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## 25 **Abstract**

26 The addition of rewarding feedback to motor learning tasks has been shown to increase the  
27 retention of learning, spurring interest in its possible utility for rehabilitation. However, motor  
28 tasks employing rewarding feedback have repeatedly been shown to lead to great inter-  
29 individual variability in performance. Understanding the causes of such variability is vital for  
30 maximising the potential benefits of reward-based motor learning. Thus, using a large human  
31 cohort of both sexes (n=241), we examined whether spatial (SWM), verbal (VWM) and mental  
32 rotation (RWM) working memory capacity and dopamine-related genetic profiles were  
33 associated with performance in two reward-based motor tasks. The first task assessed  
34 participant's ability to follow a slowly shifting reward region based on hit/miss (binary)  
35 feedback. The second task investigated participant's capacity to preserve performance with  
36 binary feedback after adapting to the rotation with full visual feedback. Our results demonstrate  
37 that higher SWM is associated with greater success and an enhanced capacity to reproduce a  
38 successful motor action, measured as change in reach angle following reward. In contrast,  
39 higher RWM was predictive of an increased propensity to express an explicit strategy when  
40 required to make large reach angle adjustments. Therefore, SWM and RWM were reliable but  
41 dissociable predictors of success during reward-based motor learning. Change in reach  
42 direction following failure was also a strong predictor of success rate, although we observed  
43 no consistent relationship with working memory. Surprisingly, no dopamine-related genotypes  
44 predicted performance. Therefore, working memory capacity plays a pivotal role in  
45 determining individual ability in reward-based motor learning.

46

## 47 **Significance statement**

48 Reward-based motor learning tasks have repeatedly been shown to lead to idiosyncratic  
49 behaviours that cause varying degrees of task success. Yet, the factors determining an

50 individual's capacity to use reward-based feedback are unclear. Here, we assessed a wide range  
51 of possible candidate predictors, and demonstrate that domain-specific working memory plays  
52 an essential role in determining individual capacity to use reward-based feedback. Surprisingly,  
53 genetic variations in dopamine availability were not found to play a role. This is in stark  
54 contrast with seminal work in the reinforcement and decision-making literature, which show  
55 strong and replicated effects of the same dopaminergic genes in decision-making. Therefore,  
56 our results provide novel insights into reward-based motor learning, highlighting a key role for  
57 domain-specific working memory capacity.

58

## 59 **Introduction**

60 When performing motor tasks under altered environmental conditions, adaptation to the new  
61 constraints occurs through the recruitment of a variety of systems (Taylor and Ivry, 2014).  
62 Arguably the most studied of those systems is cerebellum-dependent adaptation, which consists  
63 of the implicit and automatic recalibration of mappings between actual and expected outcomes  
64 through sensory prediction errors (Morehead et al., 2017; Tseng et al., 2007). Besides  
65 cerebellar adaptation, other work has demonstrated the involvement of a cognitive, deliberative  
66 process whereby motor plans are adjusted based on structural understanding of the task (Bond  
67 and Taylor, 2015; Taylor and Ivry, 2011). We label this process 'explicit control' (Codol et al.,  
68 2018; Holland et al., 2018), although it has also been referred to as strategy (Taylor and Ivry,  
69 2011) or explicit re-aiming (Morehead et al., 2015). Recently it has been proposed that  
70 reinforcement learning, whereby the memory of successful or unsuccessful actions are  
71 strengthened or weakened, respectively, may also play a role (Huang et al., 2011; Izawa and  
72 Shadmehr, 2011; Shmuelof et al., 2012). Such reward-based reinforcement has been assumed  
73 to be an implicit and automatic process (Haith and Krakauer, 2013). However, recent evidence  
74 suggests that phenomena attributed to reinforcement-based learning during visuomotor rotation

75 tasks can largely be explained through explicit processes (Codol et al., 2018; Holland et al.,  
76 2018).

77 One outstanding feature of reinforcement-based motor learning is the great variability  
78 expressed across individuals (Codol et al., 2018; Holland et al., 2018; Therrien et al., 2016,  
79 2018). What factors underlie such variability is unclear. If reinforcement is explicitly grounded,  
80 it could be argued that individual working memory capacity (WMC), which is reliably related  
81 to the propensity to employ explicit control in classical motor adaptation tasks (Anguera et al.,  
82 2010, 2012; Christou et al., 2016; Holland et al., 2018; Sidarta et al., 2018), would also predict  
83 performance in reinforcement-based motor learning. Anguera et al. (2010) demonstrated that  
84 mental rotation WMC (RWM), unlike other forms of working memory such as verbal WMC  
85 (VWM), correlates with explicit control. Recently, Christou et al. (2016) reported similar  
86 results with spatial WMC (SWM). If this extends to reward based motor learning, this would  
87 strengthen the proposal that it bears a strong explicit component.

88 Another potential contributor to this variability is genetic profile. In previous work (Codol et  
89 al., 2018; Holland et al., 2018), we argue that reinforcement-based motor learning performance  
90 relies on a balance between exploration and exploitation of the task space, a feature reminiscent  
91 of structural learning and reinforcement-based decision-making (Daw et al., 2005; Frank et al.,  
92 2009; Sutton and Barto, 1998). A series of studies from Frank and colleagues suggests that  
93 individual tendencies to express explorative/exploitative behaviour can be predicted based on  
94 dopamine-related genetic profile (Doll et al., 2016; Frank et al., 2007, 2009). Reinforcement  
95 has consistently been linked to dopaminergic function in a variety of paradigms, and thus, such  
96 a relationship could also be expected in reward-based motor learning (Pekny et al., 2015).  
97 Specifically, Frank and colleagues focused on Catecholamine-O-Methyl-Transferase (COMT),  
98 Dopamine- and cAMP-Regulated neuronal Phosphoprotein (DARPP32) and Dopamine

99 Receptor D2 (DRD2), and suggest a distinction between COMT-modulated exploration and  
100 DARPP32- and DRD2-modulated exploitation (Frank et al., 2009).  
101 Consequently, we investigated the influence of WMC (RWM, SWM, and VWM) and genetic  
102 variations in dopamine metabolism (DRD2, DARPP32, and COMT) on individuals' ability to  
103 perform reward-based motor learning. We examined this using two established reward-based  
104 motor learning tasks. First, a task analogous to a gradually introduced rotation (Holland et al.,  
105 2018) required participants to learn to adjust the angle at which they reached to a slowly and  
106 secretly shifting reward region (Acquire); second, a task with an abruptly introduced rotation  
107 (Codol et al., 2018; Shmuelof et al., 2012) required participants to preserve performance with  
108 reward-based feedback after adapting to a visuomotor rotation (Preserve). The use of these two  
109 tasks enabled us to examine whether similar predictors of performance explained participant's  
110 capacity to acquire and preserve behaviour with reward-based feedback.

111

## 112 **Methods**

113 Prior to the start of data collection, the sample size, variables of interest and analysis method  
114 were pre-registered. The pre-registered information, data and analysis code can be found online  
115 at <https://osf.io/j5v2s/> and <https://osf.io/rmwc2/> for the Preserve and Acquire tasks,  
116 respectively.

117

## 118 **Participants**

119 121 (30 male, mean age: 21.06, range: 18-32) and 120 (16 male, mean age: 19.24, range: 18-  
120 32) participants were recruited for the Acquire and Preserve tasks, respectively. All participants  
121 provided informed consent and were remunerated with either course credit or money  
122 (£7.50/hour). All participants were free of psychological, cognitive, motor or uncorrected

123 visual impairment. The study was approved by and performed in accordance with the local  
124 research ethics committee of the University of Birmingham, UK.

125

## 126 **Experimental design**

127 Participants were seated before a horizontally fixed mirror reflecting a screen placed above, on  
128 which visual stimuli were presented. This arrangement resulted in the stimuli appearing at the  
129 level on which participants performed their reaching movements. The Acquire (gradual) and  
130 Preserve (abrupt) tasks were performed on two different stations, with a KINARM (BKIN  
131 Technology, London, Ontario; sampling rate: 1000Hz) and a Polhemus 3SPACE Fastrak  
132 tracking device (Colchester, Vermont; sampling rate: 120Hz), employed respectively. The  
133 Acquire task was run using Simulink (The Mathworks, Natwick, MA) and Dexterit-E (BKIN  
134 Technology), while the Preserve task was run using Matlab (The Mathworks, Natwick, MA)  
135 and Psychophysics toolbox (Brainard, 1997). The Acquire task employed the same paradigm  
136 and equipment as in Holland et al. (2018), with the exception of the maximum reaction time  
137 (RT), which was increased from 0.6s to 1s, and the maximum movement time, which was  
138 reduced from 1s to 0.6s. The Preserve task used the same setup and display as in Codol et al.  
139 (2018); however, the number of ‘refresher’ trials during the binary feedback (BF) blocks was  
140 increased from one to two in every 10 trials. The designs were kept as close as possible to their  
141 respective original publications to promote replication and comparability across studies. In  
142 both tasks reaching movements were made with the dominant arm. Both the Acquire and  
143 Preserve tasks have previously been examined in isolation from each other (Acquire Task:  
144 Cashaback et al., 2017, 2019; Holland et al., 2018; Therrien et al., 2016, 2018; Preserve: Codol  
145 et al., 2018; Shmuelof et al., 2012) and we maintain this distinction here. However, it should  
146 be noted that the two tasks are essentially visuomotor rotation tasks. One of the aims of this  
147 study was to determine if similar mechanisms underly the use of binary feedback in both the

148 learning of a gradual rotation and maintenance of a previously learnt abrupt rotation. Therefore,  
149 despite the similarities we analyse the results of each task in isolation in addition to comparing  
150 the results across tasks.

151

## 152 **Reaching tasks**

153 *Acquire task.* Participants performed 670 trials, each of which followed a stereotyped timeline.  
154 The starting position for each trial was in a consistent position roughly 30cm in front of the  
155 midline and was indicated by a red circle (1cm radius). After holding the position of the handle  
156 within the starting position, a target (red circle, 1cm radius) appeared directly in front of the  
157 starting position at a distance of 10cm. Participants were instructed to make a rapid ‘shooting’  
158 movement that passed through the target. If the cursor position at a radial distance of 10cm was  
159 within a reward region ( $\pm 5.67^\circ$ , initially centred on the visible target; grey region in Figure 1a)  
160 the target changed colour from red to green and a green tick was displayed just above the target  
161 position, informing participants of the success of their movement. However, if the cursor did  
162 not pass through the reward region, the target disappeared from view and no tick was displayed,  
163 signalling failure (binary feedback). After each movement, the robot returned to the starting  
164 position and participants were instructed to passively allow this.

