Eisenstein
- Visual Magick – Jan Fries
- Rainbow Painting – Tulku Urgyen Rinpoche
- The Science Delusion – Rupert Sheldrake
- Conversations on the Edge of The Apocalypse – David Jay Brown
- Practical Sigil Magic – Frater U.d.
- Earthdance: Living Systems in Evolution – Elisabet Sahtouris
- More Beautiful World Our Hearts Know is Possible – Charles Eisenstein
- The Three Waves of Volunteers and the New Earth – Dolores Cannon
- Cosmic Fusion – Mantak Chia
- Manifesto for the Noosphere: The Next Stage in the Evolution of Human Consciousness – José Argüelles
- Convoluted Universe, Book Three – Dolores Cannon
- The Hidden Reality Parallel Universes and the Deep Laws of the Cosmos – Brian Greene
- Handbook for the New Paradigm – George Green
- Convoluted Universe, Book Three – Dolores Cannon
<table>
<thead>
<tr>
<th>Year</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1972</td>
<td>Born</td>
</tr>
<tr>
<td>1998–01</td>
<td>Tokyo National University of Fine Arts and Music, Tokyo</td>
</tr>
<tr>
<td>1995–97</td>
<td>Academy of Fine Arts, Warsaw</td>
</tr>
<tr>
<td>1992–95</td>
<td>Academy of Fine Arts, Gdansk</td>
</tr>
<tr>
<td>2000</td>
<td>Residencies, Athens</td>
</tr>
<tr>
<td>2008–09</td>
<td>DAAD, Berliner Kunstlerprogramm, Berlin</td>
</tr>
<tr>
<td>2005</td>
<td>Buchsenhausen, Innsbruck</td>
</tr>
<tr>
<td>2004</td>
<td>Collegium Helveticum, ETH, Zurich</td>
</tr>
<tr>
<td>1998–01</td>
<td>Japanese Government Scholarship, Tokyo</td>
</tr>
<tr>
<td>2000</td>
<td>Oreste, Montescaglioso, Platform C, Cappadocia</td>
</tr>
<tr>
<td>2015</td>
<td>Solo Exhibition: Ziemia rodzinia/ Ma Terra, Wroclaw Contemporary Museum, Wroclaw</td>
</tr>
<tr>
<td>2014</td>
<td>Ziemia rodzinia/ Ma Terra, Aleksander Bruno, Warsaw</td>
</tr>
<tr>
<td>2013</td>
<td>I love you. Be good., Marlborough Contemporary, London</td>
</tr>
<tr>
<td>2012</td>
<td>A Painting Cycle, Nomas Foundation, Rome</td>
</tr>
<tr>
<td>2011</td>
<td>Sound Waves, Light Waves, Dance Waves, Clifton Benevento, New York</td>
</tr>
<tr>
<td>2010</td>
<td>Cosmic Equation, Kunsthau Baselland, Basel...</td>
</tr>
<tr>
<td>2009</td>
<td>528 Hz, Karma International, Zurich</td>
</tr>
<tr>
<td>2008</td>
<td>Zwei Tage und drei Nachte, Bel Etage, Berlin</td>
</tr>
<tr>
<td>2007</td>
<td>L’artiste, le modele et la peinture, Broadway 1602, New York</td>
</tr>
<tr>
<td>2006</td>
<td>Tunnel Like a Tail, Hotel, London</td>
</tr>
<tr>
<td>2006</td>
<td>Warsaw for Amateurs, Kondegardatzheta National Art Gallery, Warsaw</td>
</tr>
<tr>
<td>2006</td>
<td>The opposite of the opposite. And the opposite of that, CCA Ujazdowski Castle, Warsaw</td>
</tr>
<tr>
<td>2006</td>
<td>Is nothing not enough?, Broadway 1602, New York</td>
</tr>
<tr>
<td>2005</td>
<td>Dharma tv, Buchsenhausen, Innsbruck</td>
</tr>
<tr>
<td>2005</td>
<td>Free Doom, Center for Contemporary Art Ujazdowski Castle, Warsaw</td>
</tr>
<tr>
<td>2004</td>
