Vicky and Albert

Chamber opera in one Act

Music, words and sound design by Elfyn Jones

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Contents

Preface	3
Cast and instrumentation	4
Synopsis	5
Libretto	6
Electronic requirements and performance instructions	15
Score	17

Preface

Vicky and Albert is the second of three one-act operas composed for my PhD at Goldsmiths, and the first to be performed. The other works in the triptych are *Her face was of flowers* and *The Trilobite, Or The Fall of Mr Williams*.

The story is inspired by our seeming dependence on mobile phones to govern every aspect of our lives. Vicky is lonely; her friends are in relationships and starting to raise families; she feels left behind. Fortunately, she has an app to deal with this eventuality, and so we encounter her on her way back home from work exchanging texts with her new (virtual) boyfriend. Soon, however, she gets more than she bargained for.

In Vicky and Albert, Albert is created entirely from sound. Sound also creates the environments within which Vicky is immersed - the Tube, her little flat, the street and the pub at night - and shares with the music the responsibility for carrying the emotional weight of the piece. These environmental sounds were collected from various locations around London, supplemented by the sounds recorded at home in Devon.

Vicky and Albert

Chamber opera in one Act

Music, words and sound design by Elfyn Jones

Cast:

Vicky, a young woman (mezzo-soprano)

Instrumentation:

Piano

Sound is cued by the pianist

Duration: 20' approx.

Score in C.

The opera is set in London in 2017.

Vicky and Albert was rehearsed at Dartington Studios in Autumn 2017, and first performed on the 26th January 2018 at The Bike Shed Theatre, Exeter as part of the theatre festival From Devon With Love. Subsequently it has been performed at Tête à Tête: The Opera Festival (August 2018) and Chamber Music on Valentia (2018). Grateful thanks to Anna Prowse, mezzo-soprano for performing the rôle of Vicky on each occasion.

Synopsis

Scene 1

Vicky rides the Tube train home. As she arrives at London Bridge she is texted by Albert, her virtual boyfriend created through an app on her phone, and called by a friend who has just found out she is pregnant with twins. We learn of her loneliness and fragility, her sense of being left behind by her peers, and the happiness she has found in her relationship with Albert. As she arrives home, a colleague calls her on her work phone, inviting her out for drinks that evening. She accepts.

Scene 2

In darkness, we hear a montage of Vicky's evening - her walk to the pub, and the descent into drunken chaos at the club. Lights up on Vicky the following morning, hung over. She receives accusatory texts from Albert concerning her behaviour the previous night, and responds angrily, telling Albert that he means nothing to her. His response, asking why she confides in him, telling him her most intimate secrets, pulls her up short and she realises she has fallen in love with him. Her love song is accompanied by his recitation of sonnets by Shakespeare and Elizabeth Barrett Browning.

Scene 3

Albert speaks to the audience. Vicky had become elusive since that morning, but then sent him an email explaining her sadness that they can never truly be together. They read out the email simultaneously, each in their own world. Albert interprets Vicky's message as a spur for him to try harder, and to think of her rather than of himself.

Scene 4

Vicky returns home from work. She is showered by gifts and inundated with text messages from Albert, which arrive by post and courier, including a ready meal of lobster Thermidor. As she sits down to eat it, she breaks down. She cannot carry on the relationship, and ends it.

Scene 5

Vicky rides the Tube train home. We hear a list, spoken by an electronic voice, of all the options available to construct Albert through the app that Vicky has been using, until finally we hear the option to unsubscribe, and the confirmation of that action. As the lights fade, we hear the sound of the train as it disappears into a tunnel.

Libretto

Scene 1

(Lights up on VICKY, a young professional woman who lives in London. She is riding a tube train on the way home from work)

VICKY

I have got an application on my phone that makes my friends believe that I have a boyfriend.

Me? Young, energetic, clever, qualified, ambitious, outgoing, streetwise, positive, smart, independent, inexperienced, insecure, brittle, flippant, serious, needy, paranoid, lonely, naïve, inconsistent, emotional...

(Sounds of the train arriving at a station. During this sequence the pretence of real location dissolves; she is absorbed in dialogue with the phone)

ALBERT

(electronic voice)

Hi Vicky have you had a nice day at work?

VICKY

He is built from several options...

ALBERT

Send me a text so I know you're OK. Thinking of you!

VICKY

Eyes blue or grey, hair dark or blonde, anything I like, anything is possible; he could be tall, he could be short, any shape, any size, then there's the personality type...

(interrupted by mobile ringing - it's her best friend)

Hello? What? Twins?

Congratulations...

And in a world where everyone else is in possession of at least one significant other, I couldn't be more alone...

ALBERT

Vicky?

VICKY

(texting) S - o - r - r - y

IMOK

VX

Send

ALBERT

That spells 'Vixen'

VICKY

(texting) N - a - u - g - h - t - y exclamation mark!

ALBERT

Sorry

VICKY

(happily, texting) No need to be sorry!

ALBERT

Smiley face

VICKY

He always replies, he knows what I like, he always listens. (VICKY has now arrived home to her little flat)
And every evening, as I shut my door on the noises of the city, I think of you...

(Vicky's work phone rings - she answers it)

Hello? Tonight?

(brightens) Yes... why not?

(Blackout)

Scene 2

(Footsteps. Sounds of going out to the pub, becoming more lively, becoming more drunk. Gives way to sounds of the morning after - the fridge and the electric kettle. Lights up on VICKY, hung over)

VICKY

Too much wine, And a Jaegerbomb or three Is a recipe for pain. I will never do that again, I say. But I always do.

Oh, did I really do the things I only half-remember?

ALBERT

(from inside VICKY's bag) Vicky?

VICKY

I thought Will was gay, but I snogged him anyway.

Oh, I'm too old to play these stupid games, And too young to be responsible.

ALBERT

(from inside VICKY's bag) Vicky?

VICKY

Did I really say...?

ALBERT

Who's the man in the picture?

VICKY

What picture?

ALBERT

It got you two likes on Facebook from Tanya and Melissa.

VICKY

Oh God...

ALBERT

If you wanted to date other men maybe you could have asked me if it was OK.

VICKY

I wasn't dating him! He's just a friend. Send.

ALBERT

That was more than just friendly.

VICKY

It was an accident! It didn't mean anything!

ALBERT

It means I can't trust you.

VICKY

You don't understand; you don't live in the real world! How can you know, how can you appreciate how I feel? It's so easy for you, it's so easy for you, Sitting there in judgement in hyperspace! You're just a stupid app! You're nothing! Nothing to me, nothing! Nothing!

ALBERT

Then why do you reveal your soul to me? Why do you tell me what you tell no-one else? I care about you, Vicky. I love you.

VICKY

Love creeps silently and stealthily into the heart.

All my life I've waited, all my days,

And here you are. Here you are.

How can we endure it, this blessed pain,

Condemned to speak forever through a screen?

ALBERT

Shall I compare thee to a summer's day? Thou art more lovely and more temperate. Rough winds do shake the darling buds of May,

And Summer's lease hath all too short a date. Sometime too hot the eye of Heaven shines, And often is his gold complexion dimmed; And every fair from fair sometime declines, By chance, or nature's changing course, untrimmed.

But thy eternal summer shall not fade. Nor lose possession of that fair thou ow'st; Nor shall Death brag thou wand'rest in his shade.

When eternal lines to Time thou growest. So long as men can breathe, and eyes can see,

VICKY

I wish I could kiss the lids of your beautiful eyes,

And feel you close to me, and feel you close to me.

But will I ever know the warmth of your breath against my skin,

Or feel the clutch of your embrace?

(Blackout)

ALBERT

So long lives this, and this gives life to thee *(crossfading with)*

I love thee to the depth and breadth and height My soul can reach, when feeling out of sight For the ends of being and ideal grace.

I love you to the level of every day's Most quiet need, by sun and candle-light.

I love thee freely, as men strive for right.

I love thee purely, as they turn from praise.

I love thee with the passion put to use
In my old griefs, and with my childhood's faith.

I love thee with a love I seem to lose With my lost saints. I love thee with the breath, Smiles, tears of all my life; and if God choose, I shall but love thee better after death.

Scene 3

ALBERT

I didn't hear from Vicky for several days. Her online presence seemed to have disappeared. At first I thought she was just busy but I began to fear the worst. Then she sent me an email.

ALBERT

'Dear Albert, we can never be happy', she began.

'I'm a human being. I have needs.

When we talk, when you send your lovely messages

I feel such joy,

And then I remember what you are.

You're out there somewhere, the man I love, But we can never meet across the divide.'

VICKY

How can we be together When you're not even real? We've never even been on a date.

ALBERT

Then I realised how selfish I'd been. Of course: it had been all about me.

VICKY

You've never sent me flowers, or chocolate...

ALBERT

That was the point when I knew I had to change.

(Blackout)

VICKY

(shadowing Albert's speech)

Dear Albert, we can never be happy. I'm a human being. I have needs.

When we talk, when you send your lovely

messages

I feel such joy, such joy,

And then I remember what you are.

You're out there somewhere, the man I love, But we can never meet across the divide.

Scene 4

(Enter VICKY after a hard day at work. She has just picked up a package from the doormat. It is a box of chocolates from an online delivery company)

VICKY

(reading the message on a card that came with the package)

'Dear Vicky, please forgive me. I was selfish. Give me a second chance.'

(Doorbell. VICKY goes to answer it leaving package and phone on the table)

DELIVERY DRIVER 1

(offstage; recorded sound)

Put a little squiggle here please.

VICKY (returning from the door with a small bunch of flowers. She reads the card)

'Love from Albert. Wish it was Valentine's Day.'

ALBERT

I checked your diary and you're free tonight. I took the liberty of ordering dinner. If the heating's too warm for you I can turn it down. I've recorded your favourite films. Put your feet up and select one until the lobster arrives.

VICKY

Lobster?

ALBERT

The Chablis should be ready chilled.

VICKY

(texting) What's going on, Albert?

(Doorbell. VICKY goes to answer it leaving flowers and phone on the table)

DELIVERY DRIVER 2

(offstage; recorded sound)

Please put finger on screen.

(VICKY returns from the door with a sizeable box)

ALBERT

How's your meal?

VICKY

Albert!

ALBERT

I realised I wasn't being attentive enough to your needs. I hope you like the new me.

VICKY

Well I guess it's very kind of you...