165 For the first 10 trials, the position of the robotic handle was displayed as a white cursor (0.5  
166 cm radius) on screen. Following this practice block, the cursor was extinguished for the  
167 remainder of the experiment and participants only received binary feedback. The baseline block  
168 consisted of the first 40 trials under binary feedback. During this period the reward region  
169 remained centred on the visible target. Subsequently, unbeknownst to the participant, the  
170 reward region rotated in steps of  $1^\circ$  every 20 trials; the direction of rotation was  
171 counterbalanced across participants. After reaching a rotation of  $25^\circ$ , the reward region was  
172 held constant for an additional 20 trials. Performance during these last 20 trials was used to



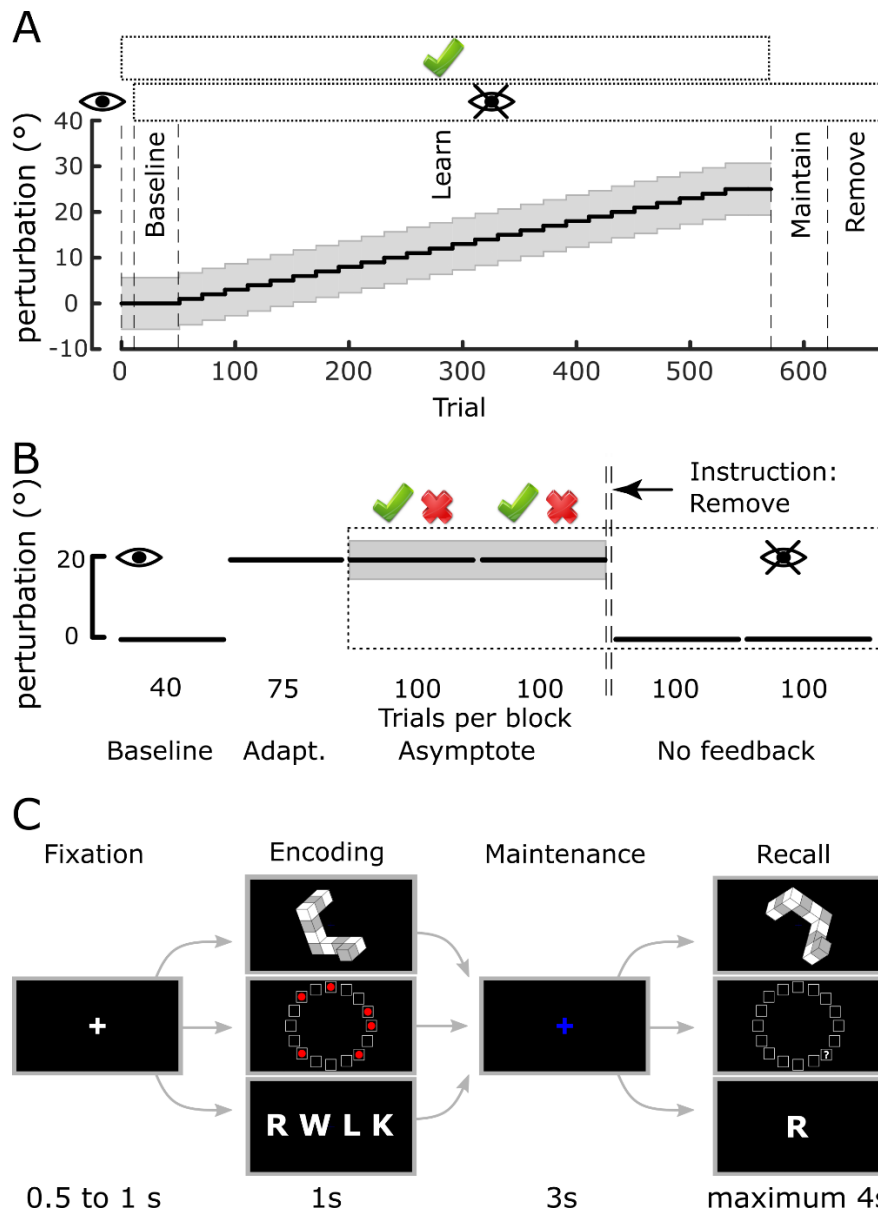
173 determine overall task success. Subsequently, binary feedback was removed, and participants  
174 were instructed to continue reaching as they were (maintain block) for the following 50 trials.  
175 Following this, participants were then informed that the reward region shifted during the  
176 experiment but not of the magnitude or the direction of the shift. They were then instructed to  
177 return to reaching in the same manner as they were at the start of the experiment (remove block,  
178 50 trials). During the learning phase of the task participants were given a 1-minute rest after  
179 trials 190 and 340.

180 *Preserve task.* Participants performed 515 trials in total. On each trial participants were  
181 instructed to make a rapid ‘shooting’ movement that passed through a target (white circle,  
182 radius: 0.125cm) visible on the screen. The starting position for each trial was indicated by a  
183 white square (width: 1cm) roughly 30cm in front of the midline and the target was located at  
184 angle of  $45^\circ$  from the perpendicular in a counter clockwise direction at a distance of 8cm. The  
185 position of the tracking device attached to the fingertip was displayed as a cursor (green circle,  
186 radius: 0.125cm). When the radial distance of the cursor from the starting position exceeded  
187 8cm, the cursor feedback disappeared, and the end position was displayed instead.

188 First, participants performed a baseline period of 40 trials, during which the position of the  
189 cursor was visible, and the cursor accurately reflected the position of the fingertip. In the  
190 adaptation block (75 trials), participants were exposed to an abruptly introduced  $20^\circ$  clockwise  
191 visuomotor rotation of the cursor feedback (Figure 1b). Subsequently, all visual feedback of  
192 the cursor was removed, and participants received only binary feedback. If the end position of  
193 the movement fell within a reward region, the trial was considered successful and a tick was  
194 displayed; otherwise a cross was displayed. The reward region was centred at a clockwise  
195 rotation of  $20^\circ$  with respect to the visual target with a width of  $10^\circ$ , that is, it was centred on  
196 the direction that successfully accounted for the previously experienced visuomotor rotation.  
197 Binary feedback was provided for 200 trials divided into 2 blocks of 100 trials (asymptote

198 blocks). Furthermore, participants experienced 2 ‘refresher’ trials for every 10 trials, where  
199 rotated visual feedback of the cursor position was again accessible (Codol et al., 2018;  
200 Shmuelof et al., 2012). This represents an increase compared to Codol et al. (2018) because  
201 participants in this study tended to have poorer performance under binary feedback, possibly  
202 due to a fatigue effect following the WM tasks (Anguera et al., 2012; see discussion). Finally,  
203 two blocks (100 trials each) with no performance feedback were employed in order to assess  
204 retention of the perturbation (no-feedback blocks). Before the first of those two blocks,  
205 participants were informed of the visuomotor rotation, asked to stop accounting for it through  
206 aiming off target and to aim straight at the target.

207



208

209

210 **Figure 1: Experimental design.** **A:** Time course of the Acquire task with the different  
 211 experimental periods labelled. The grey region represents the reward region, which gradually  
 212 rotated away from the visual target after the initial baseline period. The rectangle enclosing the  
 213 green tick above the axes represents trials in which reward was available, and the rectangle  
 214 with the ‘eye’ symbol indicates when vision was not available. **B:** Time course of the Preserve  
 215 task. After adapting to an initial rotation with vision available, vision was removed (eye symbol)  
 216 and reward-based feedback was introduced (tick and cross above the axes). Prior to the no-  
 217 feedback blocks participants were instructed to remove any strategy they had been using. **C:**  
 218 WMC tasks, the three tasks followed a stereotyped timeline with only the items to be  
 219 remembered differing. Each trial consisted of 4 phases (Fixation, Encoding, Maintenance, and  
 220 Recall) with the time allocated to each displayed below.

221

222

## 223 **Working memory tasks**

224 Participants performed three WM tasks, all of which followed the same design with the  
225 exception of the nature of the items to be remembered (Figure 1c). All WM tasks were run  
226 using Matlab (The Mathworks, Natwick, MA) and Psychophysics toolbox (Brainard, 1997).  
227 At the start of each trial, a white fixation cross was displayed in the centre of the screen for a  
228 period of 0.5 to 1s randomly generated from a uniform distribution (fixation period in Figure  
229 1c). In the encoding period, the stimuli to be remembered was displayed for 1s and then  
230 subsequently replaced with a blue fixation cross for the maintenance period which persisted  
231 for 3s. Finally, during the recall period, participants were given a maximum of 4s to respond  
232 by pressing one of three keys on a keyboard with their dominant hand. The '1' key indicated  
233 that the stimuli presented in the recall period was a 'match' to that presented in the encoding  
234 period, the '2' key indicated a 'non-match', and '3' indicated that the participant was unsure  
235 as to the correct answer. Each WM task contained 5 levels of difficulty with the 12 trials  
236 presented for each; 6 of which were trials in which 'match' was the correct answer and 6 in  
237 which 'non-match' was the correct answer. Consequently, each WM task consisted of 60 trials  
238 and the order in which the tasks were performed was pseudorandomised across participants.  
239 Prior to the start of each task participants performed 10 practice trials to familiarise themselves  
240 with the task and instructions. For both the Acquire and Preserve tasks, the WM tasks were  
241 performed in the same experimental session as the reaching. However, in the case of the  
242 Acquire task the WM tasks were performed after the reaching task whereas for the Preserve  
243 task the WM tasks were performed first.

244 In the RWM task (Figure 1c, top row), the stimuli consisted of six 2D representations of 3D  
245 shapes drawn from an electronic library of the Shepard and Metzler type stimuli (Peters and  
246 Battista, 2008). The shape presented in the recall period was always the same 3D shape  
247 presented in the encoding period after undergoing a screen-plane rotation of 60°, 120°, 180°, 247

248 240° or 300°. In ‘match’ trials, the only transform applied was the rotation; however, in ‘non-  
249 match’ trials an additional vertical-axis mirroring was also applied. The difficulty of mental  
250 rotation has been demonstrated to increase with larger angles of rotation (Shepard and Metzler,  
251 1971) and therefore the different degrees of rotation corresponded to the 5 levels of difficulty.  
252 However, given the symmetry of two pairs of rotations (60 and 300, 120 and 240), these 5  
253 levels were collapsed to 3 for analysis.

254 In the SWM task (Figure 1c, middle row), stimuli in the encoding period consisted of a variable  
255 number of red circles placed within 16 squares arranged in a circular array (McNab and  
256 Klingberg, 2008). In the recall period, the array of squares was presented without the red circles  
257 and instead a question mark appeared in one of the squares. Participants then answered to the  
258 question ‘*Was there a red dot in the square marked by a question mark?*’ by pressing a  
259 corresponding key. In ‘match’ trials the question mark appeared in one of the squares  
260 previously containing a red circle and in ‘non-match’ trials it appeared in a square that was  
261 previously empty. Difficulty was scaled by varying the number of red circles (i.e. the number  
262 of locations to remember) from 3 to 7.

263 In the VWM task (Figure 1c, bottom row), participants were presented with a list of a variable  
264 number of consonants during the encoding period. In the recall period a single consonant was  
265 presented, and participants answered to the question ‘*Was this letter included in the previous*  
266 *array?*’. Thus, the letter could either be drawn from the previous list (‘match’ trials) or have  
267 been absent from the previous list (‘non-match’ trials). Difficulty in this task was determined  
268 by the length of the list to be remembered, ranging from 5 to 9.

269 Both the SWM and RWM tasks have been suggested to fall under the general umbrella term  
270 of spatial ability (Buszard and Masters, 2018). However, Miyake et al. (2001) suggest that  
271 although both RWM and short term storage of spatial information (i.e. SWM) are within the  
272 spatial domain, RWM appears to rely more heavily on executive function and SWM on basic

273 short term storage of spatial information. Furthermore, previous studies have found  
274 relationships between motor learning and this SWM task (Christou et al., 2016; Vandevoorde  
275 and Orban de Xivry, 2019) and tasks similar to our RWM task (Anguera et al., 2010). Therefore,  
276 we included both tasks to investigate if there was any severability in their relationships with  
277 reaching performance and leveraged our use of two separate reaching tasks and large cohorts  
278 to probe if this was due to specific task parameters.

279

### 280 **Genetic sample collection and profiling**

281 COMT is thought to affect DA function mainly in the prefrontal cortex (Egan et al., 2001;  
282 Goldberg et al., 2003), a region known for its involvement in WM and strategic planning  
283 (Anguera et al., 2010; Doll et al., 2015), whereas DARPP32 and DRD2 act mainly in the basal  
284 ganglia to promote exploitative behaviour, possibly by promoting selection of the action to be  
285 performed (Frank et al., 2009). Consequently, we focused here on single-nucleotide  
286 polymorphisms (SNP) related to those genes: RS4680 (COMT) and RS907094 (DARPP32).  
287 Regarding DRD2, there are two potential SNPs available, RS6277 and RS1800497. Although  
288 previous studies focusing on exploration and exploitation have assessed RS6277 expression  
289 (Doll et al., 2016; Frank et al., 2007, 2009), it should be noted that this SNP varies greatly  
290 across ethnic groups, with some allelic variations being nearly completely absent in non-  
291 Caucasian-European groups (e.g. see RS6277 in 1000 Genomes Project (The 1000 Genomes  
292 Project Consortium et al., [2015])). This has likely been inconsequential in previous work, as  
293 Caucasian-European individual represented the majority of sampled groups; here however, this  
294 represents a critical shortcoming, as we aim at investigating a larger and more representative  
295 population including other ethnic groups. Consequently, we based our analysis on the  
296 RS1800497 allele of the DRD2 gene (Pearson-Fuhrhop et al., 2013).

