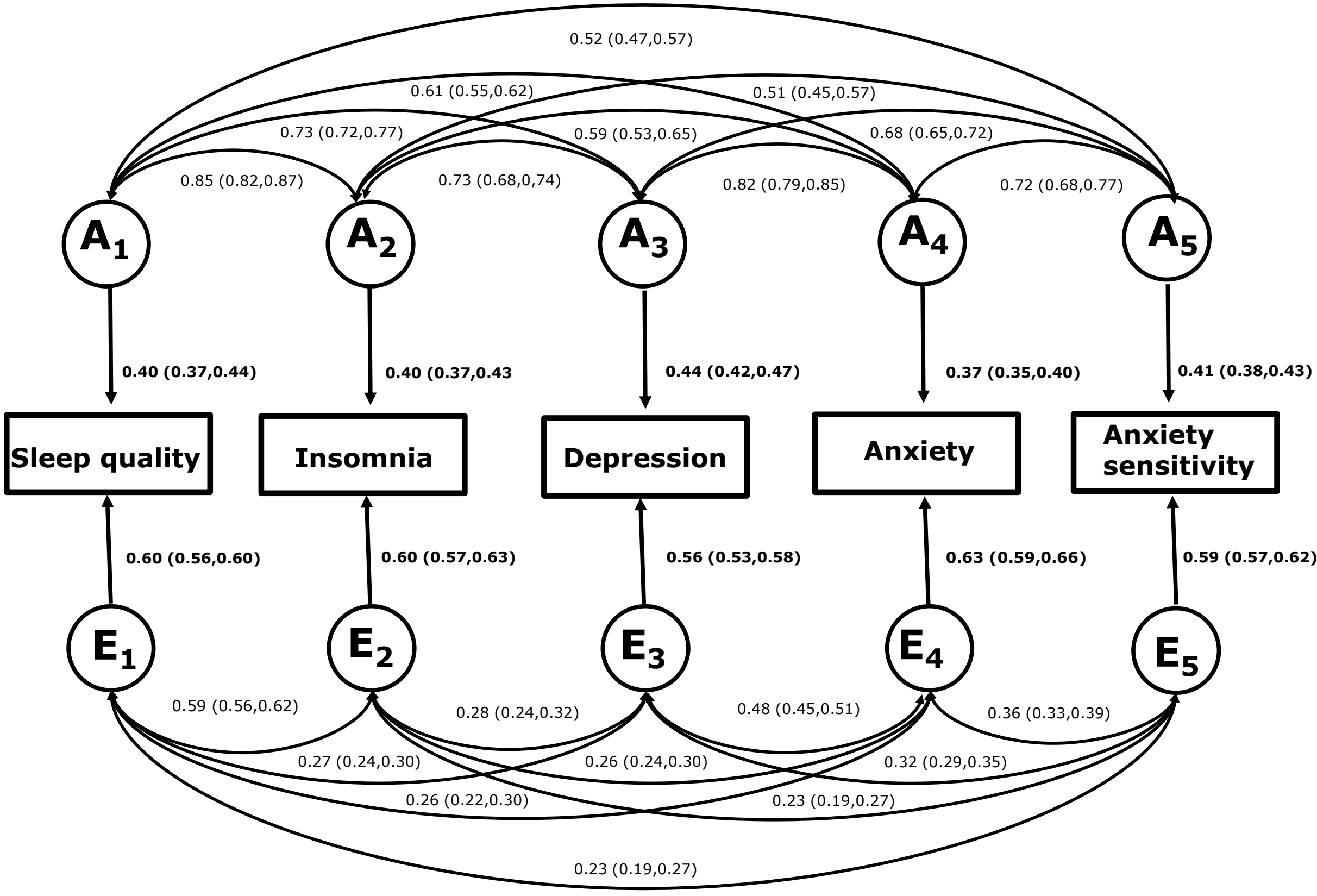
0.52 (0.47,0.57)
0.61 (0.55,0.62)
0.51 (0.45,0.57)
0.73 (0.72,0.77)
0.59 (0.53,0.65)
0.68 (0.65,0.72)
0.85 (0.82,0.87)
0.73 (0.68,0,74)
0.82 (0.79,0.85)
0.72 (0.68,0.77)
A1
A2
A3
A4
A5
0.40 (0.37,0.44)
0.40 (0.37,0.43
0.44 (0.42,0.47)
0.37 (0.35,0.40)
0.41 (0.38,0.43)
Sleep quality
Insomnia
Depression
Anxiety
Anxiety sensitivity
0.60 (0.56,0.60)
0.60 (0.57,0.63)
0.56 (0.53,0.58)
0.63 (0.59,0.66)
0.59 (0.57,0.62)
E1
E2
E3
E4
E5
0.59 (0.56,0.62)
0.28 (0.24,0.32)
0.48 (0.45,0.51)
0.36 (0.33,0.39)
0.27 (0.24,0.30)
0.26 (0.24,0.30)
0.32 (0.29,0.35)
0.26 (0.22,0.30)
0.23 (0.19,0.27)
0.23 (0.19,0.27)