ALBERT

Not at all.

VICKY

(reading the instructions she has found in the box)

'The Thermidoor home cuisine service is the complete gastronomic experience in your own kitchen. It comes with all you need for that perfect intimate dinner.'

(VICKY removes a lobster claw cracker from the box)

ALBERT

Including a lobster claw cracker.

VICKY

(still reading; she sits at the table) 'Fine dining for the connoisseur.'

(VICKY removes more items from the box. They include a lobster, various accompanying foodstuffs in plastic boxes, cutlery, plastic crockery and an electric candle which she lights and sets on the table. She looks at the items, then bursts out crying)

VICKY

I can't eat it, Albert.

ALBERT

I knew I should have gone for the stroganoff.

VICKY

This isn't a relationship, Albert.

I don't need to be spoilt, or pampered.

I just need to feel you close to me.

And that can never be.

That can never be.

I want to touch you,

Breathe the same air as you,

And that can never be.

We will never walk in the rain,

Run in the fields together, stare at the moon,

We will never talk in the dark, sleep in a bed together,

Share the same food.

There's no future for us, Albert, it's over.

It's over.

(Blackout)

Scene 5

(Boyfriend app bossa nova music plays)

VOICE OF THE APP

(recorded sound)

(During this speech VICKY enters USR as if rushing for a tube train. She mimes the action of seeing the train arriving, getting on it, and taking out a book to read)

Options:

Physical options. Height, weight, hair colour, hair length, hair style, skin colour, eye colour, muscularity, fitness.

Personality options. Empathy level, sense of humour, intellectual level, sense of style, formality, politeness.

Social options. Sports, hobbies, other interests, social media, favourite music, favourite cars, favourite films.

Advanced options. Academic qualifications, siblings, friends, relatives, pet hates, quirks, hopes and fears.

Account options. Change profile picture, change name, change nickname, unsubscribe. Click here to unsubscribe. Are you sure you want to unsubscribe? This action cannot be undone. Confirm unsubscribe.

Thank you for using Cyberspace Boyfriend T.M. All Rights Reserved. You have now successfully unsubscribed.

(Music slowly fades, we hear the noise of the underground again, and lights fade to black)

Electronic requirements and performance instructions

This work is designed for a small black-box studio theatre, although it has also been presented in informal settings with no provison for lighting changes. The stage layouts on the following page reflect the performance history of the work, and stand as suggested layouts for future productions, but are not prescriptive.

All sound in the score is intended to be cued by the pianist using sound cueing software on a laptop. Many cues are designed to follow on in sequence from an initial cue, and therefore only the cues that need to be actioned by the pianist are given in order in the stave below the piano staves and bracketed with them. The resultant sound, and all the sound cues, are shown in small staves at the bottom of each system: one stave for the front of house speakers, and one for the small upstage speaker which represents sound emanating from Vicky's phone. Sound files may be requested from the composer as a QLab file or separate sound files.

Unpitched sound elements are represented as a wavy line where their duration is flexible. These should be understood to be continuous across system breaks, clef and time signature changes, and changes from unpitched to pitched sound. Where duration is linked rhythmically to the instrumental or vocal parts, sound cues (both pitched and unpitched) are indicated by cross head notes. Sound cues linked together in a chain of auto-continuing or auto-following cues are indicated with a horizontal bracket. Dynamics, and other changes to the sound elements that occur as part of the sound cue, are indicated in parentheses (). Those that need to be set in the technical rehearsal or adjusted by a sound operator are shown without parentheses.

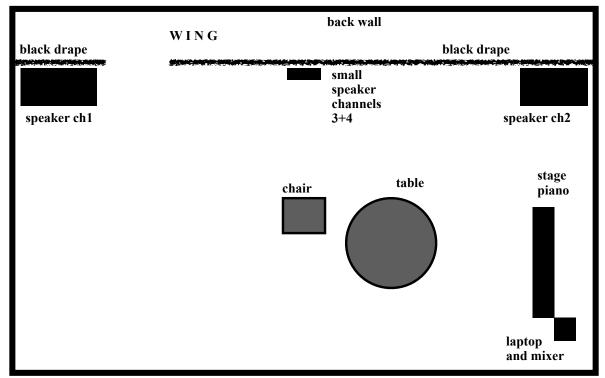
Sound directed through channels 1 and 2 (FOH speakers) are predominantly environmental sounds, while sound directed through channels 3 and 4 (central upstage speaker) are those associated with Vicky's mobile phone (s). Exceptions:

- in scene 2, the 'sent' sound of Vicky's texts is echoed in channels 1 and 2 as her anger intensifies;
- later in scene 2, Albert's voice leaks out into channels 1 and 2 as he impinges more on Vicky's life;
- in Scene 3, Albert's voiceover narrative is heard through channels 1 and 2, as it is outside Vicky's temporal sphere;
- the incidental music, and the voice, of the options menu on Vicky's boyfriend app is also outside Vicky's immediate world in Scene 5, and therefore is also heard through channels 1 and 2.

Stage directions are indicated in boxed text in italics. They are a guide and are not exhaustive. The end of the piece is deliberately ambiguous, and offers the opportunity for Vicky either to be happy to be rid of Albert, or to express a sense of loss at the end of a brief, if intense, relationship.

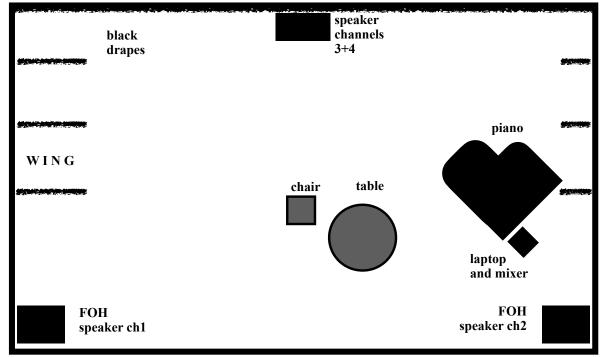
Schematic stage layout (not to scale)