297 At the end of the task, participants were asked to produce a saliva sample which was collected,  
298 stabilized and transported using Oragene.DNA saliva collection kits (OG-500, DNAGENOTEK,  
299 Ontario, Canada). Participants were requested not to eat or drink anything except water for at  
300 least two hours before sample collection. Once data collection was completed across all  
301 participants, the saliva samples were sent to LGC (Hoddeson, Hertfordshire;  
302 <https://www.lgcgroup.com/>) for DNA extraction (per Oragene protocols:  
303 <https://www.dnagenotek.com/>) and genotyping. SNP genotyping was performed using the  
304 KASP SNP genotyping system. KASP is a competitive allele-specific PCR incorporating a  
305 FRET quencher cassette. Specifically, the SNP-specific KASP assay mix (containing two  
306 different, allele specific, competing forward primers) and the universal KASP master mix  
307 (containing FRET cassette plus Taq polymerase in an optimised buffer solution) were added to  
308 DNA samples and a thermal cycling reaction performed, followed by an end-point fluorescent  
309 read according to the manufacturer's protocol. All assays were tested on in-house validation  
310 DNA prior to being run on project samples. No-template controls were used, and 5% of the  
311 samples had duplicates included on each plate to enable the detection of contamination or non-  
312 specific amplification. All assays had over 90% call rates. Following completion of the PCR,  
313 all genotyping reaction plates were read on a BMG PHERAStar plate reader. The plates were  
314 recycled until a laboratory operator was satisfied that the PCR reaction had reached its endpoint.  
315 In-house Kraken software then automatically called the genotypes for each sample, with these  
316 results being confirmed independently by two laboratory operators. Furthermore, the duplicate  
317 saliva samples collected from 5% of participants were checked for consistency with the primary  
318 sample. No discrepancies between primary samples and duplicates were discovered.

319

320

321

## 322 **Data analysis**

323 *Acquire task:* Reach trials containing movement times over 0.6s or less than 0.2s were removed  
324 from analysis (6.9% of trials). The end point angle of each movement was defined at the time  
325 when the radial distance of the cursor exceeded 10cm. This angle was defined in relation to the  
326 visible target with positive angles indicating clockwise rotations. End point angles and target  
327 angles for participants who experienced the counter clockwise rotations were sign-transformed.  
328 The explicit component of retention was defined as the difference between the mean reach  
329 angle of the maintain block and the remove block, while the implicit component was the  
330 difference between the mean reach angle of the remove block and baseline (Werner et al., 2015).  
331 Participants that achieved a mean reach angle within the reward region during the final 20 trials  
332 before the maintain block were considered ‘*successful*’ in learning the rotation; otherwise they  
333 were considered ‘*unsuccessful*’. As in Holland et al. (2018), for unsuccessful participants, the  
334 largest angle of rotation at which the mean reach angle fell within the reward region was taken  
335 as the end of successful performance, and only trials prior to this point were included for further  
336 analysis. Success rate was defined as the percentage of trials during the learning blocks in  
337 which the end point angle was within the reward region. In order to examine the effect of  
338 reward on the change in end point angle on the subsequent trial, we examined the magnitude  
339 and variability of changes in end point angle between consecutive trials (Holland et al., 2018;  
340 Sidarta et al., 2018; Therrien et al., 2016, 2018). To calculate the median absolute change  
341 following rewarded ( $\Delta R$ ) and unrewarded ( $\Delta P$ ) trials we extracted the changes in reach angle  
342 following each trial type and calculated the median of the absolute values of these changes for  
343 each participant. These measures therefore represent the median of the magnitude of changes  
344 in reach angle, regardless of direction. Furthermore, in order to examine the variability of trial-  
345 by-trial adjustments (MAD[ $\Delta R$ ] and MAD[ $\Delta P$ ] for rewarded and unrewarded trials,  
346 respectively) we calculated the median absolute deviation of the changes in reach angle. It is



347 important to note that  $\Delta R$  and  $\Delta P$  are calculated from the absolute magnitude of the changes in  
348 reach angle, whereas,  $MAD[\Delta R]$  and  $MAD[\Delta P]$  are calculated from the non-absolute values  
349 (including the direction of change).

350 *Preserve task:* Reach trials containing movement times over 1s were removed from analysis  
351 (2.38% of trials). The end point angle for each movement was defined at the time that the radial  
352 distance of the cursor from the start position exceeded 8cm. Trials in which the error was  
353 greater than  $80^\circ$  were excluded from further analysis (0.94% of trials). As in Codol et al. (2018),  
354 learning rate was calculated by fitting an exponential function to the angular error between  
355 cursor and target for trials in the adaptation block, with the  $\beta$  value taken as the learning rate  
356 (mean  $R^2=0.34\pm 0.15$ ). The  $\beta$  estimates attained from all fits were first sign transformed and  
357 then log-transformed to counteract skewness prior to entering the regression analysis. Using  
358 this method, a value close to 0 indicated faster learning, whereas more negative values  
359 indicated slower learning. Similar to Codol et al (2018), success rate, corresponding to  
360 percentage of rewarded trials, was measured separately in the first 30 and last 170 trials of the  
361 asymptote blocks and labelled early and late success rate, respectively. This reflects a  
362 dichotomy between a dominantly exploration-driven early phase and a later exploitation-driven  
363 phase. The analysis of changes in reach angle ( $\Delta R$  and  $\Delta P$ ) was confined to the last 170 trials  
364 of the asymptote blocks. Implicit retention was defined as the difference between the average  
365 baseline reach direction and the mean reach direction of the last 20 trials of the last no-feedback  
366 block (Codol et al., 2018). Analysis of changes in reach angle following rewarded trials were  
367 not pre-registered but were included *post-hoc*.

368 *Exploratory analysis of reaching data:* In order to understand which outcome variables in the  
369 reaching tasks were predictive of overall task success, we split the learning period into two  
370 sections for every participant. We assessed trial-by-trial changes in end point angle in the first  
371 section and compared them to success rate in the second section. For the Acquire task, we

372 assessed trial-by-trial adjustments during the learning block, excluding the final 20 trials, and  
373 compared them to success rate in the last 20 trials of the learning block. In the Preserve task,  
374 we measured adjustments in the first 100 trials of the asymptote blocks and compared them to  
375 success rate in the last 100 trials of the asymptote blocks.

376 *WM tasks:* WM performance was defined as the average percentage of correct responses across  
377 the 3 highest levels of difficulty for each task. In the case of the RWM task, the symmetrical  
378 arrangement of the angles of rotation in effect produced three levels of difficulty and therefore  
379 all trials were analysed.

380 *Genetics:* Genes were linearly encoded, with heterozygote alleles being 0, homozygote alleles  
381 bearing the highest dopaminergic state being 1, and homozygote alleles bearing the lowest  
382 dopaminergic state being -1 (Table 1). All groups were assessed for violations of the Hardy-  
383 Weinberg equilibrium. The participant pool in the Preserve task was in Hardy-Weinberg  
384 equilibrium for all three genes considered. In the Acquire task population, COMT and DRD2  
385 were in Hardy-Weinberg equilibrium, but DARPP32 was not ( $p=0.002$ ), with too few  
386 heterozygotes. Therefore, the DARPP32 alleles were recoded, with the heterozygotes (0) and  
387 the smallest homozygote group (C:C, -1) combined and recoded as 0.

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SNP	location	Allele code -1	Allele code 0	Allele code 1
rs4680	COMT	G:G (val:val)	A:G (met:val)	A:A (met:met)
		31, 33	68, 61	17, 21
rs1800497	DRD2	T:T (lys:lys)	T:C (lys:glu)	C:C (glu:glu)
		8, 7	48, 51	64, 62
rs907094	DARPP32	C:C	C:T	T:T
		10, 21	54, 38	56, 62

404  
405  
406  
407  
408

**Table 1: Coding for SNPs.** The name of the SNP is provided along with the code assigned to each allele. The numbers represent the counts for the specific allele in the two tasks (Preserve, Acquire).

409 **Statistical analysis**

410 Regressions were performed using the linear Lasso method (Tibshirani, 1996; *lasso* function  
411 in MatLab’s *Statistics and Machine Learning* Toolbox). Lasso regression employs a shrinkage  
412 method that allows for some predictors to be shrunk to a value of 0, effectively removing them  
413 from the regression model. Therefore, the method acts as a selection method for predictors in  
414 an analogous way to stepwise regression. We used a 10-fold cross validation approach to  
415 calculate the Mean Squared Error (MSE) over a range of values of a penalty term  $\lambda$ . Specifically,  
416 as  $\lambda$  increases, the shrinkage of predictor values increases. For  $\lambda=0$ , the model reduced to a  
417 standard linear regression, as all predictors were included without any shrinkage. Cross  
418 validation protects against the problem of over-fitting by calculating the MSE on data ‘unseen’  
419 by the model during fitting. For any given outcome variable, if its  $MSE(\lambda)$  function exhibited  
420 a minimum value within its defined boundaries, the model associated with that minimum value  
421 was considered selected. If no minimum was observed, this signified that an empty model was  
422 a better fit than any other possible model. If such minimum was detected in the  $MSE(\lambda)$   
423 function, the  $\beta$  estimates from that model (i.e. at that value of  $\lambda$ ) were taken. We repeated this

424 procedure 1000 times to obtain the distribution of the true  $\beta$  from the estimates (Hastie et al.,  
425 2015). In order for a potential variable to be considered a selected predictor, that predictor  
426 should be selected (i.e.  $\beta \neq 0$ ) in at least 80% of the repetitions. The threshold of 80% was chosen  
427 as to maintain sufficient sensitivity whilst still returning relatively sparse models. We report  
428 the median  $\beta$  estimate in the text for all selected predictors.

429 In order to understand what genetic and WM factors are predictive of performance in the  
430 Acquire task, we performed a lasso regression of the seven predictors (three allelic variations,  
431 three WM and ethnicity) onto each of several outcome measures representative of performance:  
432 success rate, implicit and explicit retention,  $\Delta R$ ,  $MAD[\Delta R]$ ,  $\Delta P$ ,  $MAD[\Delta P]$ .. For the Preserve  
433 task, we performed separate lasso regressions using the same seven predictors for the  
434 following outcome variables: baseline reach direction as a control variable, learning rate in the  
435 adaptation block, early and late success rate in the asymptote blocks (first 30 and last 170 trials;  
436 Codol et al., 2018), retention in the no-feedback blocks, and  $\Delta R$  and  $\Delta P$  during the asymptote  
437 blocks. We adopted a parsimonious approach when interpreting the results of the regression  
438 analysis and gave particular credence to results reproduced by the analysis across both tasks.

439 Prior to the regression analysis, all predictors and predicted variables were standardised (z-  
440 scored). For all non-ordinal variables, individual data were considered outliers if further than  
441 3 standard deviations from the mean and were removed prior to standardisation.  
442 Multicollinearity of predictors was also assessed before regression with Belsley Collinearity  
443 Diagnostics (*collintest* function in MatLab's *Econometrics Toolbox*) and no predictors were  
444 found to exhibit condition indexes over 30, indicating acceptable levels of collinearity. When  
445 considering retention for both tasks, unsuccessful participants were removed from the  
446 regression analysis. We further characterised the relationships between predictor variables by  
447 combining the data for the two tasks for the working memory (WM) tasks and the genetic codes

448 (N=241). We analysed relationships between the WM tasks with correlations and between  
449 genetics and WM tasks with one-way ANOVAs.