<td>Agnieszka Brzezinska/Svetlana Heger, ap4, Geneve</td>
</tr>
<tr>
<td>2003</td>
<td>Agnieszka Brzezinska and Janos Fodor, Platan Gallery, Budapest</td>
</tr>
<tr>
<td>2002</td>
<td>Double Happiness, Zacheta Gallery and CCA Ujazdowski Castle, Warsaw</td>
</tr>
<tr>
<td>1997</td>
<td>It is beneficial to cross a big water, CCA Ujazdowski Castle, Warsaw</td>
</tr>
<tr>
<td>2014</td>
<td>PLUGG S Karma International, Zurich</td>
</tr>
<tr>
<td>2014</td>
<td>Modest Muses, Tatra Museum, Zakopane Were the Outsiders, E-Flux, New York</td>
</tr>
<tr>
<td>2013</td>
<td>As You Can See; Polish Art Today, Museum of Modern Art in Warsaw, Warsaw</td>
</tr>
<tr>
<td>2012</td>
<td>Zcy artysty moga nie spaz?, BWA Zelona Gora</td>
</tr>
<tr>
<td>2012</td>
<td>Fit th Force, Aleksander Bruno, Warsaw</td>
</tr>
<tr>
<td>2012</td>
<td>Oracle, the Wand, Berlin</td>
</tr>
<tr>
<td>2012</td>
<td>More than I than Dare to Think About, Marlborough Contemporary, London</td>
</tr>
<tr>
<td>2012</td>
<td>Instability of image, Paradise Row, London</td>
</tr>
<tr>
<td>2012</td>
<td>Genealogies of work, Arsenal City Gallery, Poznan</td>
</tr>
<tr>
<td>2012</td>
<td>Cowboy Style, Marlborough Contemporary, London</td>
</tr>
<tr>
<td>2011</td>
<td>I went to an exhibition in Warsaw, Dom Artysty Plastyka</td>
</tr>
<tr>
<td>2011</td>
<td>Hotavantgardehott, Oslo 10, Munchenstein, Basel</td>
</tr>
<tr>
<td>2011</td>
<td>The Joy of Pleasure, VW VenkStassen Werner, Berlin</td>
</tr>
<tr>
<td>2011</td>
<td>Expanded Territory, KAI 10 – Atheneo Foundation, Dusseldorf</td>
</tr>
<tr>
<td>2011</td>
<td>Beautiful Weather, Faksal Gallery Foundation, Warsaw</td>
</tr>
<tr>
<td>2011</td>
<td>Onw, Another, The FLAG Art Foundation, New York</td>
</tr>
<tr>
<td>2011</td>
<td>From Berlin, Martin Asbæk Gallery, Draussen ist feindlich, Bel Etage, Rosa-Luxemburg-Platz, Berlin Dirty Water, National Gallery, Sopot Starke Emergenz, Kunstraum Innsbruck</td>
</tr>
<tr>
<td>2010</td>
<td>Murk Drop Coronat. 30 Exhibitions on the Virtuosity of Things, Camera Austria, Graz</td>
</tr>
<tr>
<td>2010</td>
<td>The Zero Budget Biennial, Klamms, Berlin</td>
</tr>
<tr>
<td>2010</td>
<td>Die kleine Improvisation – Polnische Kunst heute, Stadtgalerie Kiel, Kiel</td>
</tr>
</tbody>
</table>
Agnieszka Brzeżańska
This all occurs quickly, with ease, grace and joy
18 September – 31 October 2015

Marlborough Contemporary
6 Albemarle Street
London W1S 4BY
United Kingdom
+44 (0)20 7629 5161
info@marlboroughcontemporary.com
marlboroughcontemporary.com

© The artist and author.
All rights reserved. No part of this publication may be
reproduced or transmitted in any form or by any means,
or stored in any retrieval system of any nature without prior
written permission of the copyright holders, except for
permitted fair dealing under the Copyright, Designs and

Editor
Andrew Renton
Photography
Szymon Roginski
Design
Pony Ltd., London
Print
Cassochrome
Edition of 600