From Devon With Love, The Bike Shed Theatre, Exeter, January 2018



AUDIENCE

Tête à Tête: The Opera Festival, RADA Studios, August 2018



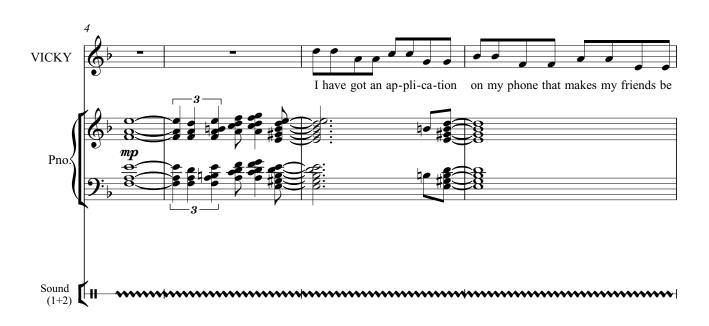
AUDIENCE

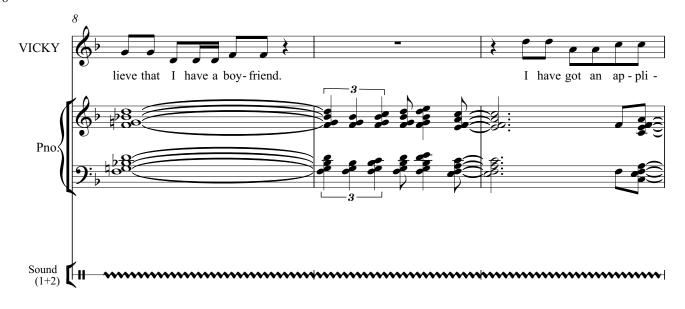
Vicky and Albert

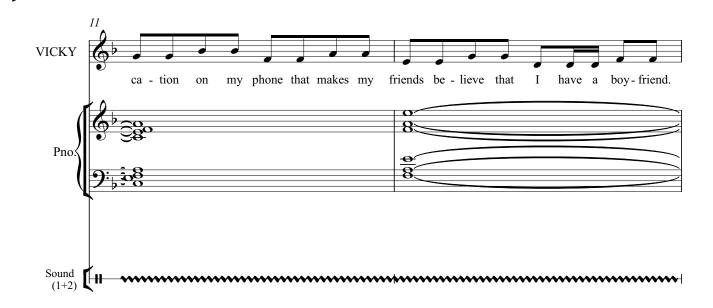
Scene 1





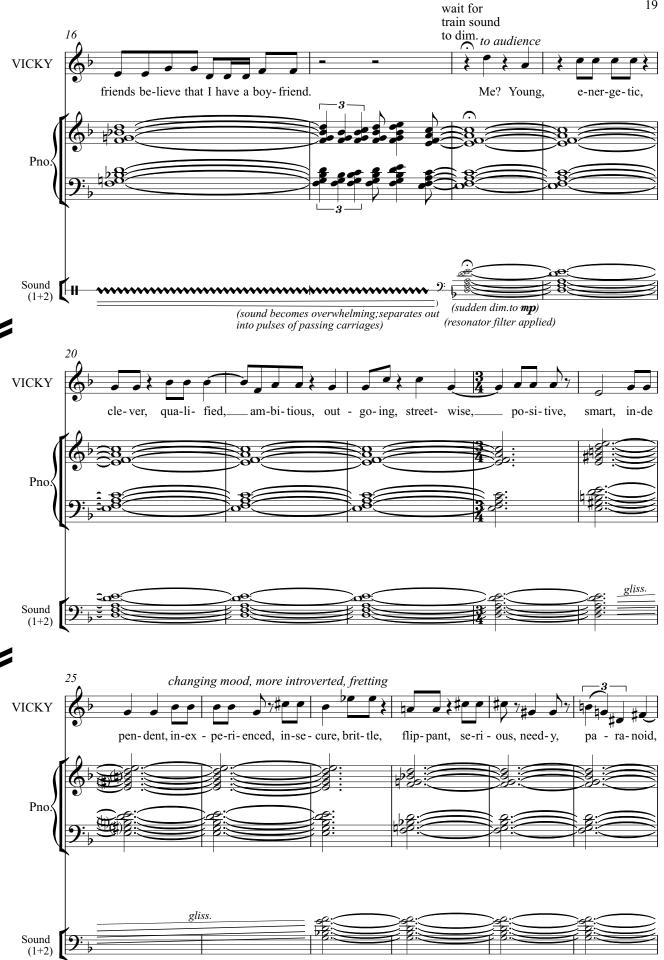


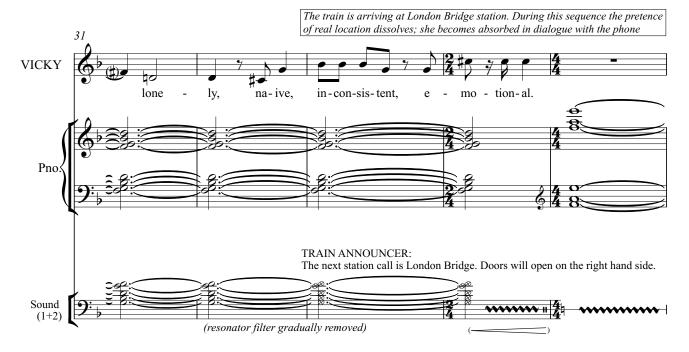




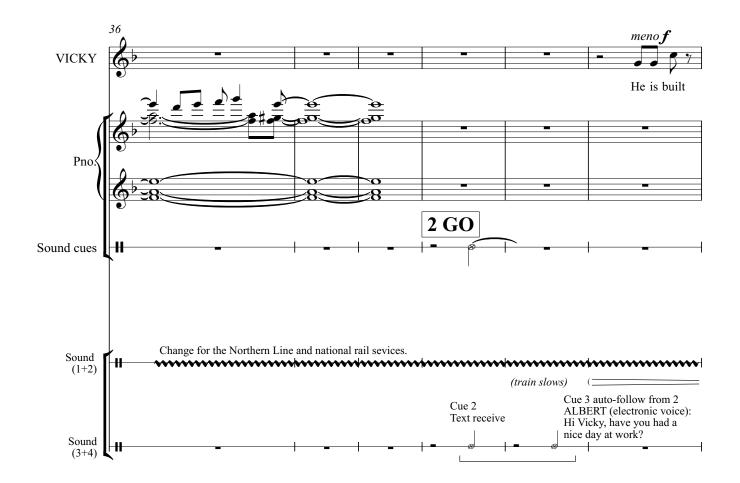


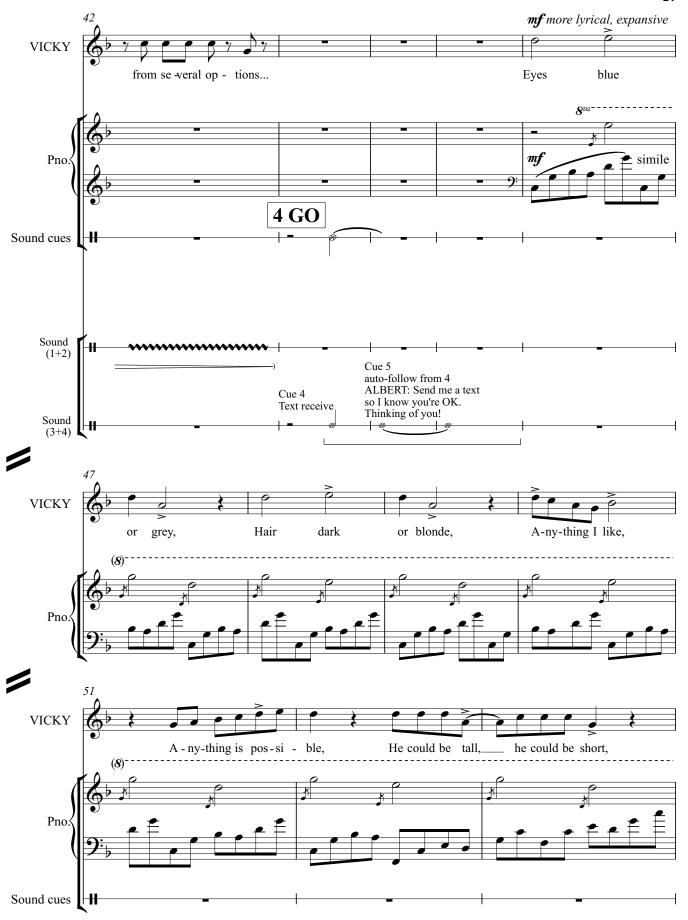




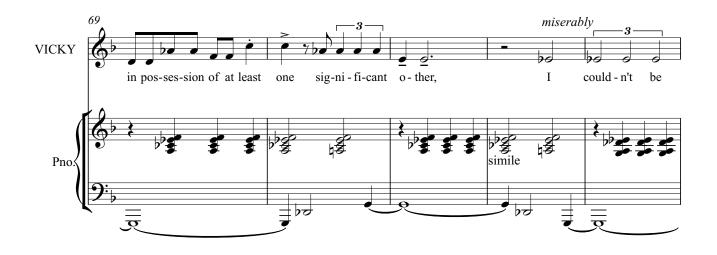




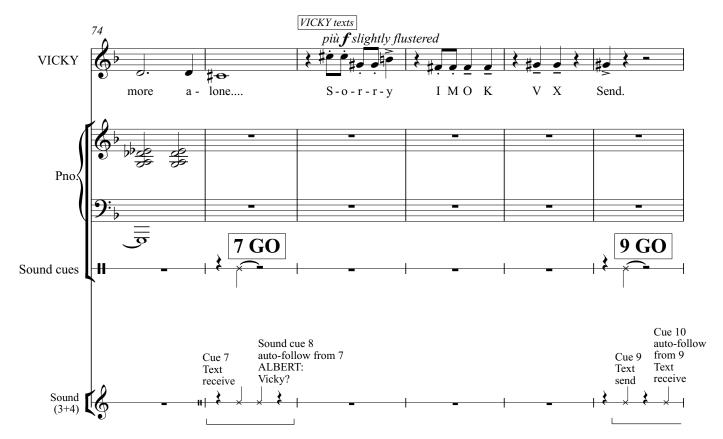






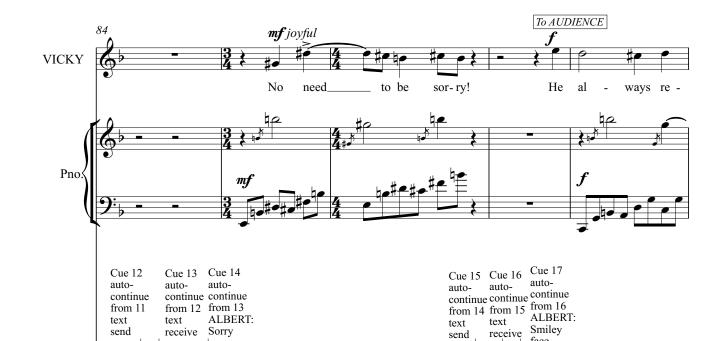






Sound (3+4)