450 *Exploratory mediation analysis:* We performed a mediation analysis to test if the relationship  
451 between SWM and SR was mediated by  $\Delta R$ . Our hypothesis was that higher SWM enables  
452 smaller changes after correct trials ( $\Delta R$ ) and this then explains the relationship between SWM  
453 and SR. To ensure that separate trials were used in the calculation of  $\Delta R$  and SR, we split the  
454 trials into two equally sized folds. The SR was then calculated for one-fold as a percentage of  
455 correct trials, and  $\Delta R$  was calculated as the median absolute change of reach angle after correct  
456 trials in the other fold. For the Acquire task only successful subjects were included in the  
457 mediation analysis. We employed Baron & Kenny's three step mediation analysis (Baron and  
458 Kenny, 1986): first regress SR on SWM, then regress  $\Delta R$  on SWM, and finally regress SR on  
459 both SWM and  $\Delta R$ . Subsequently, we performed a Sobel test to determine if there was a  
460 significant reduction in the relationship between SWM and SR when including  $\Delta R$ . The Sobel  
461 test examines if the amount of variance in SR explained by SWM is significantly reduced by  
462 including the mediator (Sobel, 1986). For a significant effect to be found, SWM must be a  
463 significant predictor of  $\Delta R$  and  $\Delta R$  must also be a significant predictor of SR after controlling  
464 for the effect of SWM on SR. We repeated this procedure 1000 times with the allocation of  
465 trials to each fold randomised on each repetition. We present results in terms of the 95%  
466 confidence intervals for the  $R^2$  values for each of the regressions and the median p-value of the  
467 Sobel test, along with the associated 95% confidence intervals. An alternative possibility to the  
468 hypothesized model is that the relationship between SWM and  $\Delta R$  is mediated by SR. In order  
469 to compare the size of the mediation effect for these alternate models, we follow the Mackinnon  
470 and Dwyer (1993) procedure and normalize the size of the indirect effect by dividing it by the  
471 sum of the direct and indirect effects. This analysis allows to express the mediation effect in

472 terms of percentage of the total effect. We present the median of the normalized value for the  
473 1000 repetitions on both the hypothesized and alternate models.

474

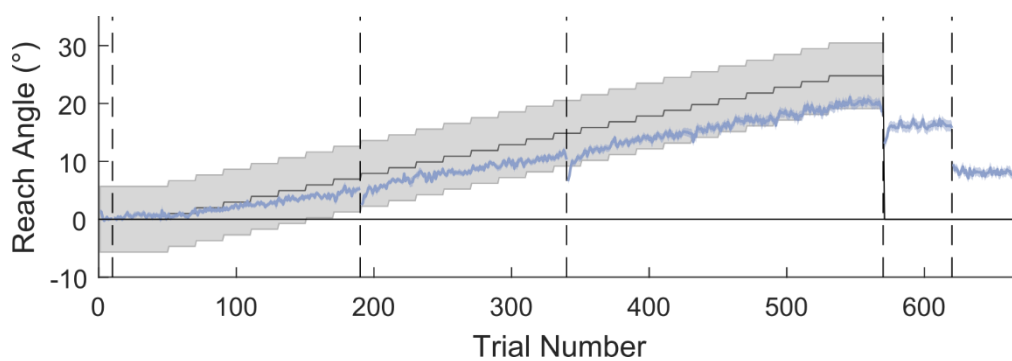
## 475 **Results**

### 476 **Acquire task**

477 In the Acquire task, participants had to learn to compensate for a secretly shifting reward region  
478 in order to obtain successful feedback (Figure 2, 3). As in Holland et al. (2018), about a quarter  
479 (28.1%) of participants failed to learn to compensate for the full extent of the rotation (Figure  
480 3a). The inability of a significant proportion of participants to learn the full extent of the  
481 rotation is also consistent with previous reports in reward-based motor learning paradigms  
482 (Cashaback et al., 2019; Codol et al., 2018; Saijo and Gomi, 2010; Therrien et al., 2016, 2018).  
483 Successful participants retained most of the learnt rotation (mean  $80.7\% \pm 28.0\%$  SD) in the  
484 maintain block. This level of retention is in accordance with that reported previously in similar  
485 paradigms (Holland et al., 2018; Therrien et al., 2016). However, upon being asked to remove  
486 any strategy they had been employing, their performance returned to near-baseline levels.  
487 Consequently, a large explicit component to retention was found for successful participants  
488 (Figure 3b), whereas both successful and unsuccessful participants manifest a small but non-  
489 zero implicit component ( $t(86)=9.90$ ,  $p=7.43 \times 10^{-16}$ ,  $d=1.061$  and  $t(33)=4.53$ ,  $p=7.39 \times 10^{-5}$ ,  
490  $d=0.776$ , respectively; Figure 3c). The persistent implicit retention is a common finding of  
491 retention periods in which no visual feedback is provided and may reflect a combination of  
492 implicit reinforcement (Shmuelof et al., 2012), use-dependent plasticity (Diedrichsen et al.,  
493 2010), perceptual bias (Vindras et al., 1998), or perceptual recalibration (Modchalingam et al.,  
494 2019). Furthermore, in accordance with Holland et al (2018), we found that participants made  
495 larger ( $t(120)=15.80$ ,  $p=4.32 \times 10^{-31}$ ,  $d=1.900$ ) and more variable changes in reach angle  
496 following unrewarded trials ( $t(120)=14.54$ ,  $p=3.144 \times 10^{-28}$ ,  $d=1.667$ ; Figure 3d-g). However, in

497 participants who would go on to fail, the post-error adjustments were smaller than in successful  
498 participants ( $t(119)=3.33$ ,  $p=0.001$ ,  $d=0.672$ ; Figure 3d). Changes following rewarded trials  
499 were similar between the groups ( $t(119)=0.71$ ,  $p=0.48$ ,  $d=0.143$ ; Figure 3f,g). The results  
500 obtained in this sample ( $N=121$ ) therefore replicate results from a previous study ( $N=30$ ) and  
501 provides further confirmation that performance in this task is fundamentally explicitly driven  
502 (Holland et al., 2018).

503



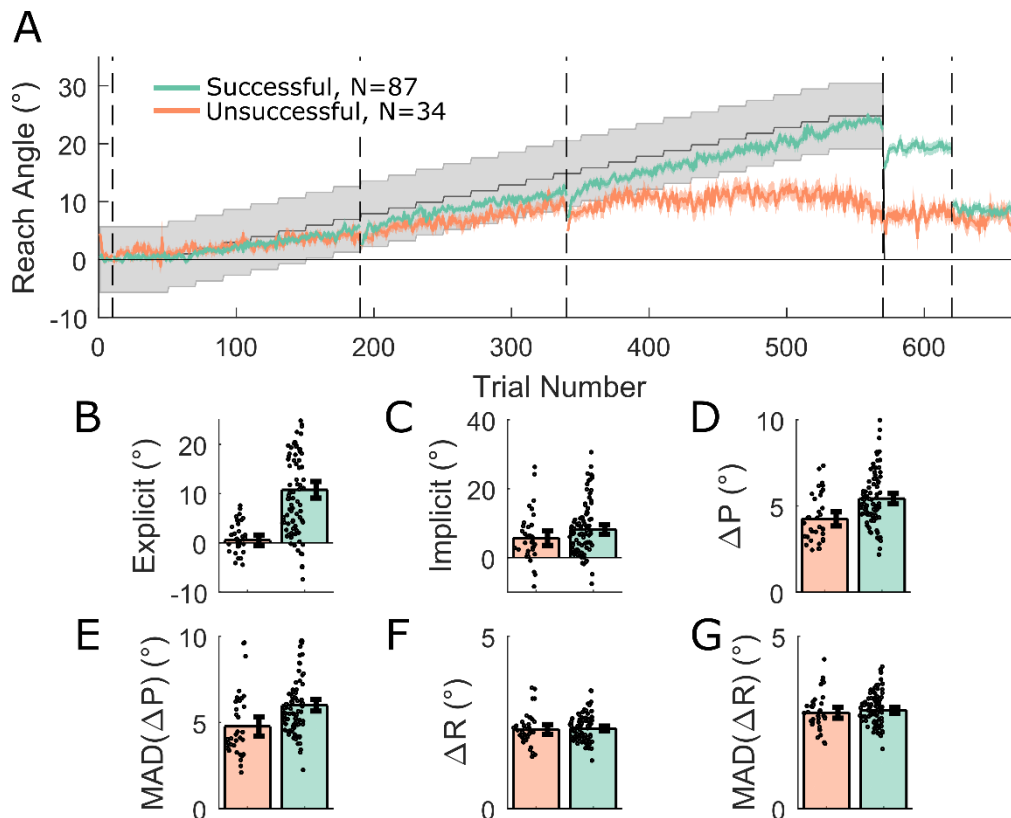
504

505 **Figure 2: Reaching performance in the Acquire task.** The grey region represents the  
506 gradually rotating rewarded region, the blue line represents mean reach angle for each trial,  
507 and the shaded blue region represent SEM. Vertical dashed lines represent different experiment  
508 blocks or breaks. Average performance for the full cohort falls within the reward region and  
509 demonstrates a clear reduction in reach angle when asked to remove strategy.  $N=121$ .

510

511 In order to understand what genetic and WM factors are predictive of performance in the  
512 reaching task, we performed a lasso regression of the seven predictors (three allelic variations,  
513 three WM and ethnicity) onto each of several outcome measures representative of performance:  
514 success rate, implicit and explicit retention,  $\Delta R$ ,  $MAD[\Delta R]$ ,  $\Delta P$ ,  $MAD[\Delta P]$ .

515



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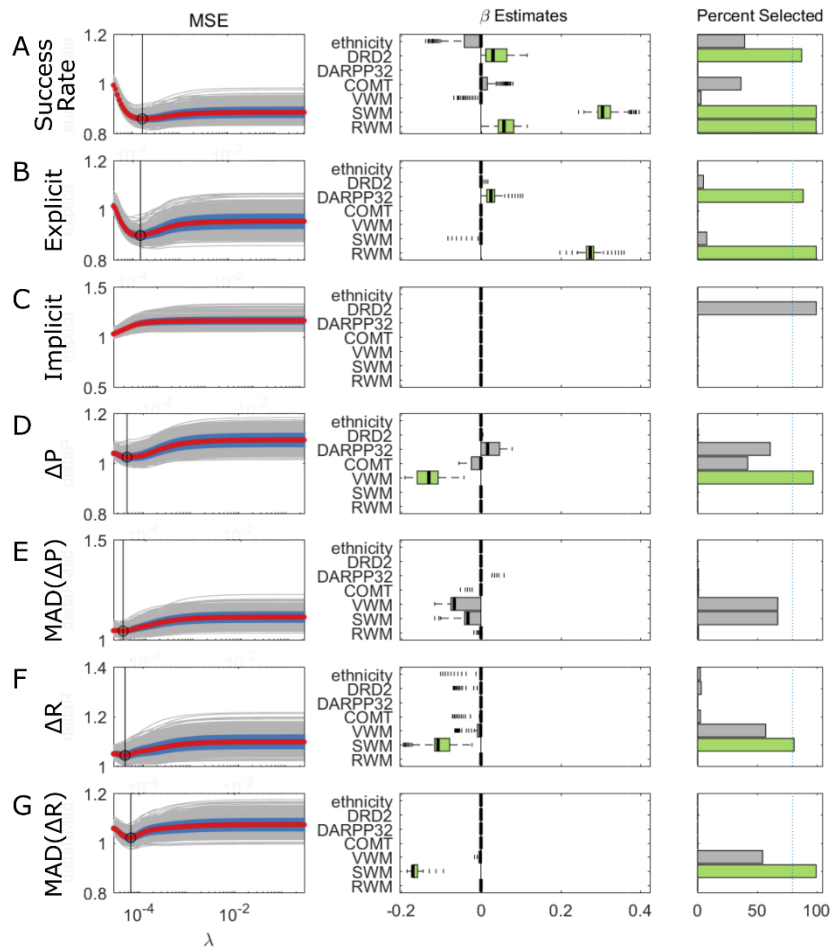
517 **Figure 3: Acquire task split by success at final angle.** **A:** Average reach angle for the  
 518 successful (green) and unsuccessful (orange) groups, shaded regions represent SEM and grey  
 519 shaded region represents the rewarded region. Despite similar initial performance, a clear  
 520 divergence can be seen between the two groups and an explicit component to retention is only  
 521 visible in the successful group, whereas implicit retention is similar between groups. **B-G:**  
 522 subplots displaying derived measures, which acted as outcome variables for the regression  
 523 analysis, separated into successful and unsuccessful participants overlaid with individual data  
 524 points. Error bars represent 95% bootstrapped confidence intervals.  $\Delta R$  and  $\Delta P$  refer to changes  
 525 made in reach angle after rewarded and unrewarded trials respectively. The bar plots in panels  
 526 D and F display the median absolute change and panels E and G display the median absolute  
 527 deviation of the changes in angle after each trial type.  
 528

529 For success rate, SWM, RWM and DRD2 were selected as predictors (median  $\beta=0.31, 0.06,$   
 530 and  $0.03$ , respectively; Figure 4a), with the strongest predictor being SWM. Figure 5 displays  
 531 the effect of the strongest predictor selected for each outcome variable and shows that there  
 532 was a positive relationship between SWM and success rate (Figure 5a). To ensure that the  
 533 relationship between SWM and success rate was not due to failure at a later point in the task,  
 534 success rate was measured during the initial period in which subjects who could not fully



535 account for the displacement are still successful; for those who could, the full learning block  
 536 was included.

