

All turntables turning:

One – 33 rpm
Two – 33+2 rpm
Three – 33+4 rpm
Four – 33+6 rpm
One – ½ contact (33rpm)
left hand junk (1)
right hand junk (1)
Two – left hand junk (1)
right hand junk (1)
Three – left hand junk (1)
right hand junk (1)
Four – left hand junk (1)
right hand junk (1)
One – change rpm: slightly faster
left hand junk (2)
right hand junk (2)
Two – stop right hand
½ contact (33+2rpm)
left hand junk (2)
right hand junk (2)
Three – left hand junk (2)
right hand junk (2)
Four – left hand junk (2)
right hand junk (2)
One – change rpm: slightly faster
left hand junk (3)
right hand junk (3)
Two – change rpm: slightly faster
left hand junk (3)
right hand junk (3)
Three – stop right hand
½ contact (33+4rpm)
left hand junk (3)
right hand junk (3)
Four – left hand junk (3)
right hand junk (3)
One – change rpm: slightly faster
left hand junk (4)
right hand junk (4)
Two – change rpm: slightly faster
left hand junk (4)
right hand junk (4)
Three – change rpm:
slightly faster
left hand junk (4)
right hand junk (4)
Four – stop right hand
½ contact (33+6rpm)
left hand junk (4)
right hand junk (4)
One – stop right hand
left hand shaker (5)
Four – stop right hand
left hand shaker (5)
Three – stop right hand
left hand shaker (5)
Two – stop right hand
left hand shaker (5)
[[SE: FADE IN Sample 1]]
All – unison shakers with One
One – stop loop with right hand
All – un synchronise shakers
– unison shakers with Four
Four – stop loop with right hand
All – un synchronise shakers
– unison shakers with Two

Two – change rpm to 33-10
All – slow down in unison with Two
Two
- stay in unison
- un synchronise shakers:
One – 33-4 rpm
Three – 33-8 rpm
Four – 33-6 rpm
[[SE: FADE IN Sample 2]]
Two – left hand junk (2)
right hand junk (2)
Three – left hand junk (2)
right hand junk (2)
Four – left hand junk (2)
right hand junk (2)
One – change rpm to 33-4
left hand junk (2)
right hand junk (2)
Two – change rpm: slightly faster
left hand junk (3)
right hand junk (3)
Three – stop right hand
½ contact (33-8rpm)
left hand junk (3)
right hand junk (3)
Four – rpm change: slightly faster
left hand junk (3)
right hand junk (3)
One – rpm change: slightly faster
left hand junk (3)
right hand junk (3)
Two – change rpm
left hand junk (4)
right hand junk (4)
Three – change rpm
left hand junk (4)
right hand junk (4)
Four – stop right hand
left hand shaker (5)
All – unison shakers with Two
Two – stop loop with right hand
All – un synchronise shakers
– unison shakers with One
– un synchronise shakers
– unison shakers with Four
Four – stop loop with right hand
All – un synchronise shakers
– unison shakers with Three

Three – change rpm to 33
[[SE: FADE OUT Sample 3]]
All – speed up in unison with Three
Three – stay in unison
- un synchronise shakers:
Four – 33+2 rpm
One – 33+4 rpm
Two – 33+6 rpm
Three – left hand junk (3)
right hand junk (3)
Four – left hand junk (3)
right hand junk (3)
One – left hand junk (3)
right hand junk (3)
Two – left hand junk (3)
right hand junk (3)
Three – change rpm: slightly faster
left hand junk (4)
right hand junk (4)
Four – ½ contact (33+2rpm)
left hand junk (4)
right hand junk (4)
One – rpm change: slightly faster
left hand junk (4)
right hand junk (4)
Two – rpm change: slightly faster
left hand junk (4)
right hand junk (4)
[[SE: FADE IN Sample 4]]
Three – stop right hand
left hand shaker (5)
Two – stop right hand
left hand shaker (5)
One – stop right hand
left hand shaker (5)
Four – stop right hand
left hand shaker (5)
All – unison shakers with Three
Three – stop loop with right hand
All – un synchronise shakers
– unison shakers with Two
– un synchronise shakers
– unison shakers with One
– un synchronise shakers
– unison shakers with Four

Four – change rpm to 45
All – speed up in unison with Four
Four
- stay in unison
- un synchronise shakers:
One – 45+2 rpm
Two – 45+4 rpm
Three – 45+6 rpm
Four – left hand junk (4)
right hand junk (4)
[[SE: FADE IN Sample 3]]
One – left hand junk (4)
right hand junk (4)
Two – left hand junk (4)
right hand junk (4)
Three – left hand junk (4)
right hand junk (4)
Four – stop right hand
left hand shaker (5)
Three – stop right hand
left hand shaker (5)
Two – stop right hand
left hand shaker (5)
One – stop right hand
left hand shaker (5)
All – unison shakers with Four

Four – stop loop with right hand
All – un synchronise shakers
[[SE: MUTE Sample 3 - no fade]]
- unison shakers with Three
Three
– un synchronise shakers
[[SE: FADE OUT Sample 4]]
- unison shakers with Two
– un synchronise shakers
[[SE: FADE Sample 2]]
- unison shakers with One

One – change rpm to 33
All – slow down in unison with One
- stay in unison
[[SE: BEGIN SLOW FADE OUT OF Sample 1]]
- un synchronise shakers:
Two – 33+2 rpm
Three – 33+4 rpm
Four – 33+6 rpm
- unison shakers with Two
- un synchronise shakers
- unison shakers with Three
- un synchronise shakers with Four
One – change rpm to 33-10
All – slow down in unison with One
- stay in unison
- un synchronise shakers:
Two – 33-8 rpm
Three – 33-4 rpm
Four – 33-4 rpm
All - unison shakers with Two
- un synchronise shakers
- unison shakers with Three
- un synchronise shakers
- unison shakers with Four

One – place prayer bowl at centre of record
left hand triangle (4)
right hand prayer bowl (4)
[[SE: Sample 1 OUT]]
Two – place prayer bowl at centre of record
left hand triangle (4)
right hand prayer bowl (4)
Three – place prayer bowl at centre of record
left hand triangle (4)
right hand prayer bowl (4)
Four – place prayer bowl at centre of record
left hand triangle (4)
right hand prayer bowl (4)
One – left hand triangle (3)
right hand prayer bowl (3)
Two – left hand triangle (3)
right hand prayer bowl (3)
Three – left hand triangle (3)
right hand prayer bowl (3)
Four – left hand triangle (3)
right hand prayer bowl (3)

One – left hand triangle (2)
right hand prayer bowl (2)
Two – left hand triangle (2)
right hand prayer bowl (2)
Three – left hand triangle (2)
right hand prayer bowl (2)
Four – left hand triangle (2)
right hand prayer bowl (2)
One – left hand triangle (1)
right hand prayer bowl (1)
Two – left hand triangle (1)
right hand prayer bowl (1)
Three – left hand triangle (1)
right hand prayer bowl (1)
Four – left hand triangle (1)
right hand prayer bowl (1)

One – stop triangle, move rpm to optimum speed and sustain prayer bowl, stopping occasionally if needed
Two – as One
Three – as Two
Four – as Three
- switch off turntable and stop
Three - switch off turntable and stop
Two - switch off turntable and stop
One - switch off turntable and stop

pause

Three – left hand triangle (1)
right hand prayer bowl (1)
Four – left hand triangle (1)
right hand prayer bowl (1)

**Mixtape
Zen
Matt Wright**