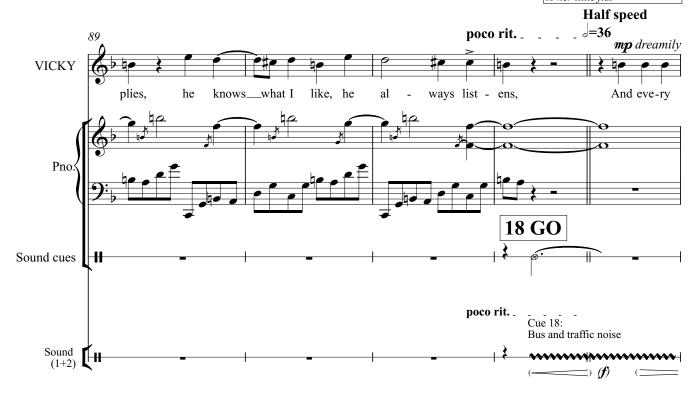


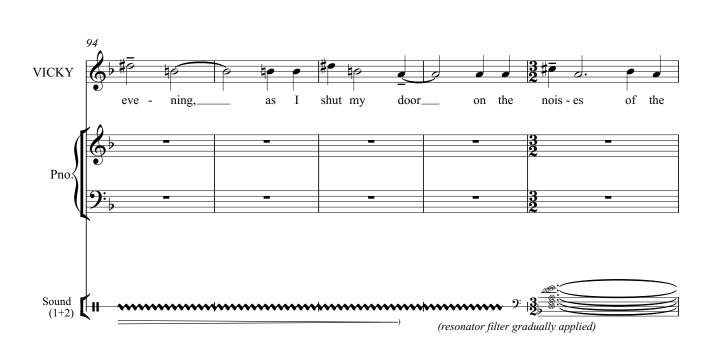
receive Smiley

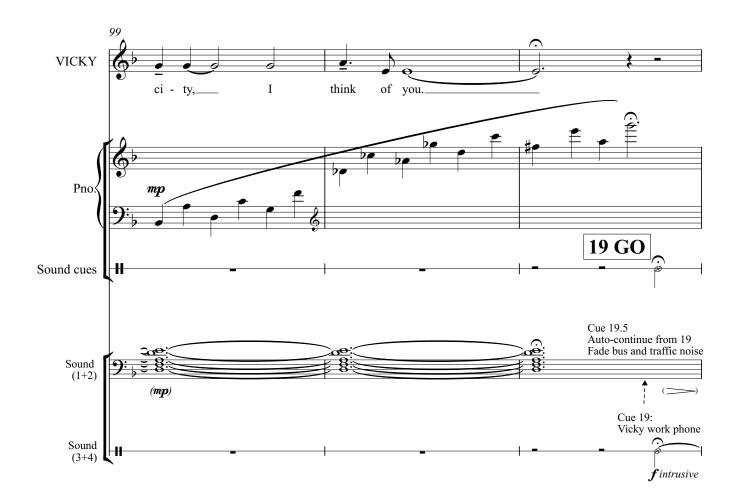
face

send

VICKY has now arrived home to her little flat





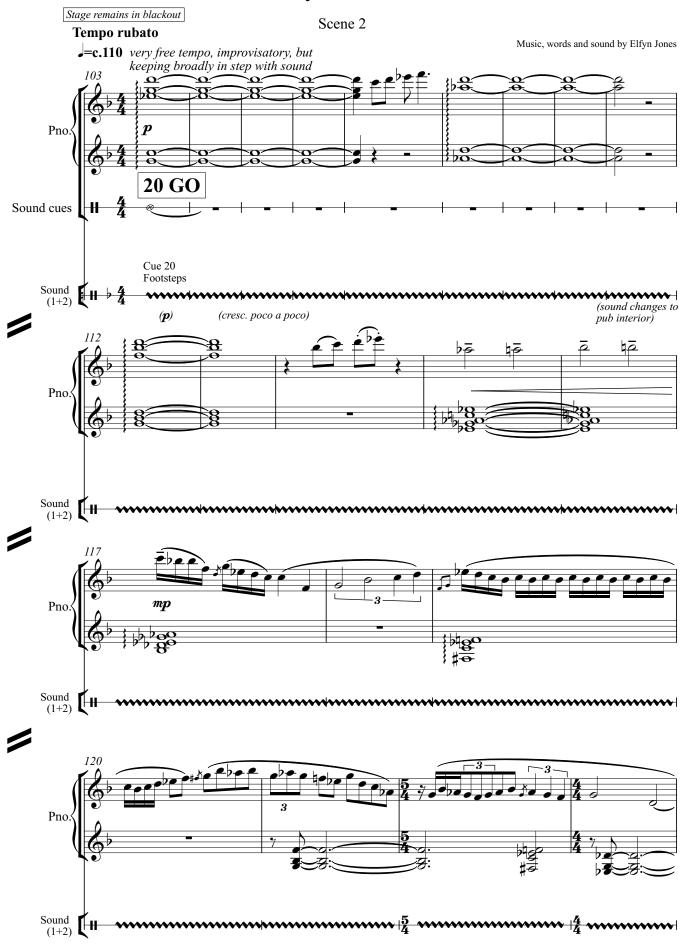


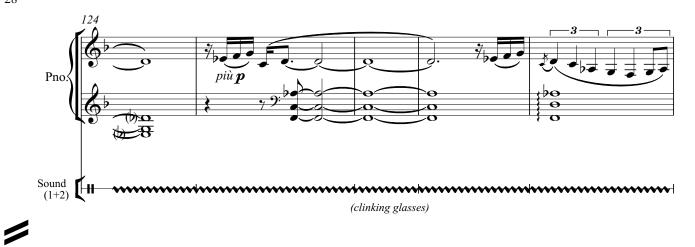


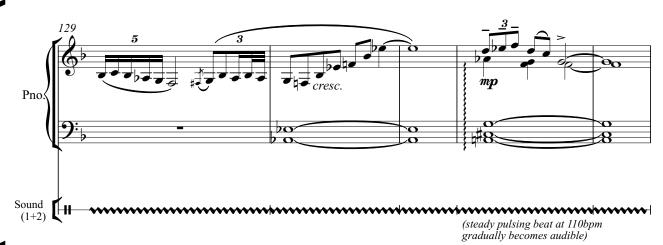
VICKY's work phone rings. She answers it.