537

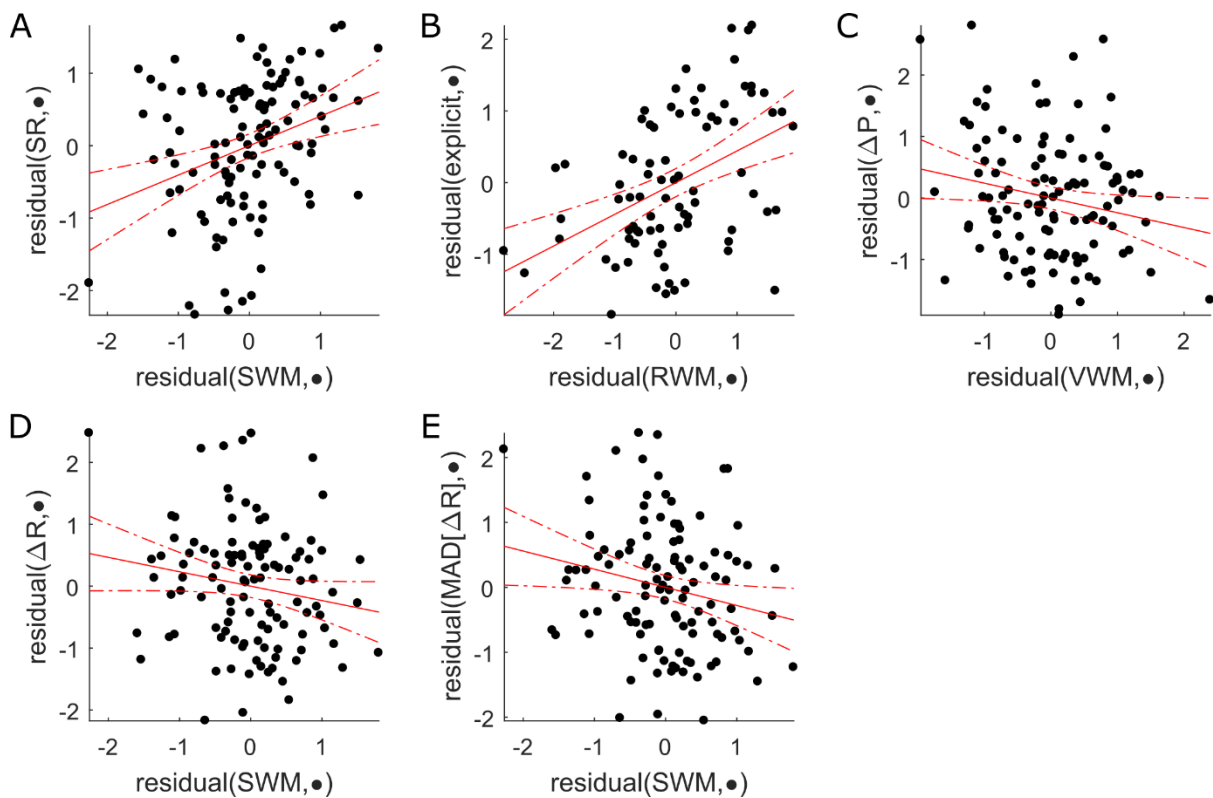


538

539 **Figure 4: Lasso regression results for the Acquire task.** Each row (A-G) represents the  
 540 results from one outcome variable. The left column indicates the MSE as a function of changing  
 541 the shrinkage parameter  $\lambda$ , with larger values of  $\lambda$  representing greater penalization and sparser  
 542 models. A minimum in the MSE within its defined boundaries indicates the suitability of that  
 543 choice of  $\lambda$  and is indicated with a vertical line. Given the presence of a minimum, the values  
 544 of the  $\beta$  for each predictor are taken. We performed 1000 repetitions of the lasso regression for  
 545 each outcome variable and box plots indicating the distribution of the coefficient estimates are  
 546 displayed in the middle panel. The rightmost column indicates the percentage of times that the  
 547 individual predictors were assigned non-zero coefficients. We employed a threshold of 80%  
 548 (indicated with a dashed vertical line) to signify that a particular predictor was robustly selected,  
 549 and these variables are highlighted in green. Median absolute change in reach angle after  
 550 rewarded ( $\Delta R$ ) and unrewarded ( $\Delta P$ ) trials. Median absolute deviation of change in reach angle  
 551 after rewarded ( $MAD[\Delta R]$ ) and unrewarded ( $MAD[\Delta P]$ ) trials.

552

553 Next, retention was assessed by splitting up the explicit and implicit components such as in  
 554 Holland et al. (2018). No predictor was related to the implicit component, but the explicit  
 555 component was strongly and positively associated with RWM ( $\beta=0.27$ ; Figure 4b, 5b) with a  
 556 weaker association between DARPP32 and explicit retention ( $\beta=0.03$ ). These results suggest  
 557 positive relationships for both RWM and SWM with task performance: greater RWM predicts  
 558 a greater contribution of explicit processes to learning, whereas greater SWM predicts a greater  
 559 percentage of correct trials.  
 560



561  
 562 **Figure 5: Added variable plots for selected predictors in the Acquire task.** Each plot  
 563 displays the relationship between the strongest predictor selected by the lasso regression (x-  
 564 axis), and the corresponding outcome variable (y-axis). Added variable plots display the  
 565 residuals of regressing the response variable with all remaining independent variables, and the  
 566 residuals of the regression of the selected predictor to the remaining predictors. The resulting  
 567 relationship corresponds to the effect of the selected predictor on the outcome measure after  
 568 controlling for the remaining predictors. SR: Success Rate. Median absolute change in reach  
 569 angle after rewarded ( $\Delta R$ ) and unrewarded ( $\Delta P$ ) trials. MAD( $\Delta R$ ): Median absolute deviation  
 570 of change in reach angle after rewarded trials.  
 571

572 In Holland et al (2018), the amplitude of the changes in reach angle participants made following  
573 unrewarded trials was found to be predictive of task success, that is, greater  $\Delta P$  was predictive  
574 of an increased chance of overall task success. Thus, it could be that RWM and SWM, that are  
575 shown to associate with performance in this study, are themselves predictors of changes in  
576 reach angle. Conformingly, the regression results demonstrated that a large  $\Delta R$  was inversely  
577 related to SWM ( $\beta=-0.11$ ; Figure 4f, 5d), as was  $MAD[\Delta R]$  ( $\beta=-0.17$ ; Figure 4g, 5e). The  
578 results indicate that greater SWM was predictive of smaller and less variable changes in reach  
579 angle after successful trials, suggesting high SWM enables the maintenance of rewarding reach  
580 angles. It was also found that changes in reach angle following unrewarded trials ( $\Delta P$ ) were  
581 negatively associated with VWM ( $\beta=-0.13$ , Figure 4d, 5c). This result was unexpected as it  
582 suggests that greater WMC predicts smaller changes following unrewarded trials, whereas  
583 previous results suggest a positive relationship between the amplitude of these changes and  
584 overall task success. Although the difference may be due to the domain of WM under  
585 consideration, it is unclear as to the reason for this relationship. Another important aspect of  
586 the analysis of trial-to-trial changes to control for is that the numbers of trials analysed and  
587 their phase in the experiment differs between successful and unsuccessful subjects. Therefore,  
588 we repeated the Lasso regression while only including successful subjects. The predictors that  
589 were selected were identical to those selected when using the full participant pool.

590 Overall, WM (in particular RWM and SWM) successfully predicted various aspects of  
591 performance in the Acquire task, while genetic predictors generally failed to do so. Specifically,  
592 greater SWM predicted smaller and less variable changes after correct trials. This suggests that  
593 SWM underlies one's capacity to preserve and consistently express an acquired reach direction  
594 to obtain reward. Furthermore, SWM also directly predicted success rate. In addition, greater  
595 RWM was a strong predictor of explicit control. The inverse relationship between VWM and  
596 the magnitude of changes after unrewarded trials was unexpected. However, one possible

597 explanation is that participants with poorer WMC make larger errors which require larger  
598 corrections.

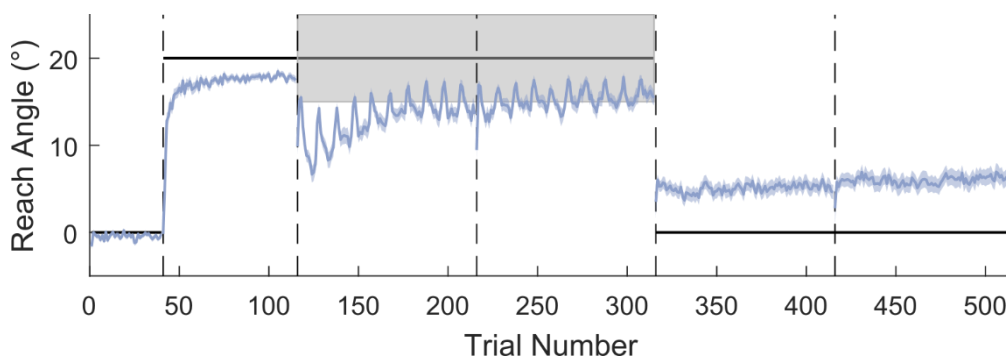
599

### 600 **Preserve task**

601 In this task, we addressed how well participants can maintain a previously learnt adaptation  
602 after transitioning to binary feedback. As participants are unable to compensate for a large  
603 abrupt displacement of a hidden reward region (van der Kooij and Overvliet, 2016; Manley et  
604 al., 2014), participants first adapted to an abruptly introduced 20° clockwise rotation with full  
605 vision of the cursor available. Subsequently, visual feedback of the cursor position was  
606 replaced with binary feedback; participants were rewarded if they continued reaching towards  
607 the same angle that resulted in the cursor hitting the target during the adaptation phase. Overall,  
608 participants adapted to the visuomotor rotation successfully (Figure 6, 7a-c) before  
609 transitioning to the binary feedback-based asymptote blocks. However, from the start of the  
610 asymptote blocks onward, participants exhibited very poor performance, expressing an average  
611  $45.0 \pm 24.2$  SD% success rate when considering all 200 asymptote trials (Figure 6, 7a, d,e). We  
612 have previously shown in (Codol et al., 2018) that this drop in performance (Shmuelof et al.,  
613 2012) represents exploratory behaviour that arises due to a lack of transfer of the cerebellar  
614 memory between the two contexts. Separating successful and unsuccessful participants (40%  
615 success rate cut-off; Figure 7a) revealed that successful participants expressed behaviour  
616 greatly similar to that observed in Codol et al. (2018), in which unsuccessful participants were  
617 excluded, using the same cut-off (40% success rate). The ‘spiking’ behaviour observed in reach  
618 angles during the asymptote blocks (Figure 7a) is due to the presence of the ‘refresher’ trials,  
619 with the large positive changes in reach angle corresponding to trials immediately following  
620 the refresher trials. This pattern of behaviour is particularly pronounced in the unsuccessful  
621 participants. Finally, participants demonstrated at least a residual level of retention even after

