

Table 1. One-year prevalence and concurrent comorbidity of adult anxiety disorders assessed at age 32 years

Diagnosis	Number (%) of cohort with disorder at 32 years	F/M ratio	GAD %	Social phobia %	Agoraphobia %	PTSD %	OCD %	Specific phobia %	Panic %
GAD	74 (8)	1.74	51	30	22	10	7	15	8
Social phobia	85 (9)	1.13	26	53	20	7	8	14	7
Agoraphobia	49 (5)	2.50	33	35	31	18	18	27	12
PTSD	23 (2)	.92	30	26	39	35	13	17	4
OCD	17 (2)	1.43	29	41	53	18	24	18	12
Specific phobia	59 (6)	2.47	19	20	22	7	5	54	12
Panic	16 (2)	4.33	38	38	38	6	13	44	13

Note. Table is read across rows to identify percent of cases with a disorder that have also been identified with the other disorders appearing in columns. Diagonal represents the percentage of cases having “pure” anxiety with a single anxiety diagnosis for that row. GAD = Generalized Anxiety Disorder; PTSD = Post Traumatic Stress Disorder; OCD = Obsessive Compulsive Disorder. Rows do not add up to 100 percent because of comorbidity.

Table 2. Prevalence and developmental history of anxiety disorders diagnosed via structured interview at age 32 years

Disorder at 32 years	Number of cohort with disorder at 32 years	Number (%) with any prior disorder	Mental health history: number (%) with first mental disorder of any type at age..				Number (%) with prior anxiety disorder	History of any anxiety disorder: Number (%) with first anxiety disorder at age..			
			26	21	18	11-15		26	21	18	11-15
GAD	74	67 (91)	4 (5)	9 (12)	10 (14)	44 (59)	58 (78)	9 (12)	6 (8)	15 (20)	28 (38)
Social phobia	85	79 (93)	5 (6)	6 (7)	20 (24)	48 (56)	72 (85)	9 (11)	8 (9)	21 (25)	34 (40)
Agoraphobia	49	47 (96)	3 (6)	6 (12)	6 (12)	32 (65)	43 (88)	10 (20)	2 (4)	7 (14)	24 (49)
PTSD	23	23 (100)	0	0	4 (17)	19 (83)	22 (96)	2 (9)	2 (9)	5 (22)	13 (57)
OCD	17	16 (94)	0	1 (6)	2 (12)	13 (76)	15 (88)	2 (12)	1 (6)	3 (18)	9 (53)
Specific Phobia	59	52 (88)	7 (12)	2 (3)	13 (22)	30 (51)	46 (78)	7 (12)	3 (5)	15 (25)	21 (36)
Panic disorder	16	16 (100)	1 (6)	1 (6)	6 (38)	8 (50)	14 (88)	1 (6)	1 (6)	7 (44)	5 (31)

GAD = Generalized Anxiety Disorder; PTSD = Post Traumatic Stress Disorder; OCD = Obsessive Compulsive Disorder.