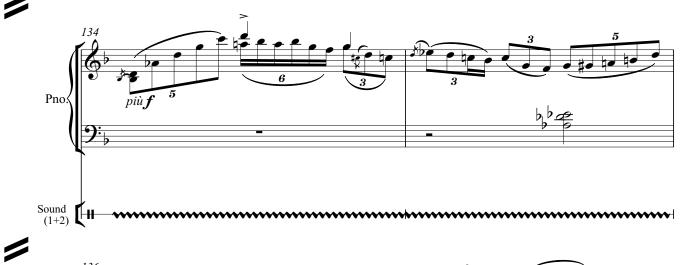


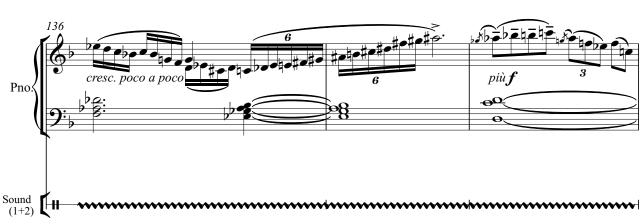
Vicky and Albert

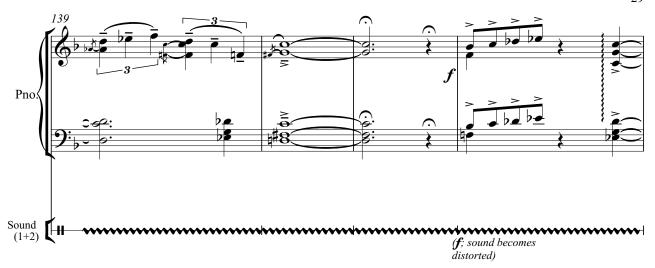


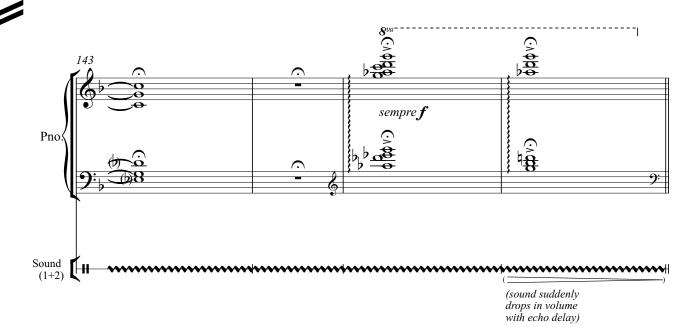


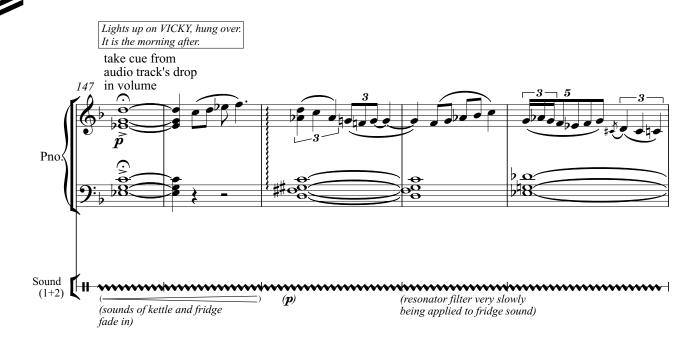


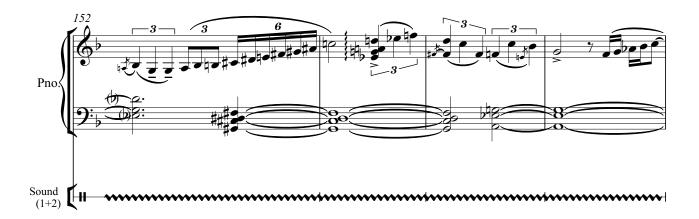




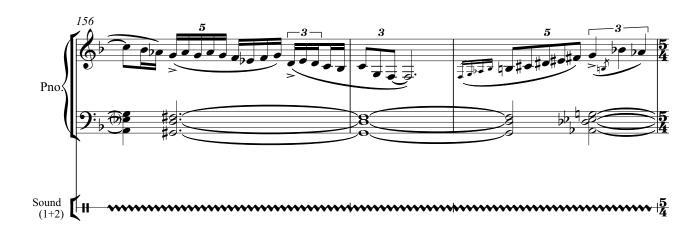


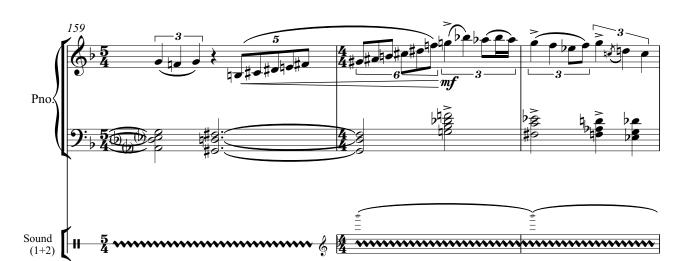




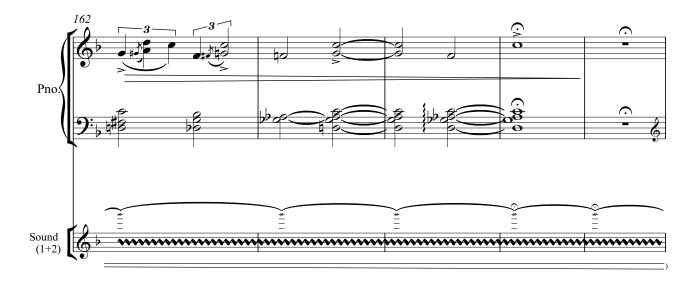


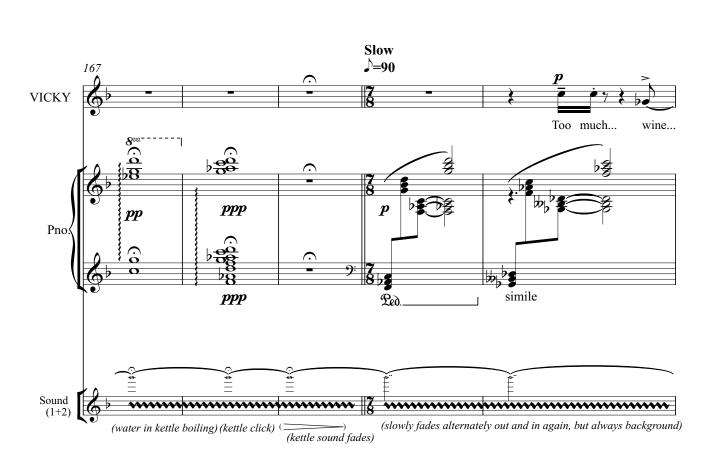


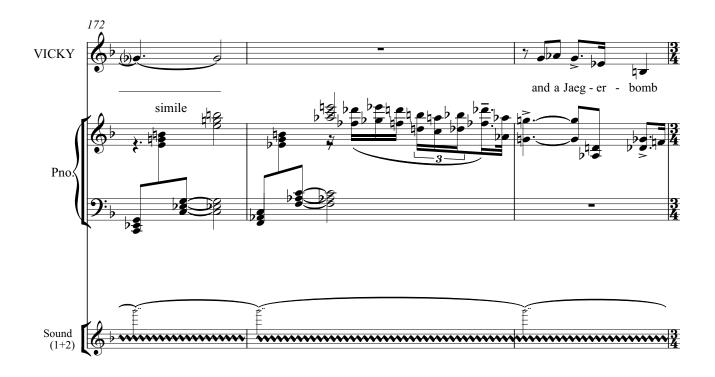


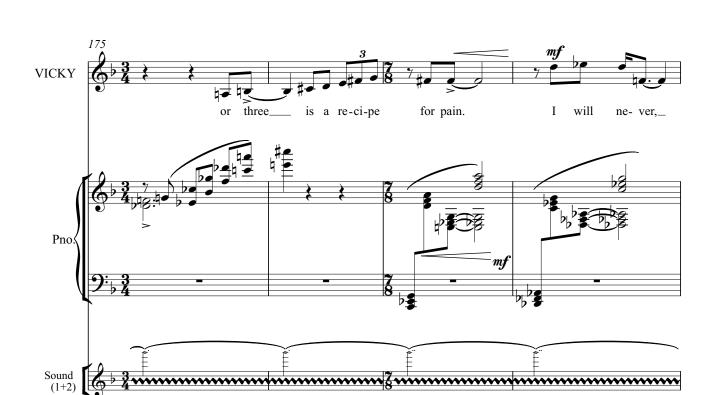


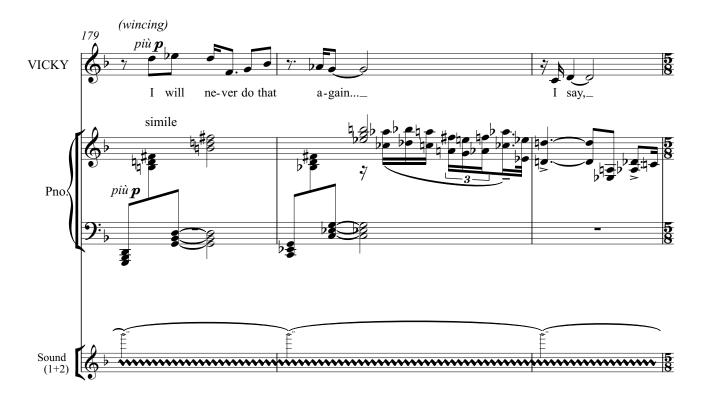
(Sound continues; high pitched note gradually becoming discernible)