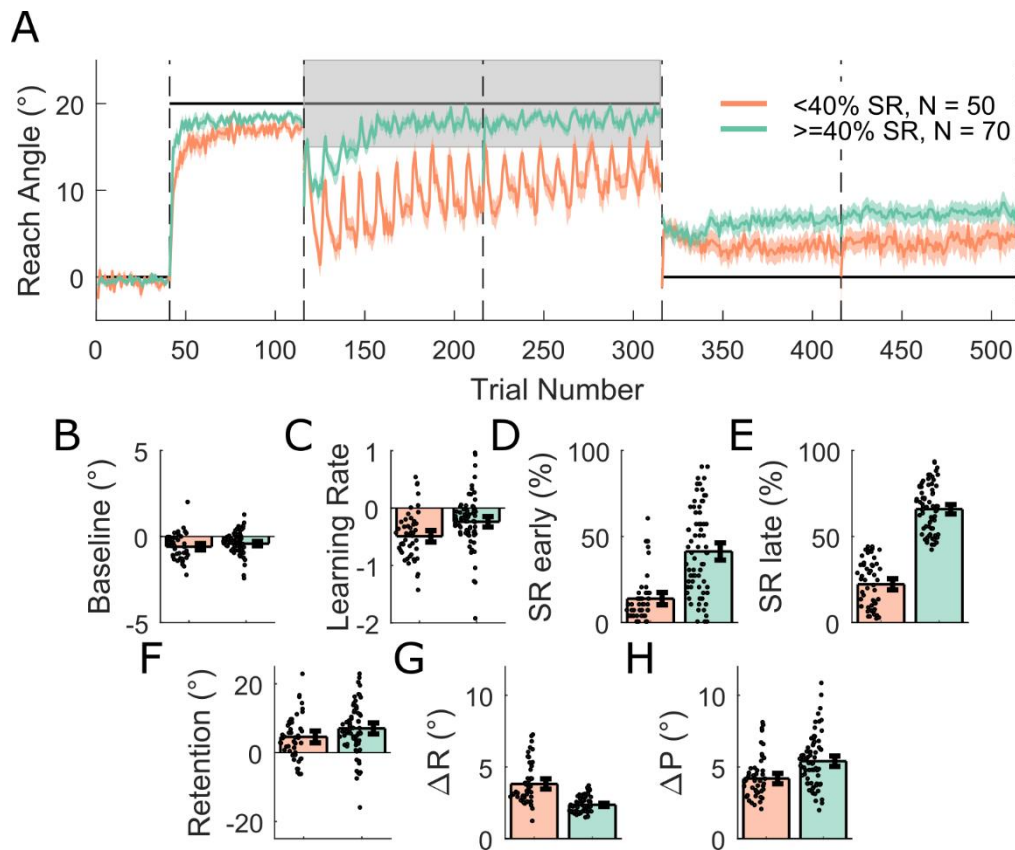
622 being instructed to remove any strategy they had employed ( $t(69)=7.268$ ,  $p=3.345 \times 10^{-10}$ ,  
623  $d=0.869$ ; Figure 7a,f). Therefore, the results obtained in this sample ( $N=120$ ) replicate results  
624 from a previous study (Codol et al., 2018;  $N=20$ , BF-Remove group) and provides further  
625 confirmation that performance in this task is fundamentally explicitly driven. It should also be  
626 noted that the successful group displayed higher implicit retention than the unsuccessful  
627 participants. As with the Acquire task successful participants displayed larger changes in angle  
628 after unrewarded trials than their unsuccessful counterparts ( $t(117)=3.847$ ,  $p=1.952 \times 10^{-4}$ ,  
629  $d=0.717$ ; Figure 7h). However, in contrast to the Acquire task, successful participants also  
630 displayed smaller changes in angle after rewarded trials ( $t(115)=-7.534$ ,  $p=1.218 \times 10^{-11}$ ,  
631  $d=1.421$ ; Figure 7g).

632



633

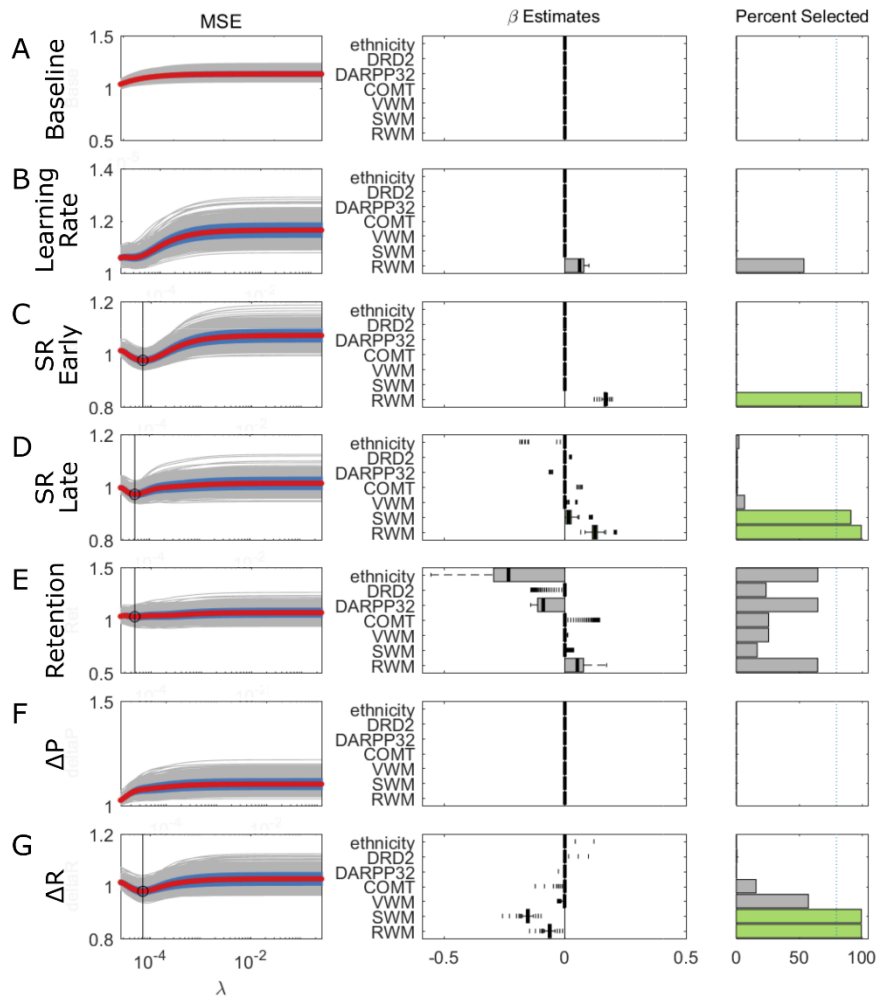
634 **Figure 6: Reaching performance in the Preserve task.** The grey shaded area represents the  
635 rewarded region, and the thick black line represents the perturbation. The vertical dashed lines  
636 represent block limits. The blue line indicates mean reach angle for every trial and blue shaded  
637 areas represent SEM. After successfully adapting to the visuomotor rotation performance  
638 deteriorates at the onset of binary feedback, subsequently success rate increases towards the  
639 end of the asymptote blocks. Following the removal of all feedback, and the instruction to  
640 remove any strategy, a small amount of implicit retention remains.  $N=120$ .



641

642 **Figure 7: Preserve task split into two groups on the basis of success rate.** A: Shaded regions  
 643 represent SEM. B-H: Derived variables, which acted as outcome variables for the regression  
 644 analysis, for the two groups, error bars on the bars represent 95% bootstrapped confidence  
 645 intervals and individual data points are displayed. SR: Success Rate. Median absolute change  
 646 in reach angle after rewarded ( $\Delta R$ ) and unrewarded ( $\Delta P$ ) trials.  
 647

648 As in the Acquire task, we examined if performance in any of the WM tasks or genetic profile  
 649 could predict participants' behaviour in the reaching task. We performed separate lasso  
 650 regressions for the following outcome variables: baseline reach direction as a control variable,  
 651 learning rate in the adaptation block, early and late success rate in the asymptote blocks (first  
 652 30 and last 170 trials; Codol et al., 2018), retention in the no-feedback blocks, and  $\Delta R$  and  $\Delta P$   
 653 during the asymptote blocks. The most striking result was that both early and late success rate  
 654 could be reliably predicted by RWM (early:  $\beta=0.17$ , late:  $\beta=0.12$ ; Figure 8c,d, and 9a,b), with  
 655 greater RWM associated with increased success rates. An additional positive relationship was  
 656 found between SWM and success rate but only during the later period ( $\beta=0.02$ ; Figure 8c).

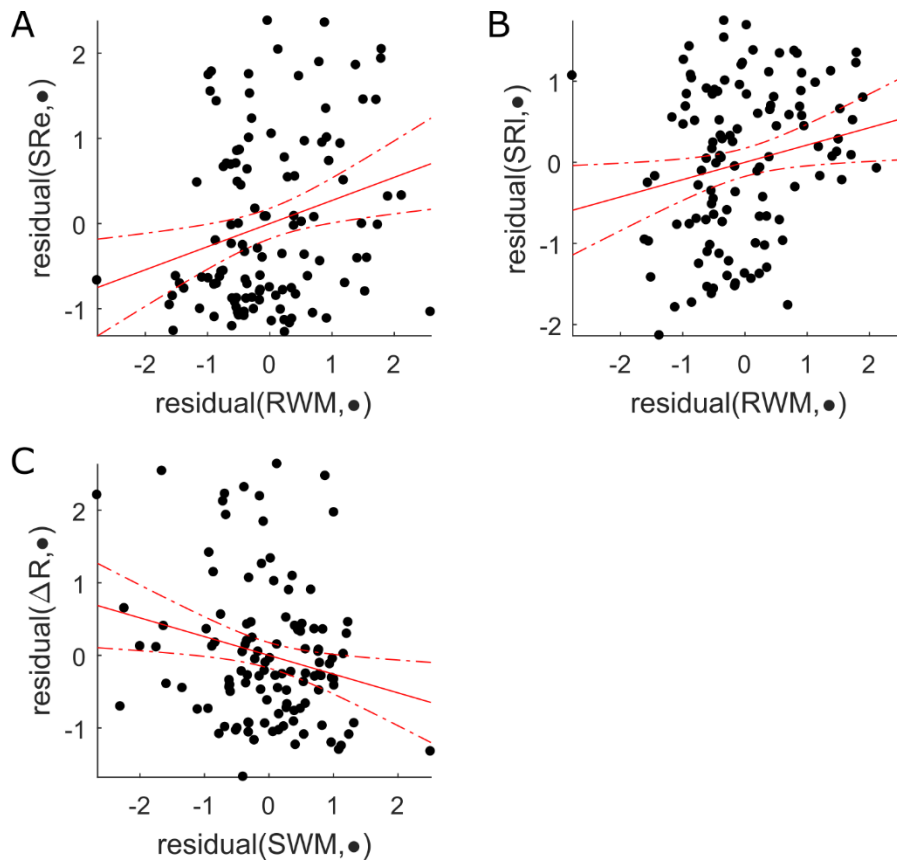


657

658 **Figure 8: Results of the Lasso regressions for the Preserve task.** The format is identical to  
 659 Figure 4 with each row (A-G) representing the predictors of a single outcome measure. Selected  
 660 predictors are highlighted in green, with the middle panels displaying the  $\beta$  estimates and the  
 661 right panels displaying the probability of each predictor being selected. SR: Success Rate.  
 662 Median absolute change in reach angle after rewarded ( $\Delta R$ ) and unrewarded ( $\Delta P$ ) trials.  
 663

664 Genetic profile did not predict any aspect of performance. In contrast, greater SWM  
 665 successfully predicted reduced  $\Delta R$  ( $\beta=-0.15$ ; Figure 8g, 9c) similarly to the Acquire task.  
 666 Additionally, there was a weaker relationship between RWM and  $\Delta R$  ( $\beta=-0.06$ ; Figure 8g)  
 667 which was absent in the Acquire task. Despite the presence of a local minimum in the MSE for  
 668 the regression involving retention, no individual predictor was consistently selected in more  
 669 than 80% of repetitions (Figure 8e).

