Figure 1. Parent-Reported Sleep Problems during Development and Later Self-Reported Anxious/ Depressed problems, Attention Problems and Aggressive Behavior.
Note. Unadjusted analyses presented. ** p<.01; * p<.05; + P<.10. Those with a ‘sleep problem’ have been reported to have a problem ‘somewhat or often’ at one or more assessment (Times 1-5). Those with later problems score in the top 15% for the Anxious/ Depressed (panel A), Attention Problems (panel B) and Aggressive Behavior (panel C) scales of the CBCL at Time 6.

A. Anxious/ Depressed

B. Attention Problems

C. Aggressive Behavior