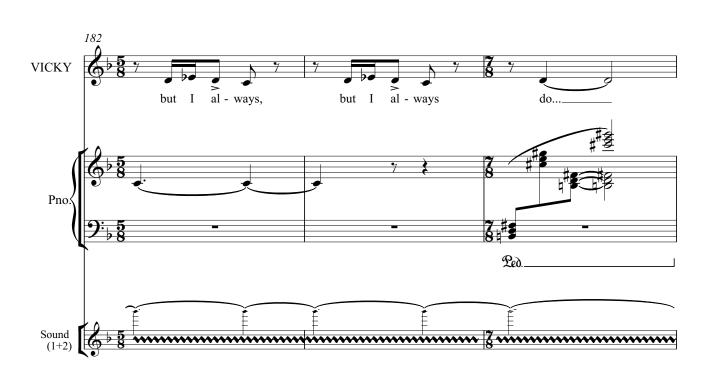


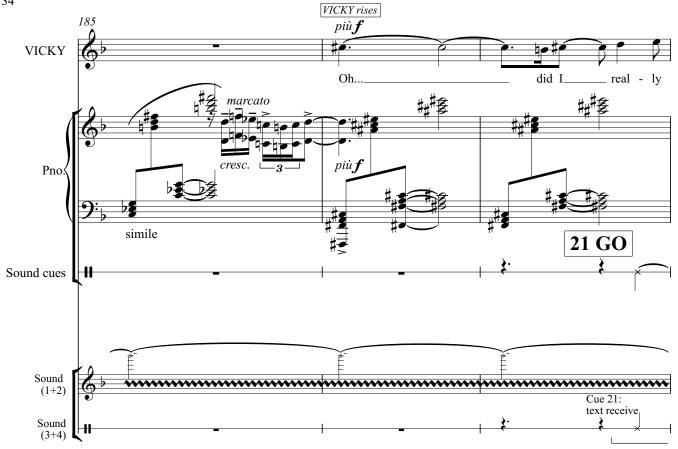




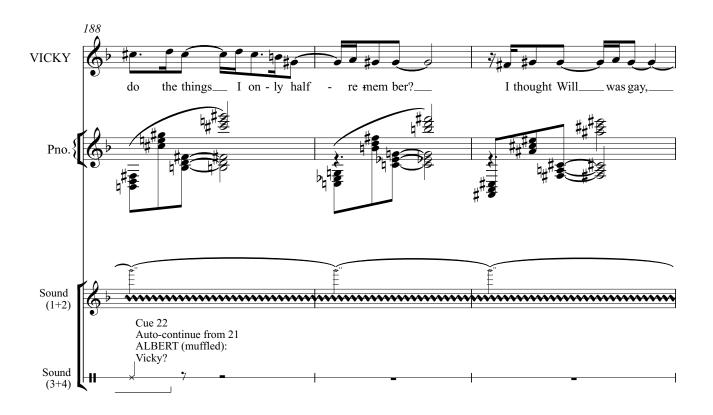


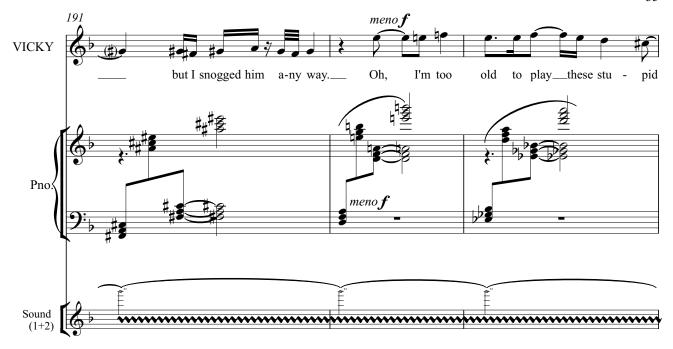




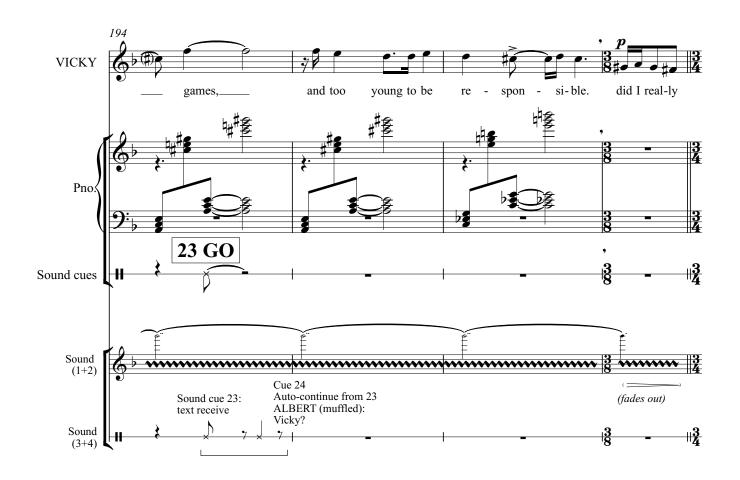




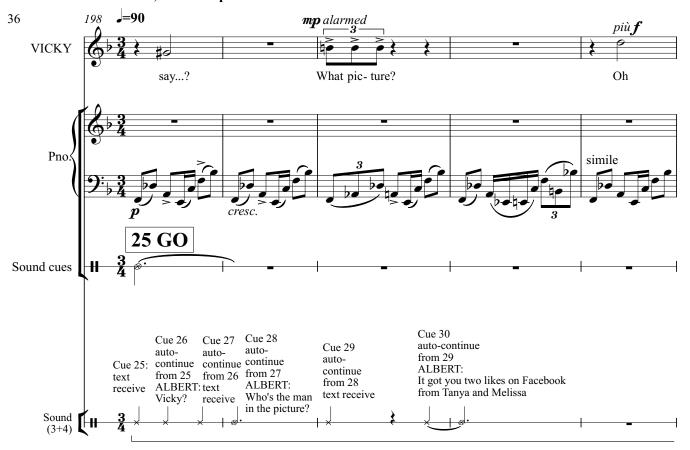




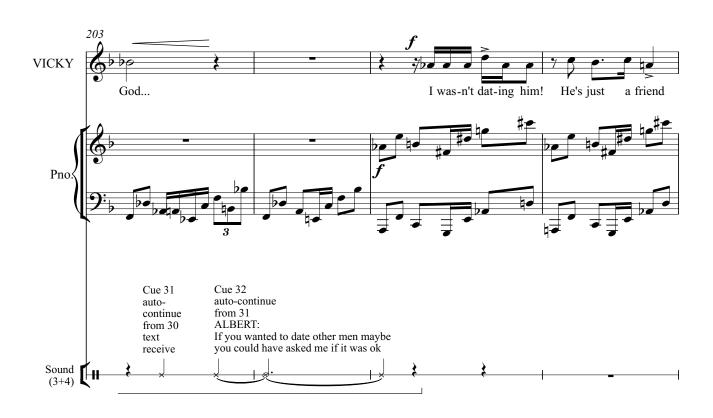


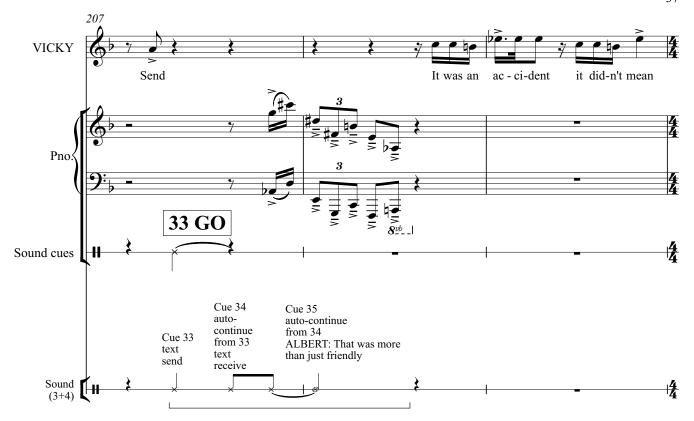












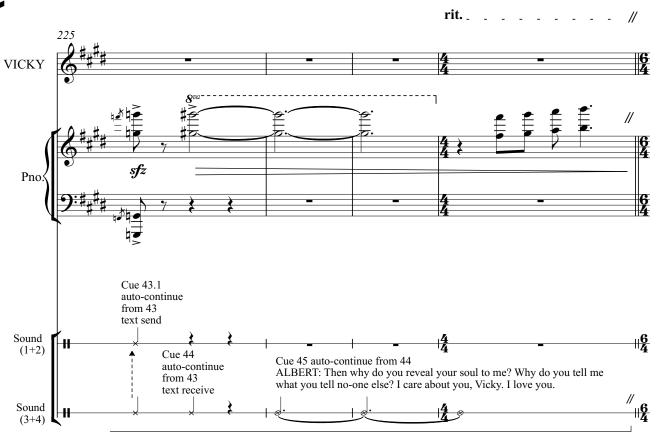


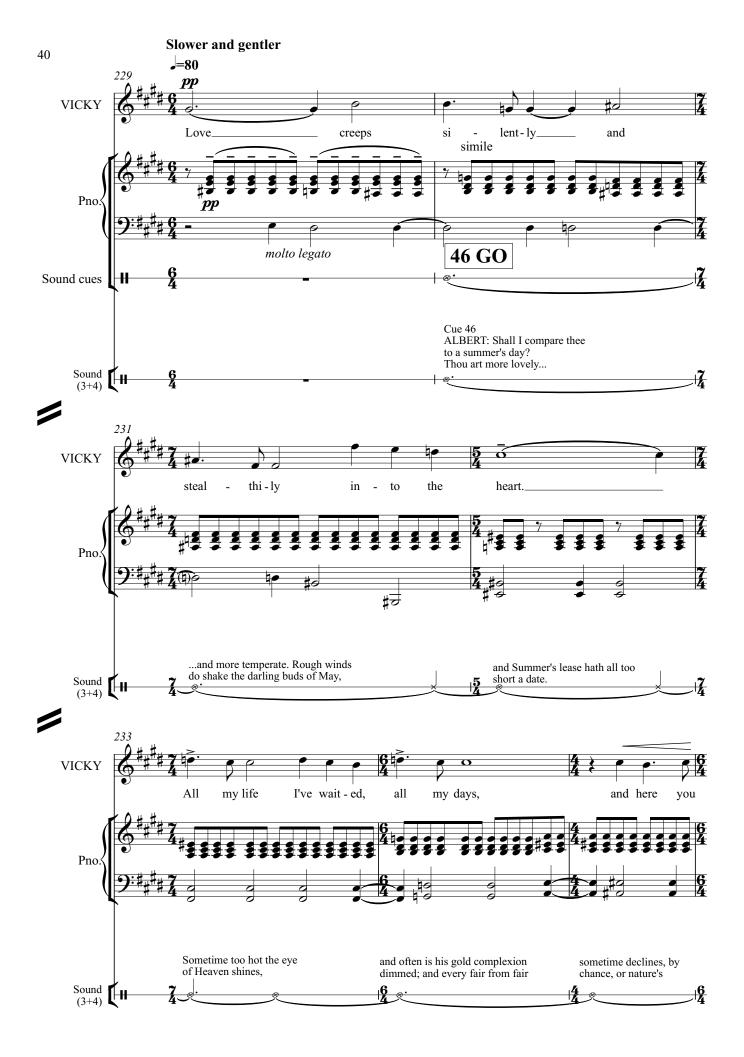


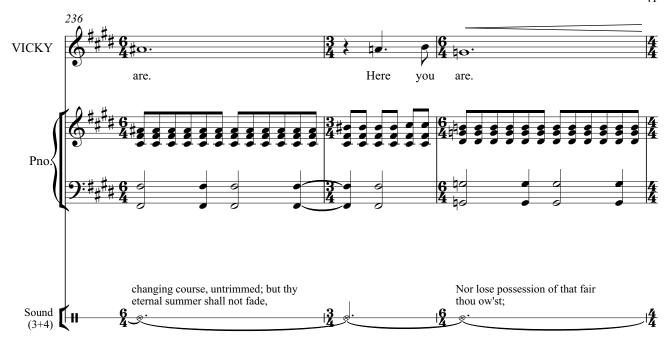


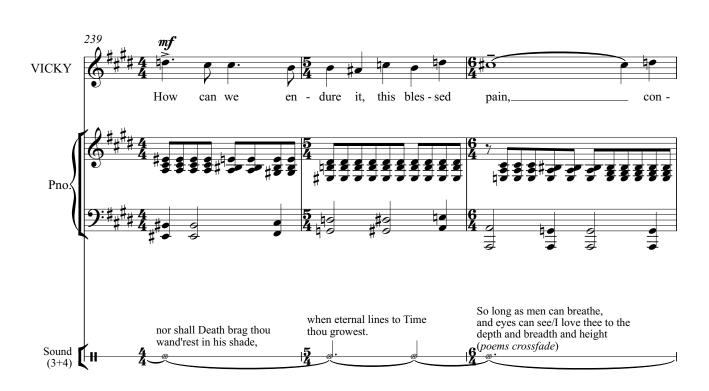


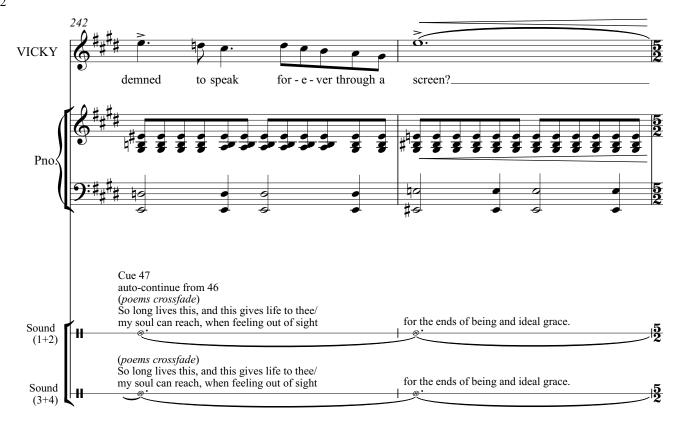