670



671

672 **Figure 9: Added variable plots for selected predictors in the Preserve task.** Each panel (A-  
 673 C) displays the effect of the considered predictor when accounting for the effect of all other  
 674 predictors. Results are displayed for the strongest selected predictor for each outcome measure.  
 675 SRe: Early Success Rate. SRI: Late Success Rate.  $\Delta R$ : Median absolute change in reach angle  
 676 after rewarded trials.

677

678 Overall, the regression results across both tasks exhibited a pattern similar, with greater RWM  
 679 predicting improved performance on the reaching task and greater SWM predicting smaller  
 680 changes in reach angle after rewarded trials. The weak relationships found between genetic  
 681 variables and performance measures in the Acquire task (DRD2-Success rate and DARPP32-  
 682 Explicit retention) were not replicated in the Preserve task, questioning the reliability of these  
 683 relationships.

684 Furthermore, we analysed the data using group lasso (Boyd, 2010; Yuan and Lin, 2006)  
 685 regression in order to check for the possibility that our analysis was insensitive to categorical  
 686 predictors (the genetic variables). The group lasso is an extension to lasso regression in which  
 687 predictor variables can be assigned to groups. Although each member of a group can be



688 assigned a different  $\beta$ , the group lasso applies the regularisation penalty to all members of the  
689 group, leading to the removal of all members of the group from the model at the same value of  
690  $\lambda$ . We employed reference dummy variable coding for each genetic variable and treated the  
691 dummy variables representing each SNP as a group for the purposes of the group lasso; this  
692 ensures that the dummy variables representing each genetic factor are removed from the  
693 regression at the same time. The results of the group lasso analysis replicate those of the  
694 standard lasso and furthermore no genetic predictors were found for any outcome variable in  
695 either task. The results obtained for both tasks via the lasso regression methods are similar to  
696 those obtained using a stepwise regression procedure. All data and code are available online,  
697 including the procedures, results, and significance tests of the lasso and stepwise regression  
698 analysis.

699

#### 700 **Relationships between predictors**

701 In the full sample ( $n=241$ ), we assessed the relationship between the predictor variables.  
702 Despite the collinearity of the variables being within recommended values for use in regression  
703 (See methods section), we did find significant relationships between all three WM tasks. VWM  
704 and SWM were the most closely correlated ( $r=0.393$ ,  $p=3.153 \times 10^{-10}$ ), followed by SWM and  
705 RWM ( $r=0.384$ ,  $p=7.491 \times 10^{-10}$ ), and finally RWM and VWM ( $r=0.189$ ,  $p=0.003$ ). When  
706 examining the relationships between genetics and WM tasks, only one relationship was  
707 significant (DRD2 and SWM,  $F(236,2)=3.927$ ,  $p=0.021$ ). However, this relationship did not  
708 survive correction for multiple comparisons.

709

#### 710 **Partial Correlation Analysis**

711 In order to understand if the RWM and SWM measures have separable effects on the outcome  
712 measures considered here, we performed a partial correlation analysis examining the

713 relationships between RWM, SWM, and success rate in both tasks. After controlling for the  
714 effect of RWM, SWM remained significantly correlated with success in both tasks ( $r=0.343$ ,  
715  $p=0.005$  Preserve,  $r=0.488$ ,  $p=6.823 \times 10^{-6}$  Acquire). However, the partial correlation between  
716 RWM and success rate was not significant for either task, indicating that even in the Preserve  
717 task SWM plays a dominant role in determining success rate.

718

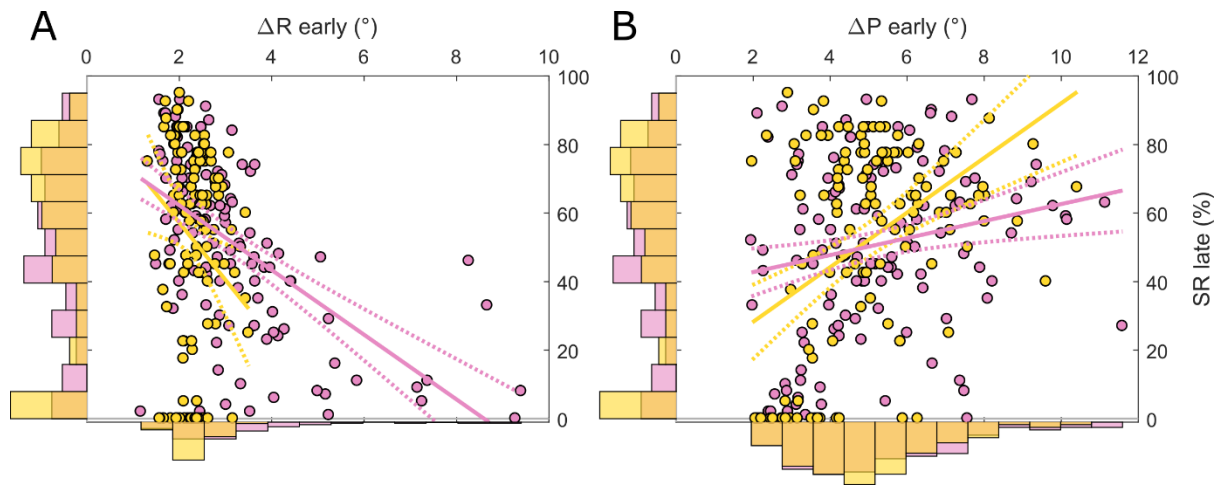
### 719 **Exploratory analysis**

720 As a relationship exists between SWM and  $\Delta R$  in both the Acquire and Preserve paradigms,  
721 we ran exploratory regressions to assess the relationship between  $\Delta R$  and success rate across  
722 both tasks. Since  $\Delta R$  and success rate are conceptually strongly related variables, and  
723 measuring on the same data set would render them non-independent, we split each individual's  
724 reaching data into two sections and assessed whether  $\Delta R$  or  $\Delta P$  in the first section could reliably  
725 predict success rate in the second (see methods for details). Although we found no predictors  
726 of  $\Delta P$  in our primary analysis, results here in combination with previous work (Holland et al.,  
727 2018) has demonstrated a link between  $\Delta P$  and task success, with a greater  $\Delta P$  indicative of  
728 greater success. Therefore, we also performed the same analysis for  $\Delta P$ .

729

730

731



732

733 **Figure 10: Slice plots showing regression results for prediction of late success rate (SR)**  
 734 **by changes in reach angle following rewarded (A) and unrewarded (B) trials during the**  
 735 **early learning period.** The central axis of each panel displays the individual data from the  
 736 Acquire (yellow) and Preserve (pink) task, a histogram displaying the distribution of the data  
 737 in each dimension is presented on the corresponding axis. Solid lines represent the prediction  
 738 of the regression model when the other predictor is held at its mean value. SR: Success Rate.  
 739 Median absolute change in reach angle after rewarded ( $\Delta R$ ) and unrewarded ( $\Delta P$ ) trials.  
 740

741 In the Acquire task,  $\Delta R$  and  $\Delta P$  in the first section of learning trials predicted success rate in  
 742 the final twenty trials, though  $\Delta P$  appeared as the strongest predictor ( $\Delta R$ :  $\beta=-0.274$ ,  $p=0.015$ ;  
 743  $\Delta P$ :  $\beta=0.581$ ,  $p=3.89 \times 10^{-6}$ ; Figure 10a,b, yellow; Table 2). Similarly, for the Preserve task,  $\Delta R$   
 744 and  $\Delta P$  in the first half of asymptote trials predicted success rate in the second half ( $\Delta R$ :  $\beta=-$   
 745  $0.750$ ,  $p=1.07 \times 10^{-12}$ ;  $\Delta P$ :  $\beta=0.229$ ,  $p=0.007$ ; Figure 10a,b, pink; Table 2). In both tasks, the  
 746 directions of these relationships were opposite; greater success rate was predicted by smaller  
 747  $\Delta R$  and greater  $\Delta P$ . In summary, we found that for both tasks the magnitude of changes in  
 748 behaviour in response to rewarded and unrewarded trials early in learning were strongly  
 749 predictive of future task success across both the Acquire and Preserve tasks.

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		$\Delta R$	$\Delta P$	Model
Acquire	$\beta$	-0.274	0.581	F(115,2)=11.9 p=2.09×10 <sup>-5</sup>
	SE	0.111	0.120	
	p	0.015	3.89×10 <sup>-6</sup>	
Preserve	$\beta$	-0.750	0.229	F(112,2)=35.3 p=1.28×10 <sup>-12</sup>
	SE	0.093	0.084	
	p	1.07×10 <sup>-12</sup>	0.007	

754

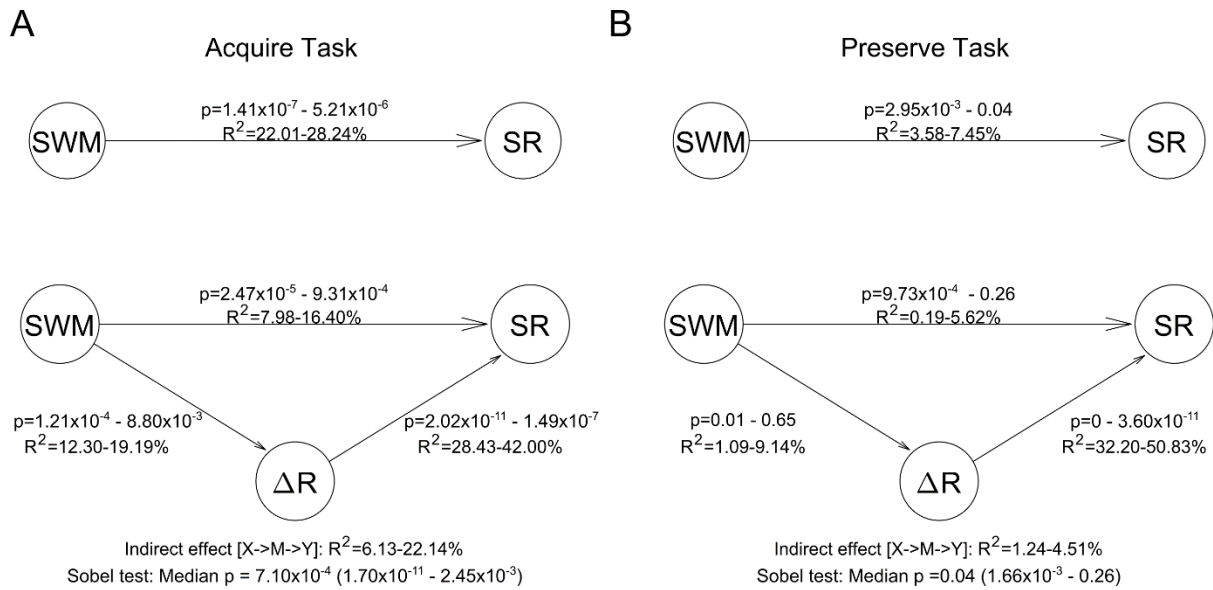
755 **Table 2: Regression results for split data for both the Acquire and Preserve tasks.**  
756 Ordinary least squares linear regressions were performed with both  $\Delta R$  and  $\Delta P$  included as  
757 predictors. The regression coefficient, standard error and p value for each predictor are reported  
758 along with the significance of the comparison between the model and an intercept only model.  
759 In both tasks there is an opposing relationship between  $\Delta R$  and  $\Delta P$  and success rate, with  
760 smaller changes after rewarded trials and larger changes after unrewarded trials predictive of  
761 success. SR: Success Rate. Median absolute change in reach angle after rewarded ( $\Delta R$ ) and  
762 unrewarded ( $\Delta P$ ) trials.  
763

#### 764 **Mediation analysis**

765 Finally, to test whether the effect observed between SWM and SR was explained by an indirect  
766 effect through  $\Delta R$ , we performed an exploratory mediation analysis on both tasks. For both the  
767 Acquire and Preserve tasks, the results indicate a significant proportion (median p=7.10×10<sup>-4</sup>  
768 and p=0.04 respectively) of the relationship between SWM and SR can be explained by a  
769 mediation from SWM via  $\Delta R$  to SR (Figure 11). However, in the case of the Acquire task  
770 (Figure 11a), a significant relationship between SWM and SR also remained, indicating that not  
771 all of the effect of SWM on SR could be explained by the indirect pathway. Of note, in the  
772 Preserve task (Figure 11b) the SWM- $\Delta R$  relationship was weaker and was not significant on  
773 every repetition, occasionally leading to an insignificant mediation effect, despite the median  
774 p-value indicating an effect when considering all repetitions. We also examined an alternative  
775 possibility to the hypothesized model in which relationship between SWM and  $\Delta R$  is mediated  
776 by SR. We found that 31.20% of the total effect is mediated in the Acquire task using the

777 hypothesized model, in contrast to only 0.17% in the alternative model. Similarly, in the  
 778 Preserve task the hypothesized model displayed a substantially larger mediation effect  
 779 (44.77%) than the alternative model (5.02%). These results support the application of the  
 780 hypothesized model.

781



782

783 **Figure 11: Mediation Analysis for both the Acquire (A) and Preserve (B) tasks.** The  
 784 numbers associated with each arrow display the 95% confidence intervals for each of the  
 785 relationships ( $R^2$  and  $p$ -values) across the 1000 repetitions. Below the figure, the results of  
 786 the Sobel test are displayed indicating the amount of variance explained by the indirect  
 787 pathway and the 95% confidence intervals and median  $p$ -value. SR: Success Rate.  $\Delta R$ :  
 788 Median absolute change in reach angle after rewarded trials.

789

## 790 Discussion

791 In this study, we sought to identify if genetic background or specific domains of WMC could  
 792 explain the variability observed in performance levels during reward-based motor learning  
 793 tasks. We found that RWM and SWM predicted different aspects of the Acquire and Preserve  
 794 tasks, whereas VWM only related to one performance measure ( $\Delta P$ ), but not consistently across  
 795 tasks. Specifically, RWM predicted the explicit component of retention in the Acquire task and

796 success rate in the Preserve task, whereas SWM predicted success rate in the Acquire task and  
797 the late period of the Preserve task. Furthermore SWM negatively predicted  $\Delta R$  in both tasks.  
798 Conversely, allelic variations of the three dopamine-related genes (DRD2, COMT and  
799 DARPP32) did not consistently predict any behavioural variables across both tasks. This  
800 suggests that SWM predicts a participant's capacity to reproduce a rewarded motor action,  
801 while RWM predicts a participant's ability to express an explicit strategy when making large  
802 behavioural adjustments. Therefore, we conclude that WMC plays a pivotal role in determining  
803 individual ability in reward-based motor learning.

804 Recently, Wong et al. (2019) described a positive relationship between SWM and the  
805 development of explicit strategies in visuomotor adaptation, complementing previous reports  
806 (Anguera et al., 2012; Christou et al., 2016; Vandevorde and Orban de Xivry, 2019). However,  
807 in contrast to the current findings the previous experiments employed relatively small sample  
808 sizes, which may render correlations unreliable. The large group sizes employed here, and the  
809 confirmation of relationships across two tasks, provides strong evidence that these relationships  
810 are robust, replicable, and extend from visuomotor adaptation to reward-based motor learning.

811 An interesting dichotomy was the reliance on SWM and RWM for the Acquire and Preserve  
812 task, respectively. While the Preserve task required the maintenance of a large, abrupt  
813 behavioural change, the Acquire task required the gradual adjustment of behaviour considering  
814 the outcomes of recent trials. Therefore, RWM may underscore one's capacity to express a  
815 large correction consistently over trials with binary feedback, whereas SWM reflects one's  
816 capacity to maintain a memory of previously rewarded actions and adjust behaviour  
817 accordingly. Accordingly, McDougle and Taylor (2019) demonstrated a mental rotation  
818 process is employed in countering a visuomotor rotation, and Sidarta et al. (2018) reported that  
819 higher SWM is associated with reduced movement variability in a reward-based motor learning  
820 task. Here, the magnitude of  $\Delta R$  was negatively related to SWM but not RWM in both tasks,

821 suggesting high SWM enables the maintenance of rewarding actions. Additionally, explicit  
822 retention, an element of the Acquire task requiring a large, sudden change in reach direction,  
823 was predicted by RWM rather than SWM. Notably, RWM and SWM were often selected as  
824 predictors simultaneously. The overlapping but distinct pattern of relationships between RWM,  
825 SWM, and outcome measures considered here supports the view that they share substrates but  
826 have different patterns of dependency on executive functions (Miyake et al., 2001).

827 A notable feature of the Preserve task is the ‘spiking’ behaviour observed immediately  
828 following ‘refresher’ trials, suggesting a central role of refresher trials in binary feedback-based  
829 performance when included (Codol et al., 2018; Shmuelof et al., 2012). The transient nature of  
830 this decrease in error demonstrates this is insufficient to promote generalisation to binary  
831 feedback trials, at least in unsuccessful participants. It remains an open question whether  
832 superior performance of successful participants was partly due to a capacity to generalise  
833 information from ‘refresher’ trials. McDougle and Taylor (2019) suggest that two separate  
834 strategies are employed in visuomotor adaptation: response-caching and mental rotation. The  
835 balance between the two strategies is a function of task demands. The relationships between  
836 RWM and SWM to success rate in the Preserve and Acquire tasks respectively may reflect a  
837 different balance of the use of these strategies. Visual feedback in ‘refresher’ trials in the  
838 Preserve task may engage mental rotation processes, whereas the slow updating of behaviour  
839 in the Acquire task engages the response-caching memory system. This would imply that  
840 response-caching is associated with SWM.

841 Surprisingly, although  $\Delta P$  was a strong predictor of success in both tasks, it was not  
842 consistently predicted by any variable across both tasks. The lack of a consistent predictor of  
843  $\Delta P$  was unexpected given the importance of errors for the induction of structural learning in  
844 reinforcement learning (Daw et al., 2011; Manley et al., 2014; Sutton and Barto, 1998) and  
845 reward-based motor learning (Maxwell et al., 2001; Sidarta et al., 2018).

846 If RWM is important for explicit control and the main element predicting success in the  
847 Preserve task, it is worth considering whether gradual designs (as in the Acquire task) are more  
848 suitable to engage implicit reinforcement learning, at least initially. However, the Acquire task  
849 still bears a strong explicit component (Holland et al., 2018). How can these two views be  
850 reconciled? In reward-based motor learning tasks, it is observed that participants begin to  
851 reflect upon task structure and develop strategies upon encountering negative outcomes (Leow  
852 et al., 2016; Loonis et al., 2017; Maxwell et al., 2001), which occurs nearly immediately in the  
853 Preserve task after the introduction of binary feedback, due to a lack of generalisation of  
854 cerebellar memory (Codol et al., 2018). In contrast, in the Acquire task, participants experience  
855 an early learning phase with mainly rewarding outcomes, possibly suppressing development of  
856 explicit control and allowing for this early window of implicit reward-based learning. Other  
857 studies have demonstrated that minor adjustments in reach direction under reward-based  
858 feedback can occur, though none has assessed their explicitness directly in the very early stages  
859 (Izawa and Shadmehr, 2011; Pekny et al., 2015; Therrien et al., 2016). Notably, Izawa and  
860 Shadmehr, (2011) observed that after 8° shifts of a similarly-sized reward region, participants  
861 indeed noticed the perturbation, but awareness was not assessed for smaller shifts.

862 In Holland et al., (2018), the addition of a RWM-like dual-task was very effective in preventing  
863 explicit control, leading to participants invariably failing at the reaching task. Therefore, it may  
864 seem surprising that RWM does not predict success rate in the Acquire task. A possible  
865 explanation is that RWM and SWM share the same memory buffer (Anguera et al., 2010;  
866 Beschin et al., 2005; Cohen et al., 1996; Jordan et al., 2001; Suchan et al., 2006). Similarly, in  
867 force-field adaptation the early component of adaptation – considered as bearing a strong  
868 explicit element – is selectively disrupted with a VWM dual-task (Keisler and Shadmehr, 2010).

869 However, we found no consistent relationship with VWM across our reward-based motor tasks.



870 It may be possible that reward-based motor performance relies more on spatial instances of  
871 WM as opposed to tasks such as force-field adaptation.

872 The absence of DA-related genetic relationships with behaviour is a surprising result as a  
873 substantial body of literature points to a relationship between dopamine and performance in  
874 reward-based tasks, including those with motor components (Deserno et al., 2015; Doll et al.,  
875 2016; Frank et al., 2007, 2009; Gershman and Schoenbaum, 2017; Izawa and Shadmehr, 2011;  
876 Nakahara and Hikosaka, 2012; Pekny et al., 2015; Therrien et al., 2016). There is a growing  
877 appreciation of the links between decision-making and motor learning (Chen et al., 2017, 2018;  
878 Haith and Krakauer, 2013). However, the results presented here suggest that genetic predictors  
879 of exploration and exploitation in decision-making tasks are not also predictive of similar  
880 behaviours in reward-based motor learning.

881 Our sample sizes were defined *a priori* for 90% power based on previous work (Doll et al.,  
882 2016; Frank et al., 2009; see pre-registrations), and are unlikely to be underpowered. Another  
883 possibility is that we employed the wrong variables to assess behaviour. However, given the  
884 informative and coherent relationships between WM and motor learning, it could be that the  
885 SNPs we selected do not meaningfully relate to performance in reward-based motor tasks  
886 compared to WM. A similar claim was made in the decision-making literature (Collins and  
887 Frank, 2012). In line with this, a recent study showed that DA pharmacological manipulation  
888 did not alter reward effects in a visuomotor adaptation task (Quattrocchi et al., 2018). However,  
889 previous work has shown that Parkinson's disease patients show impaired reward-based motor  
890 performance (Pekny et al., 2015). It is possible that genetic variations may simply not impact  
891 reward-based motor learning significantly, especially compared to the wide depletion of  
892 dopaminergic neurons in Parkinson's disease. It is also important to note that while we refer to  
893 both of our tasks as reward-based motor learning, they are both in essence visuomotor rotation

894 paradigms. In future it is important to investigate if these findings extend to more complex  
895 reward-based motor learning paradigms.

896 In summary, despite employing two distinct tasks and an independent participant pool on  
897 different devices, we find strikingly similar results in reward-based motor learning. While  
898 SWM strongly predicted a participant's capacity to reproduce successful motor actions, RWM  
899 predicted a participant's ability to express an explicit strategy when required to make large  
900 behavioural adjustments. Surprisingly, no dopamine-related genotypes predicted performance.  
901 Therefore, WMC plays a pivotal role in determining individual ability in reward-based motor  
902 learning. This could have important implications when using reward-based feedback in applied  
903 settings as only a subset of the population may benefit.

904

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