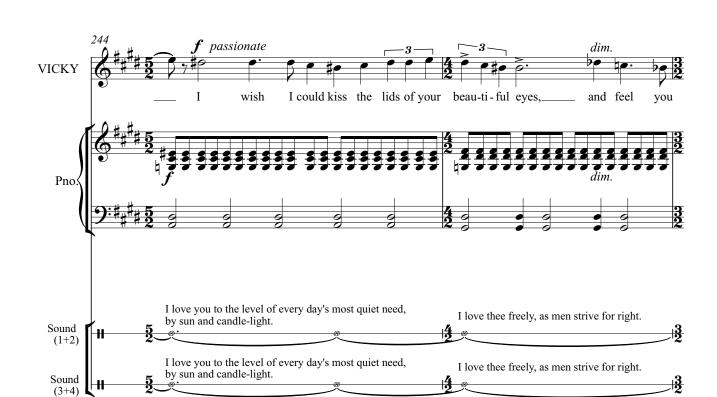


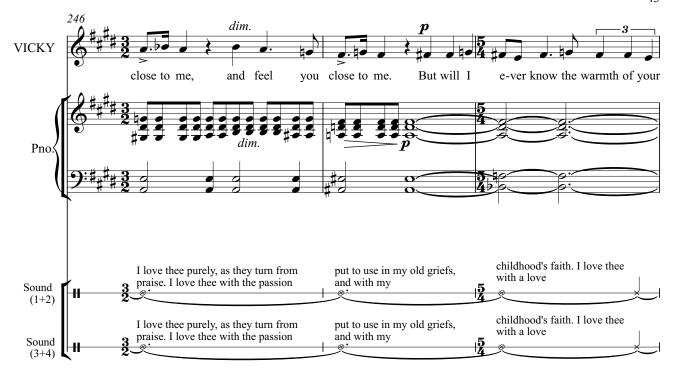




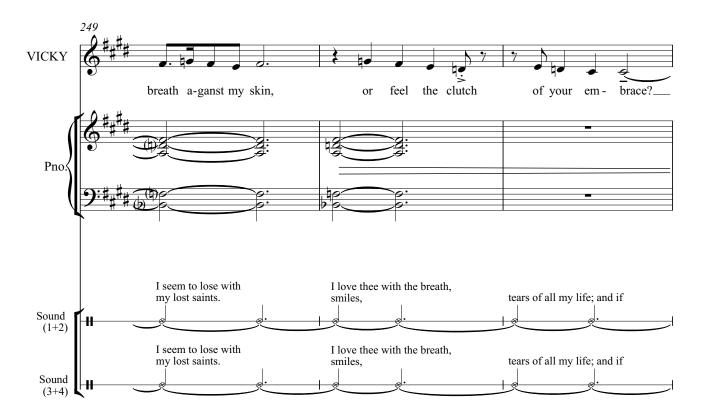


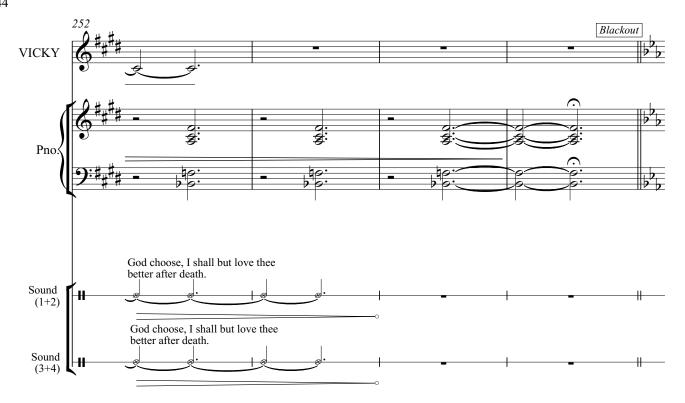


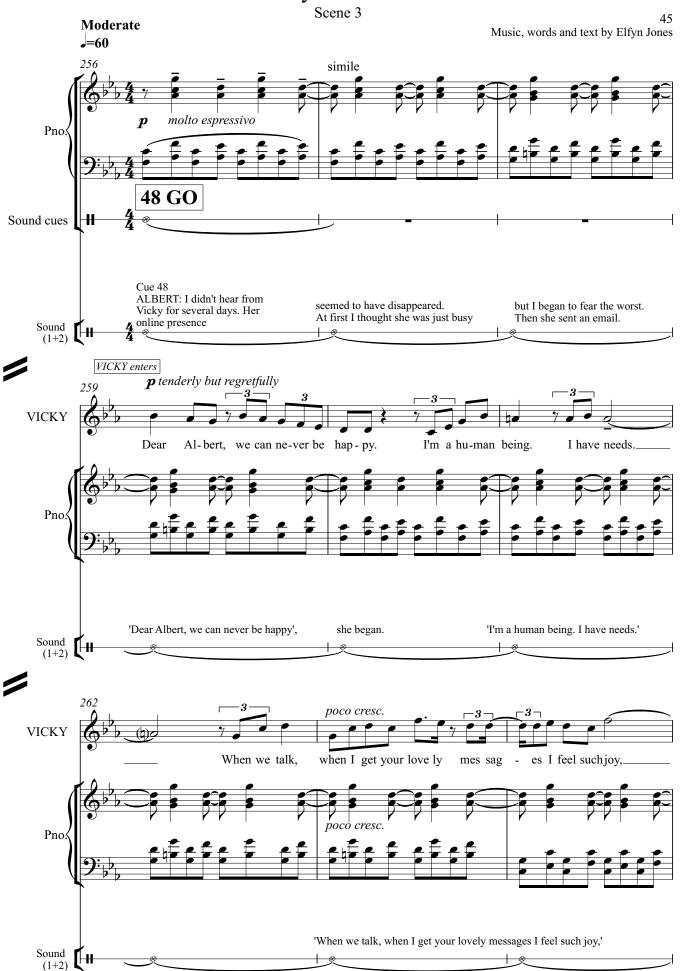


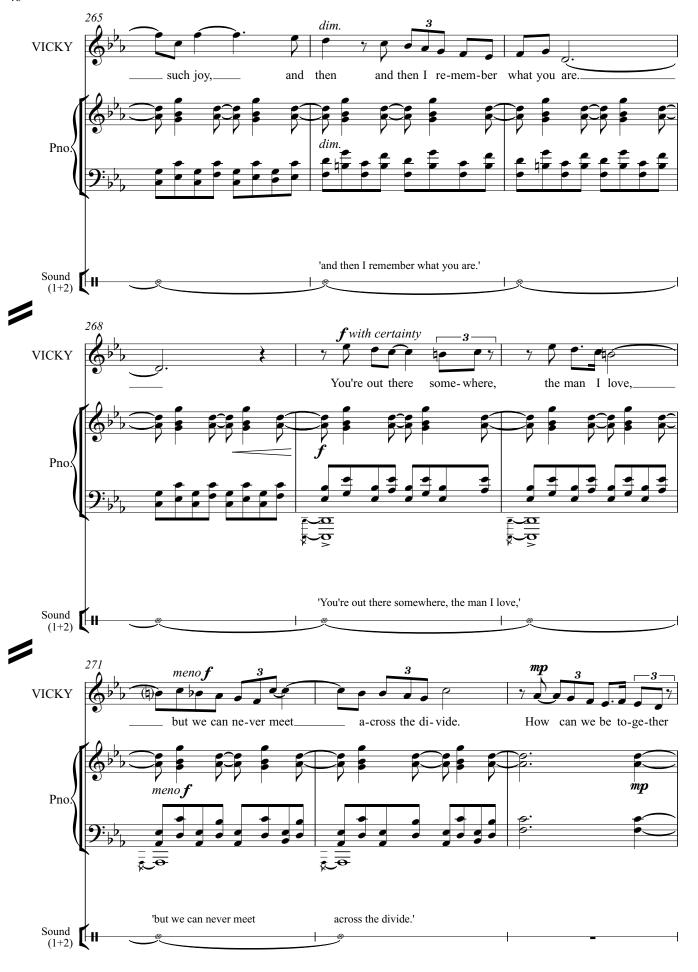


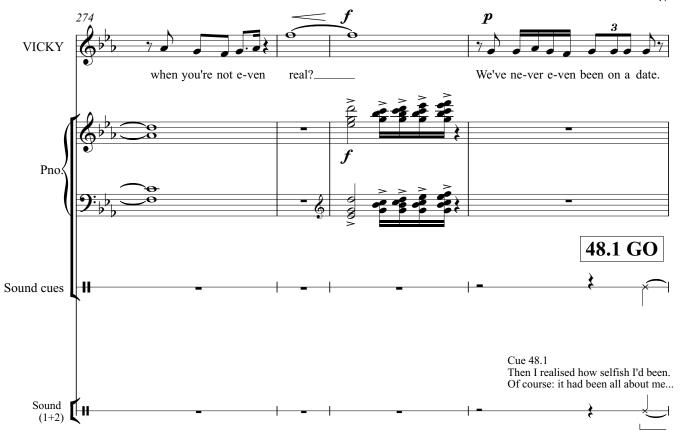


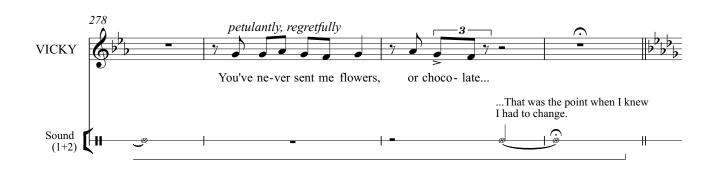










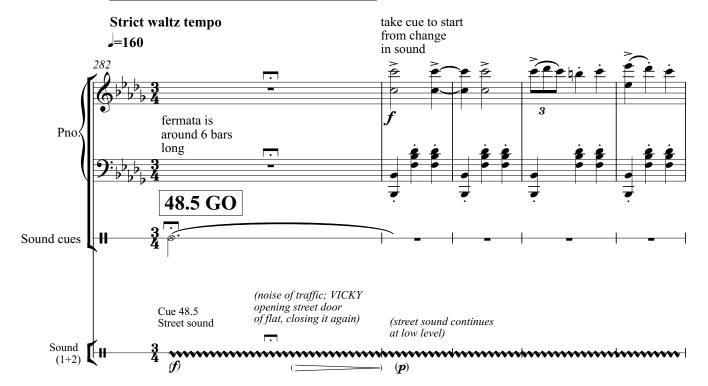


Vicky and Albert

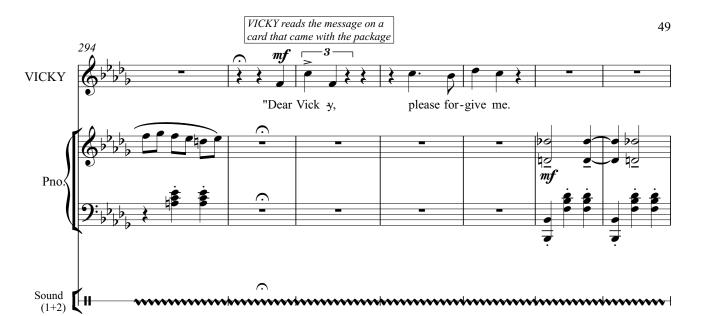
Scene 4

Enter VICKY after a hard day at work. She has just picked up a package from the doormat. It is a box of chocolates from an online delivery company.

Music, words and sound by Elfyn Jones

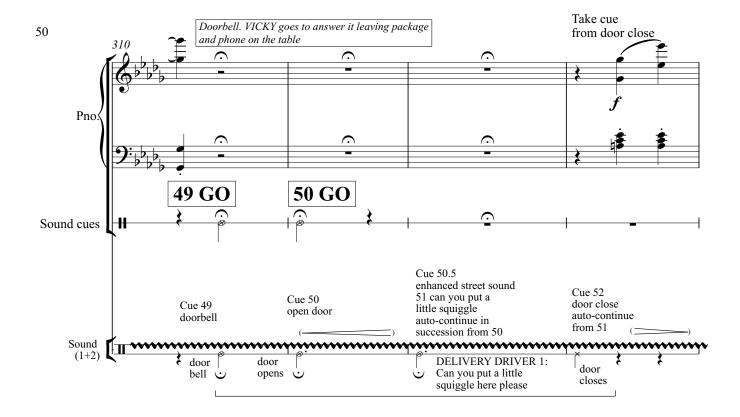


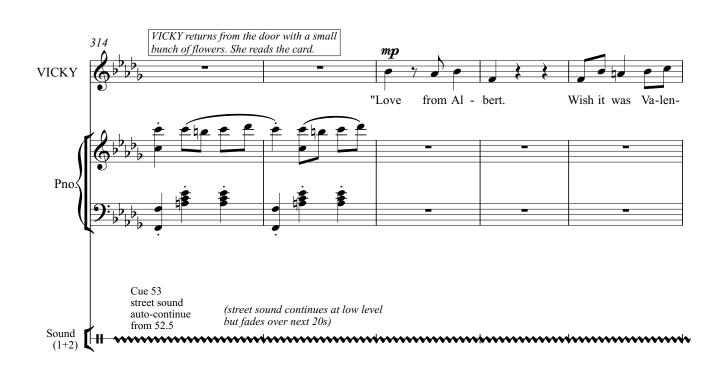


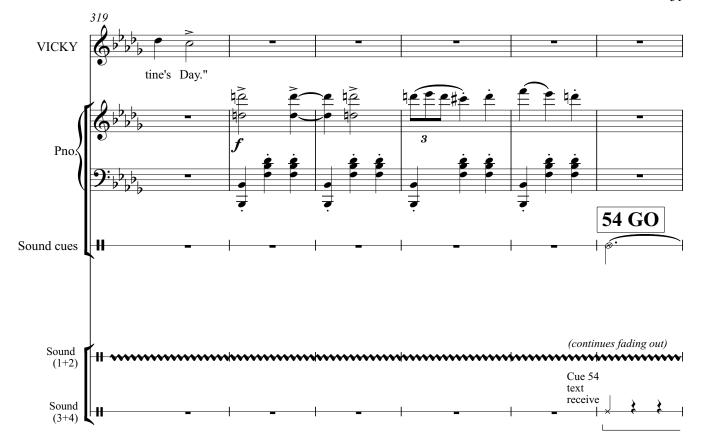




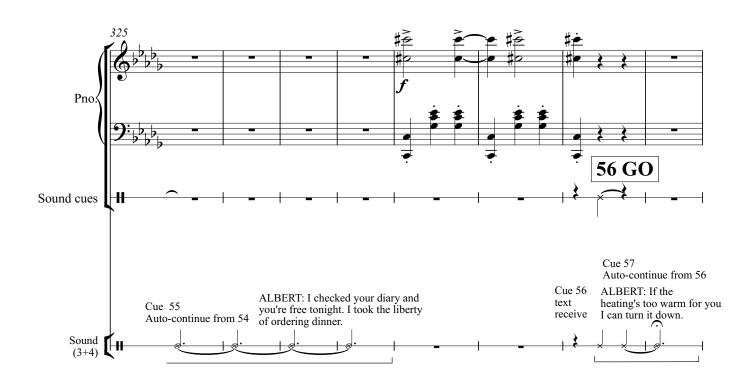


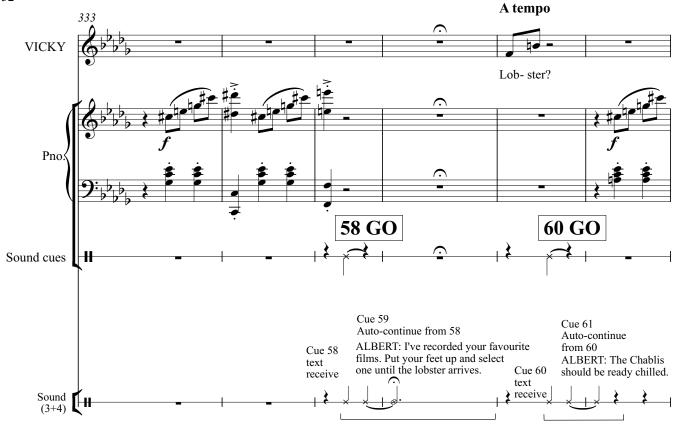








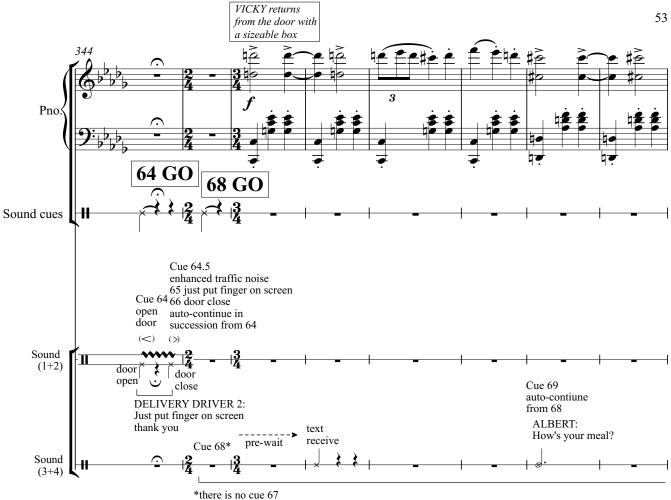




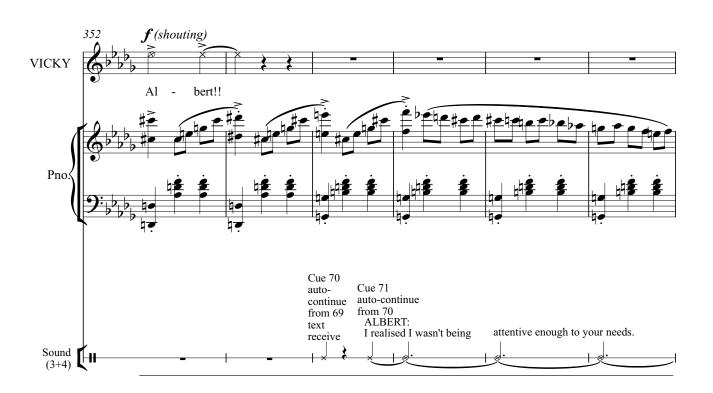


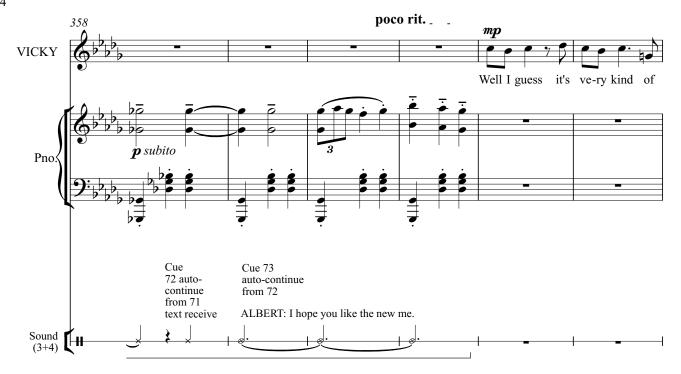






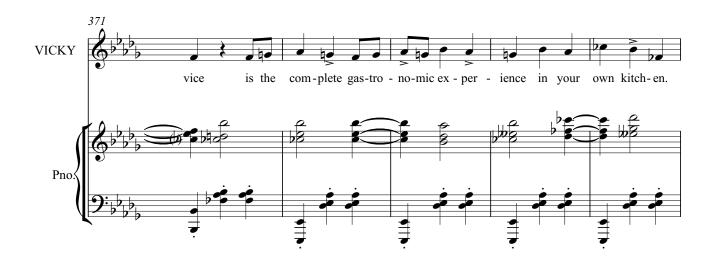




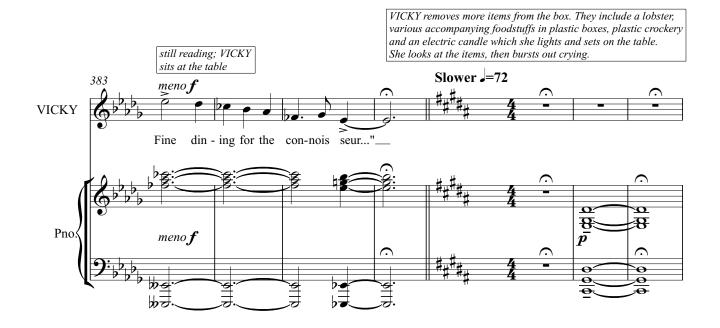




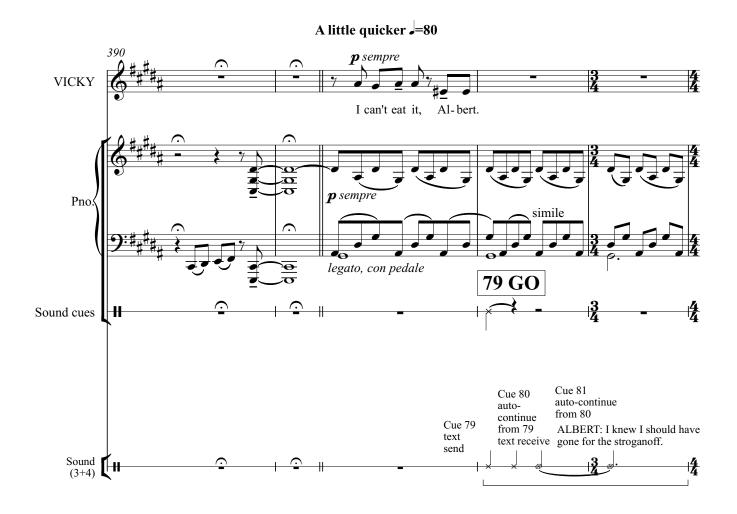




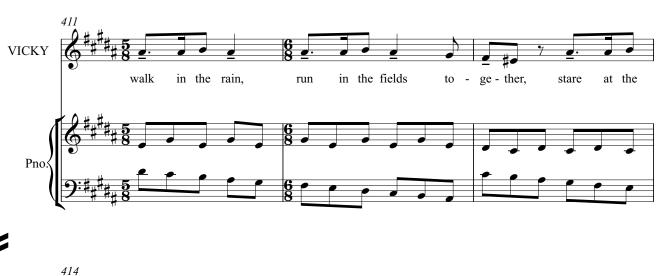




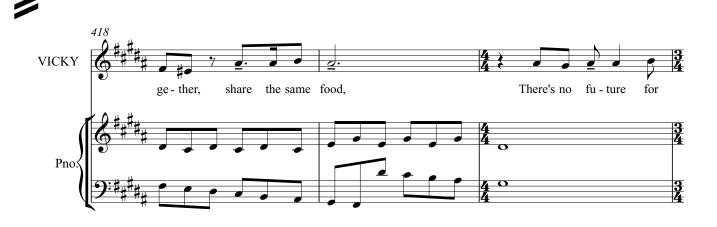


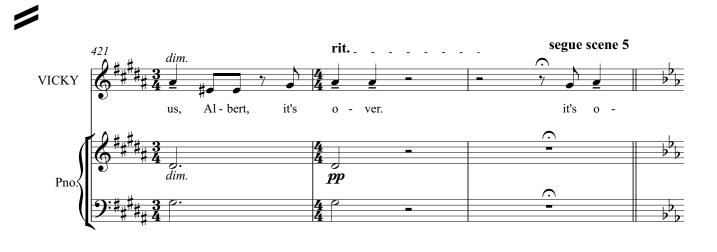










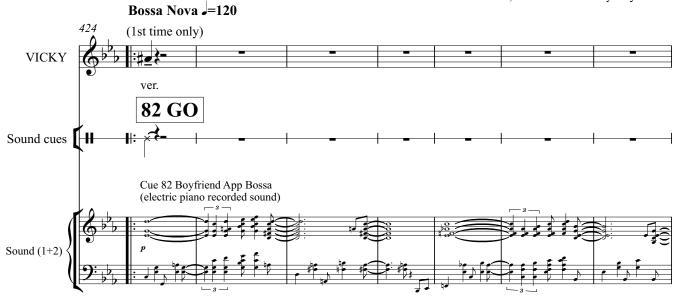


Vicky and Albert

Scene 5

Blackout. Then, as the voice of the app is heard, lights up on VICKY entering onto the station platform to wait for a tube train as if on her way to work.

Music, words and sound by Elfyn Jones



VOICE OF THE APP:

Options: Physical options: height; weight; hair colour;

hair length; hair style; skin colour; eye colour; muscularity; fitness.

Personality options: empathy level; sense of humour; intellectual level; sense of style; formality; politeness. Social options: sports; hobbies; other interests; social media; favorite music; favorite cars; favorite films. Advanced options: academic qualifications; siblings; friends; relatives; pet hates; quirks; hopes and fears.

Account options: change profile picture; change name; change nickname; unsubscribe. Click here to unsubscribe. Are you sure you want to unsubscribe? This action cannot be undone.

Confirm unsubscribe. Thank you for using Cyberspace Boyfriend T.M. All Rights Reserved. You have now successfully unsubscribed.





